

第一章 總則宗旨

弘揚傳統中國武術及中華武術文化，精武精神。段位制是一種根據個人從事傳統武術鍛煉和武術活動的年資，掌握武術技術和理論水準、研究成果、武德修養，以及對武術發展所做出的貢獻，全面評價習武者武術水準等級的制度。

第二章 段位制等級

（一）段位：

初段位、中段位、高段位，由低至高依次設置分別為：

初段位：一段、二段、三段。

中段位：四段、五段、六段。

高段位：七段、八段、九段、十段。

（二）榮譽段位:

榮譽中段位、榮譽高段位，由低至高依次設置分別為：

榮譽中段位：榮譽四段、榮譽五段、榮譽六段

榮譽高段位：榮譽七段、榮譽八段、榮譽九段。

第三章 晉段（榮譽十段）

晉段對象榮譽十段，傳統武術段位是授與練武者在從事和參與傳統武術運動，自願申請晉段者，榮譽段位是授予對社會及傳統武術發展做出一定貢獻和重大貢獻者。

第四章 段位標準 - 摘要

一至三段：以100分為滿分，技術占50分、理論占50分，50分合格。

四至六段：以100分為滿分，技術占50分、理論占50分，60分合格。

七至十段：以100分為滿分，技術占 30 分、理論占 30 分，社會及武術貢獻占40分，70分合格。

第五章 段位標準 - 詳情

（一）初段位標準(一段、二段、三段)

- 一段：年齡在 10 歲以上，學武年資 2 年以上。遵守武德、武術禮儀，相應套路，技術及理論考評成績達 50 分以上，可申請晉升一段。
- 二段：凡獲得一段達1年以上，或年齡在 12 歲以上，學武年資 3 年以上。遵守武德、武術禮儀，相應套路，技術及理論考評成績達 50 分以上，可申請晉升二段。
- 三段：凡獲得二段達 1 年以上，或年齡在 14 歲以上，學武年資 4 年以上。遵守武德、武術禮儀，準確掌握 ,自選一項拳術或一項器械，相應套路，技術及理論考評成績達50分以上，可申請晉升三段。

（二）中段位標準(四段、五段、六段)

- 四段：凡獲得三段達2年以上，或年齡在 18 歲以上，學武年資6年以上。注重武德 修養，自選一項拳術或一項器械，相應套路，技術及理論考評成績達60分以上，可申請晉 升四段。
- 五段：凡獲得四段達2年以上，或年齡在 25 歲以上，學武年資10年以上。注重武 德修養，自選一項拳術

或一項器械，相應套路，技術及理論考評成績達60分

以上，可申請 晉升五段。

- 六段：凡獲得五段達2年以上，或年齡在35歲以上，學武年資15年以上。注重武德修養，自選一項拳術或一項器械，相應套路，技術及理論考評成績達60分以上，可申請 晉升六段。

（三）高段位標準(七段、八段、九段、十段)（接納五年之內的錄像作為考評依據）

- 七段：凡獲得六段達5年以上，或年齡在40歲以上；學武年資20年以上，系統掌握某拳種的技術體系和理論體系，並取得一定的成就;相應套路，技術及理論考評成績達70分以上，在武術工作業績、武術理論研究成果（公開發表論著）等方面取得一定成就，且武德優秀者，可申請晉升七段。
- 八段：凡獲得七段達7年以上，或年齡在45歲以上；學武年資25年以上，熟練掌握某拳種的技術體系和理論體系，並取得較高成就;相應套路，技術及理論考評成績達70分以上，在武術工作業績、武術理論研究成果（公開發表論著）等方面取得突出成就，且武德優秀者，可申請晉升八段。
- 九段：凡獲得八段8年以上，或年齡在50歲以上，學武年資30年以上，熟練掌握某拳種的技術體系和理論體系，並取得重大成就;相應套路，技術及理論考評成績達70分 以上，在武術工作業績、武術理論研究成果(公開發表論著）等方面取得重大成就，並對武術運動的發展做出卓越貢獻，且武德高尚者，可申請晉升九段。
- 十段：凡獲得九段9年以上，或年齡在60歲以上，學武年資40年以上，熟練掌握某拳種的技術體系和理論體系，並取得重大成就;相應套路，技術及理論考評成績達70分 以上，在武術工作業績、武術理論研究成果(公開發表論著）等方面取得重大成就，並對武術運動的發展做出卓越貢獻，且武德高尚者，可申請晉升十段。

