Tristan Harris

Rich Harris alerted me about Tristan Harris (no relation to Rich), who is a major voice on the pros and cons of social media He won two Emmys for his film, "The Social Dilemma," available on NetFlix (https://www.netflix.com/title/81254224), and operates the "Center for Humane Technology." (https://www.humanetech.com/keyissues). I found this a great source, and hope to support his work.

Some short clips and snippets are at these links:

The Social Dilemma Trailer (2:20)

https://www.netflix.com/title/81254224

60 Minutes: Social Media and Political Polarization in America (13:39)

https://www.humanetech.com/insights/60-minutes-social-media-and-political-polarization-in-america

The Social Dilemma Bonus Clips:

THE MENTAL HEALTH DILEMMA (3:11)

https://www.youtube.com/watch?v=PEOm7u8Cysg

THE DEMOCRACY DILEMMA (3:02)

https://www.youtube.com/watch?v=r34aENF8vUY

THE DISCRIMINATION DILEMMA (3:37)

https://www.voutube.com/watch?v=r34aENF8vUY

April 10, 1923 U.S. Senate Testimony

https://www.youtube.com/watch?app=desktop&v=ZRrguMdzXBw