

**CURLY'S
ATHLETES**

Run For

Wildlife 10k 2023

VIRTUAL





Let's all be 'roarsome'!

Thank you all for joining us for the Run For Wildlife 10k virtual.

At Curly's, our goal is to promote active lifestyles by providing people with inspirational, professional and fun challenges. We know the benefits of this to individuals and to the community are huge, both in terms of physical and mental well-being.

We place great emphasis on supporting charities too, and the Yorkshire Wildlife Park Foundation benefits from every entry to this great race. The Foundation was created in 2013, and aims to support conservation projects, as well as promoting the highest standards of welfare for endangered animals, both in the wild and in captive environments

If you would like to look for your next challenge, or find out more about Curly's Athletes, then pop along to our website: <http://www.curlysathletes.co.uk> or Facebook page: <https://www.facebook.com/curlysathletes/>

What's the challenge ?

- 1) Join us (virtually of course:-) and walk, jog run your way round your 10k safari!
- 2) Choose to to have a medal or include a t-shirt as well.
- 3) Complete your 10K anytime from the 23rd April, until midnight on the 2nd May 2023, wherever you wish.
- 4) You can also submit your results through and join the leaderboard. Don't worry if you don't wish to share, your medal etc will still be sent out in the post.
- 5) We post out your items in the week after the event :)

MORE INFO

RESULTS

Submit your results here: www.etchrock.com - simply select the event ticket and you'll see the option 'submit evidence under options.

When you visit this link you can either;

- a) Choose 'honesty result'-perfect if you don't track your run.
- b) Choose 'evidence based result'. This requires you to provide a link of activity from the fitness device that you used (Strava, Garmin, Fitbit, Endomondo etc.) You can also upload a picture of your run if your technology is not having a good day!

Details on the process is here: <https://etchrock.zendesk.com/hc/en-us/articles/360011213578-Participant-Submitting-evidence-for-a-virtual-event->

RESULT TIPS

- If something has gone wrong, don't re-submit or try to correct, just use this form to get in touch so we can help; <https://curlysathletes.co.uk/results#49538bed-4d75-4f72-a1b0-13aec5668ccd>
- RUN THE DISTANCE- we don't mind you doing it in stages or run further. If you do this then please submit as a honesty result. If you run further, be sure to send us the time for the 10k of your run vs a marathon :)
- DON'T BE LATE-last day for results to be submitted is midnight on the 2nd May 2023.
- When entering your time, it is hour first, then minute, then seconds so 45 minutes and 10 seconds would be 00:45:00. 1 hour and 10 minutes 15 seconds would be 01:10:15 :)

Please tag us in your social media, share your pictures, post on our Facebook page, or in the event page on Facebook.

Our Charity Friends and our approach :)

Money from every entry goes to The Yorkshire Wildlife Park Foundation. The Foundation was created in 2013 to be a dynamic catalyst for inspiring people to support conservation and animal welfare, both in their natural habitats, as well as in captivity.

Curly's operate with a not for profit ethos, but we of course have to cover our costs and team wages.



100% of any donations you make (minus any external card processing costs etc) and 100% of any fundraising goes straight to the charity . . . if you didn't know, most large run organisers take a percentage of this, which we think is a little wrong.

You can, of course, run for any charity you wish to, but we would love you to pick one of our amazing charity friends.

FAQ's?

What if I don't run or submit my result?

We will still send out your medal and any additional items :)

Queries / Questions?

Please email us at contact@curlysathletes.co.uk with any further questions/ suggestions/ comments .

Have a brilliant (virtual) race!

Keep up to date post event: <https://www.facebook.com/curlysathletes/>

HAVE A GREAT EVENT

AND FIND YOUR NEXT ONE HERE: <https://curlysathletes.co.uk/>

From all of the teams at Curly's Athletes & The Yorkshire Wildlife Park Foundation, we wish you the very best of luck and thank you for your support :)