第六章 段位標準 - 榮譽段位

榮譽段位的標準對武術事業的發展做出突出貢獻的知名人士，或在武術競賽、武術理論研究中取得突出成績。經由本會首長或董事推薦逐級申報，經精武體育會審核後，授予相應的武術榮譽段位。
榮譽段位設：榮譽中段位(四、五、六段，需要兩位首長或董事推薦和榮譽高段位（七、八、九、十段，需要三位首長或董事推薦。

申報段位考試。只有考試成績合格，才是獲得晉升段位的主要依據。考試成績達不到標準的情況。實事求是地評給應得段位，及繳付應得段位考評費用，不接受者，不獲退款。不可越段進昇段位，例如:考獲三段位在報考進昇段位不可報考五段

第七章 申請辦法

請按附件申請表格要求，填寫個人資料及履歷，連同相關證明文件及費用，半身護照照片4張，及功夫動作造型照片

2 張寄交本會，地址如下:

香港精武體育會：

香港 九龍 彌敦道300號, 華豐大廈13樓B室

本會亦接受照片的電子檔案，請電郵至：

chinwoohk@gmail.com

申報初段位者必需為香港精武體育會普通會員或永遠會員。

申報中段位以上段位者必需為香港精武體育會永遠會員。

普通會員入會費每年繳交港幣 \$ 250.00

永遠會員入會費一次過繳交港幣 \$ 1,000.00

第八章 各級段位收費

一段 港幣 \$	1,200.00	二段 港幣 \$	1,400.00
三段 港幣 \$	1,700.00	四段 港幣 \$	2,100.00
五段 港幣 \$	2,800.00	六段 港幣 \$	3,300.00
七段 港幣 \$	5,000.00	八段 港幣 \$	6,000.00
九段 港幣 \$	8,000.00	十段 港幣 \$	10,000.00

榮譽段位

四段至十段：由本會首長或董事推薦, 免收費，贊助隨緣。

Chapter 1 - General Purpose

Promote traditional Chinese martial arts and Chinese martial arts culture, and the spirit of “Chin Woo”. The Dan system is a comprehensive evaluation of the martial arts level of martial arts practitioners based on their years of experience in traditional martial arts training and martial arts activities, mastery of martial arts technology and theoretical level, research results, martial arts cultivation, and contributions to the development of martial arts system.

Chapter 2 - Dan System Level

- 1) Dan Ranking:The initial dan, middle dan, and high dan are set in order from low to high:
Initial dan: Dan 1, Dan 2, Dan 3.
Middle dan: Dan 4, Dan 5, Dan 6.
High dan: Dan 7, Dan 8, Dan 9, Dan 10.
- 2) Honorary Dan Ranking:Honorary middle ranks: Honorary Dan 4, Honorable Dan 5, Honorary Dan 6.
High honorary dans: Honorary Dan 7, Honorable Dan 8, Honorary Dan 9, Honorary Dan 10.

Chapter 3 - Honorary Dan 10

The honorary Dan Dan is awarded to those who are engaged in and participate in traditional martial arts sports and voluntarily apply for promotion to Dan. The Honorary Dan is awarded to those who have made certain and significant contributions to society and the development of traditional martial arts
Technical assessment at each level of the Dan-level standard

Chapter 4 - Ranking Standard in Summary

Dan 1 to 3
The full score is 100, with 50 points accounting for technology, 50 points accounting for theory, and 50 points for passing the test.
Dan 4 to 6
The full score is 100, with 50 points accounting for technology, 50 points accounting for theory, and 60 points for passing the exam.
Dan 7 to 10
A perfect score of 100 is made up of 30 points for technology, 30 points for theory, 40 points for social and martial arts contributions, and 70 points for passing the test.

