



P U S H P L A Y F O R _

INTERACTIVE UNITS

PRAMA INTERACTIVE UNITS

KEEP UP WITH FITNESS INDUSTRY TRENDS

Studies have shown that technology along with being one of the biggest trends in the industry, is a crucial factor when clients decide which club to join.

The interactive units are at the core of the PRAMA system.

Using integrated LED light markings on pressure sensitive floors & walls, these new training elements will keep your members sweating and smiling at the same time!

Lighting and sound create an unforgettable and unique workout experience. **Trainers will be able to design each workout and extract real time performance data.**

Perfect for events and competitions, PRAMA INTERACTIVE UNITS will help you transition from simple flooring to INTERACTIVE SOLUTIONS.

TRANSFORM YOUR FLOORING INTO AN INTERACTIVE TRAINING ELEMENT

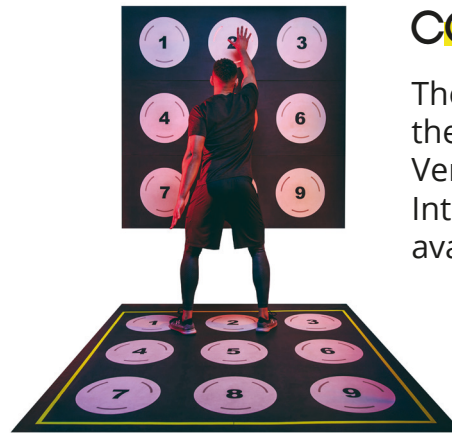
Train balance, speed, reactions, stability, precision, coordination, agility, mobility and postural control.

A revolutionary, innovative, and fun way to exercise by using markings and lights to guide movements.

Create events, challenges and games between users, tracking score and storing performance data.



CHOOSE FROM THESE STATIONS TO CONFIGURE YOUR OWN TRAINING CIRCUIT



COMBO

The PRAMA Combo is the combination of the Vertical and Square Interactive Units (also available separately).



SPRINT

Ideal for interval training or SAQ skills. Length adaptable to any space.



PORTABLE COMBO

Thanks to its modular structure you can offer a full body workout to anyone, at anytime and anywhere!



FLOORING
+ LIGHTS
+ SENSORS
+ SOFTWARE

PRAMA SOFTWARE

The touch-screen software enables users and trainers to design workouts or group sessions serves as the link between the Interactive Units and PRAMA's comprehensive training modes.

PRAMA CLOUD

The PRAMA Cloud helps users, personal trainers and gyms to store and synchronise all performance data.

PRAMA

P U S H P L A Y



Our mission is to provide the best combination of performance flooring, interactive technology, inspiring designs, and ready-to-use programming to deliver a wholly engaging and intuitive experience to the end user, no matter their physical ability.



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