Chapter 5 - Ranking Standard in Details

(1) Initial Dan Ranking Standard (Dan 1, Dan 2, Dan 3)

1) Dan 1

Aged over 10 years old and have studied martial arts for more than 2 years. Observing martial arts ethics, martial arts etiquette, corresponding routines, and achieving a score of 50 or above in technical and theoretical assessments can apply for promotion to Dan 1.

2) Dan 2

Anyone who has obtained a martial arts qualification for more than 1 year, or is over 12 years old and has studied martial arts for more than 3 years. Those who abide by martial arts ethics, martial arts etiquette, corresponding routines, and achieve a score of 50 or above in technical and theoretical assessments can apply for promotion to Dan 2.

3) Dan 3

Anyone who has obtained the second degree for more than 1 year, or is over 14 years old and has studied martial arts for more than 4 years. If you abide by martial arts ethics and martial arts etiquette, accurately master a boxing technique or an instrument of your choice, and the corresponding routine, and achieve a score of 50 or above in the technical and theoretical assessment, you can apply for promotion to Dan3.

(2) Middle Dan Ranking Standard (Dan 4, Dan 5, Dan 6.)

1) Dan 4

Anyone who has obtained the third degree for more than 2 years, or is over 18 years old and has studied martial arts for more than 6 years. Those who pay attention to the cultivation of martial arts ethics, choose a boxing technique or an instrument, and the corresponding routine, and achieve a score of 60 or above in the technical and theoretical assessment, can apply for promotion to Dan 4.

2) Dan 5

Anyone who has obtained the 4th Dan for more than 2 years, or is over 25 years old and has studied martial arts for more than 10 years. Paying attention to the cultivation of martial arts, choosing a boxing skill or an instrument, corresponding routines, technical and theoretical evaluation scores of 60 points or above, you can apply for promotion to Dan 5.

3) Dan 6

Anyone who has obtained the 5th Dan for more than 2 years, or is over 35 years old and has studied martial arts for more than 15 years. Paying attention to the cultivation of martial arts, choosing a boxing skill or an instrument, corresponding routines, technical and theoretical evaluation scores of 60 points or above, you can apply for promotion to Dan 6.

(3) High Dan Ranking standard (Dan 7, Dan 8,Dan 9, Dan 10)
(videos within five years will be accepted as the basis for evaluation)

1) Dan 7

Anyone who has obtained sixth-dan for more than 5 years, or is over 40 years old; has studied martial arts for more than 20 years, systematically mastered the technical system and theoretical system of a certain boxing type, and achieved certain achievements; the corresponding routines, technical and theoretical evaluation scores are up to Those with a score of 70 or above, who have made certain achievements in martial arts work performance, martial arts theoretical research results (publicly published works), etc., and who have excellent martial arts ethics can apply for promotion to Dan 7.

2) Dan 8

Those who have obtained seventh-dan for more than 7 years, or are over 45 years old; have studied martial arts for more than 25 years, are proficient in the technical system and theoretical system of a certain boxing type, and have achieved high achievements; the corresponding routines, technical and theoretical evaluation scores are up to Those with a score of 70 or above, who have made outstanding achievements in martial arts work performance, martial arts theoretical research results (publicly published works), etc., and who have excellent martial arts ethics can apply for promotion to Dan 8.

3) Dan 9

Anyone who has obtained the Eighth Dan for more than 8 years, or is over 50 years old, has studied martial arts for more than 30 years, is proficient in the technical system and theoretical system of a certain

boxing type, and has made major achievements; the corresponding routine, technical and theoretical evaluation score reaches 70 points Those above who have made significant achievements in martial arts work performance, martial arts theory research results (publicly published works), etc., and who have made outstanding contributions to the development of martial arts, and who have high martial ethics can apply for promotion to Dan 9.

4) Dan 10

Anyone who has obtained Chinwoo for more than 9 years, or is over 60 years old, has studied martial arts for more than 40 years, is proficient in the technical system and theoretical system of a certain boxing type, and has made major achievements; the corresponding routine, technical and theoretical evaluation scores are above 70 points Those who have made significant achievements in martial arts work performance, martial arts theoretical research results (publicly published works), etc., and have made outstanding contributions to the development of martial arts, and who have high martial ethics can apply for promotion to the Dan 10.

Chapter 6 - Ranking Standard : Honorary Dans

Criteria for honorary ranks Famous individuals who have made outstanding contributions to the development of martial arts, or have achieved outstanding results in martial arts competitions and theoretical research on martial arts. After being recommended by the association’s head or director, the application will be made step by step, and after review by the “Chin Woo” Sports Association, the corresponding martial arts honorary rank will be awarded.

Recommendation

Honorary middle rank (Dans 4 to 6), need to be recommended by two heads or directors) and honorary high rank (Dans 7 to 10), need to be recommended by three heads or directors).

Application for Ranking Assessment

Only passing the Assessment results is the main basis for promotion. The test results are not up to standard. Evaluate the grade you deserve based on facts and pay the evaluation fee for the grade you deserve. Those who do not accept will not receive a refund.

It is not allowed to advance to a higher Dan beyond a certain level. For example, if you have passed the 3rd Dan exam and are applying to advance to a higher Dan, you cannot apply for the 5th Dan or above.

Chapter 7 - Method of Application

Please fill in your personal information and resume according to the requirements of the attached application form, together with relevant supporting documents and fees, 4 half-length passport photos, and 2 Kung Fu action photos and send them to our association, address below
Chin Woo Athletic Association of Hong Kong Limited
Room B, 13/Floor, New Lucky House, 300 Nathan Road, Kowloon, Hong Kong

We also accept electronic files of photos, please email to :
chinwoohk@gmail.com

Those who apply for Dan 1 to Dan 3 can be both ordinary and permanent members, but for Dan 4 to Dan 10 must be permanent members of the Hong Kong Ching Wu Sports Association.
The membership fee for ordinary members is HK\$250.00 per year, and the membership fee for permanent members is HK\$1,000.00 in one payment.

Chapter 8 - Dan Fee Schedule

Hereunder is the Dan fee schedule

Dan 1 HK \$	1,200.00	Dan 2 HK \$	1,400.00
Dan 3 HK \$	1,700.00	Dan 4 HK \$	2,100.00
Dan 5 HK \$	2,800.00	Dan 6 HK \$	3,300.00
Dan 7 HK \$	5,000.00	Dan 8 HK \$	6,000.00
Dan 9 HK \$	x8,000.00	Dan 10 HK \$	10,000.00

Honorary Dans:

Dan 4 to Dan 10: They are recommended by our Association Directors, no Dan fee, but accepts voluntarily contribution.



香港精武體育會有限公司

Chin Woo Athletic Association of Hong Kong Limited

精武傳統武術段位制申請表

Application Form for Chin Woo Traditional Martial Arts Dan Grading System

申請編號:

Applicant No.

個人資料 Personal Information

閣下資料絕對保密 Confidential

姓名 Name (Chinese)	姓名 Name(English)
出生日期及地點 Date & Place of Birth	性別 (男 / 女) Sex (Male / Female)
國籍 Nationality	香港身份證 / 護照號碼 Hong Kong ID / Passport No.
通訊地址 Correspondence Address	
電郵地址 E-mail Address	電話: Tel
是否本會會員 Whether the Present Member	是 Yes 會員號碼 Member No
	否 No 加入成為本會普通 / 永遠會員 Apply for Basic / Life Membership
申請級別 Dan Applied	現持有 Exist 段 Dan 考取年份 Year Obtained
所持段位簽發機構 Issuing Authority	其他資格 (裁判/教練) Other Qualification (Referee / Coach)
門派 Stream of Martial Art	師承自 Name of Sifu 習武年資 Years of Training
習武簡歷 (如篇幅不足, 另紙書寫) Kung Fu Career	
推薦人 Referee	申請人簽署 Signature of Applicant 評審 Verification of eligibility 日期 Date

本人明確及接受香港精武體育會有限公司「精武傳統武術段位制申請」之條款, 現附上支票號碼 _____.

(支票抬頭為「香港精武體育會有限公司」), 所有收費均不接受期票, 合共港幣\$ _____ 作實。

I understand and accept the terms and conditions of this application and enclose a cheque, cheque no. _____. (Please make payable

to “Chin Woo Athletic Association Of Hong Kong Limited”). We do not accept post-dated cheques. A total of _____ US dollars is received



香港精武體育會有限公司

Chin Woo Athletic Association of Hong Kong Limited

入會申請表 Application for Membership No. _____

中文姓名 CHINESE	身份證號碼 IDENTITY CARD NO.	職 業 OCCUPATION
英文姓名 ENGLISH	護照號碼 PASSPORT NO.	
出生日期 DATE OF BIRTH	性別 SEX	國 籍 NATIONALITY
曾否學習武術 HAVE YOU EVER LEARNT MARTIAL ART	時 間 PERIOD OF LEARNING	派 別 SCHOOL
得知本會途徑 HOW DO YOU KNOW US	手提電話 MOBILE TEL	住宅電話 HOME TEL
住 址 ADDRESS		
本人為香港合法居民, 絕無犯罪紀錄。茲志願遵照 貴會會章申請加入為永遠/普通會員。 I certify that being a legal resident of Hong Kong and have no criminal record; I like to apply for the Permanent/Ordinary Membership of your Association and agree to be bound by the regulations of your Association. 申請入會簽署 Signed by Applicant : _____ 日期 Date : _____		
相 片		

此欄本會專用, 請勿填寫。 FOR OFFICIAL USE ONLY. PLEASE DO NOT FILL IN ANY BELOW.					
報學班別			導師簽署	日 期	
已收費用	入會費 \$	收據號碼 :	會員部主任簽署	日 期	
經手人簽署			日 期		

附註:

Remarks:

- 任何人士申請入會, 填妥本表格後, 須經組織及稽核兩部主任審查認可, 再經董事會一致通過接納, 始獲正式成為會員, 否則作廢兼毋須解釋理由, 至於已交入會費, 可獲發還。
All applicants, after having filled in this form, must be approved by our Association and approval panel and followed by acceptance from the Board of Directors before they can become members. The Association has the right and option to disqualify any application without giving reason while any admission fee and/or membership fee paid will be refunded.
- 本入會申請表須呈交警務處備查, 如一經發現有犯罪紀錄者, 本會有權即時開除其會籍, 所交一切費用, 概不發還。
This application form will be filed up to be referred by the Hong Kong Police, if necessary. Once any criminal record is found in connection with the applicant, the Association has the right to disqualify immediately the appropriate membership and all charges paid will not be refunded.
- 永遠會員入會費一次過繳交港幣 1,000 元, 普通會員入會費每年繳交港幣 250 元。
For Permanent Member, the admission fee which should be paid in one time will be HK\$1,000. For Ordinary Member, the admission fee will be HK\$250 per year.
- 任何人仕在本會內, 如有財物失竊、意外、受傷等, 本會蓋不負責。請小心保管自己的財物以及確保自身安全。由於武術訓練需要一定體能及動作要求, 因此在本會參與任何武術訓練前, 請參考註冊醫生建議, 所有參加人仕必需確保其身體狀況適合修讀本會所提供之武術訓練課程。
Any person who reports property lost or get injured by accident, the Association will not be liable. Please take care of your belongings and assure of your personal safety in the Association. Since practicing martial arts needs physical fitness in order to fulfill specific actions, it is highly advised that prior consultation to doctor before participating in the martial-art training at the association is a must. All persons should assure that their physical condition is fit for the training offered by the Association.

香港精武體育會



1922年成立

精武傳統武術段位制 章程