

## Stacy Donnelly CPC, CPMA, CCC

Writing Stacy's bio gave Stacy anxiety, so she decided to leave it until the last minute...then ran out of time to make it all professional & whatnot.

So, TLDR, I am a cardiology and cardiothoracic surgical coder for SLUCare/SSM Health who has a passion for teaching and helping others.

In addition to being the 2024 AAPC St. Louis Chapter President, I am married with 3 amazing kiddos, 2 dogs & an unhealthy obsession with Grey's Anatomy.

### Disclaimer:

This presentation is informational only & not intended for use as a replacement for regulatory guidance.

# What is a Chronic Condition?

Broadly speaking, a chronic condition is one that develops gradually and worsens over an extended period of time.

They can usually be controlled but not cured.

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# Acute vs. Chronic

ACUTE CONDITIONS - severe and sudden in onset

- Broken bone
- Asthma attack
- Acute myocardial infarction

CHRONIC CONDITIONS - a long-developing syndrome

- Osteoporosis
  - Asthma
- Heart disease

Chronic conditions can be the cause of acute conditions.

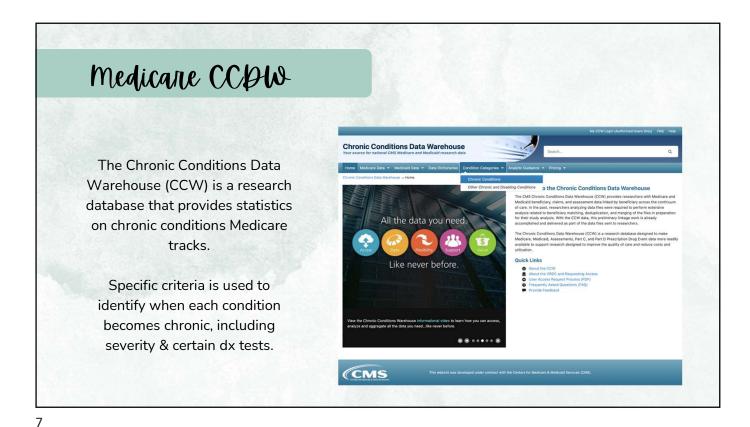
### Betermining Buration **CDC** AMA 1 year or more At least 1 year or At the end of the day, whether a requiring ongoing until death condition is defined as acute or medical attention chronic comes down to your provider's judgment. **US Center for American American** If your provider's documentation lists Health Lung Academy acute or chronic, then that is how you will determine your code **Statistics Association** Otolaryngology assignment. 3+ months 8+ Weeks 12+ Weeks

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# IC-10-CM

While the ICD-10-CM Official Guidelines don't provide a timeframe for what constitutes a chronic condition nor specifically break down the difference between acute and chronic conditions, Section I.B.8, "Acute and Chronic Conditions," does specify how to sequence conditions that are described as both acute (subacute) and chronic.

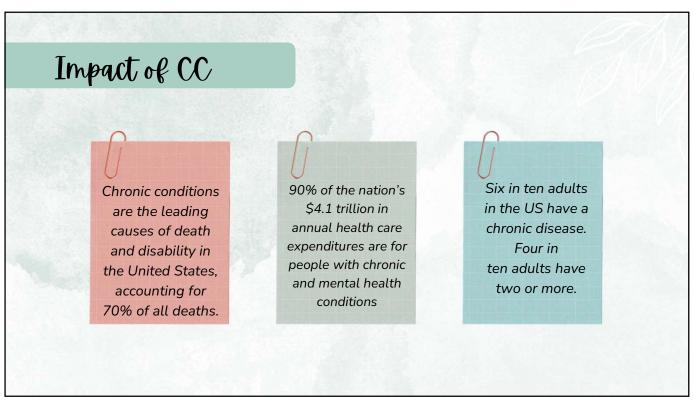
In situations where the same condition is described as both acute and chronic, and there are different codes in the Alphabetic Index with the same indentation level, you'll assign both codes with the acute code sequenced first.

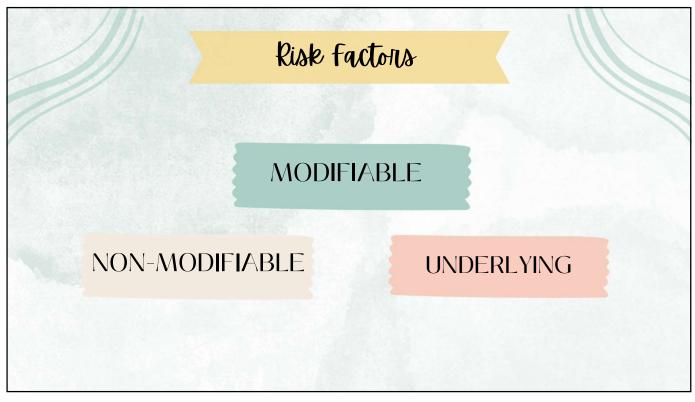


30 Medicare Chronic Conditions Acute Myocardial Cancer, Prostate Hyperlipidemi Infarction Hypertension Cancer. Alzheimer's Disease Gregorie Hypothyroidism Anemia Ischemic Heart Disease Chronic Kidney Disease Asthma COP Non-Alzheimer's Atrial Bepression/Bipolar Dementia Benjibri Hation/Flutter Osteoporosis Diabetes Hyperplasia **Parkinsons** Mellitus Glaucoma Cancer. Pneumonia Cancer, Heart Failure/Non-Rheumatoid/Osteo-Colorectal Cancer, Endometrial **Arthritis** Harbyennic; Disease Cancer, Stroke/TI Fracture Lung

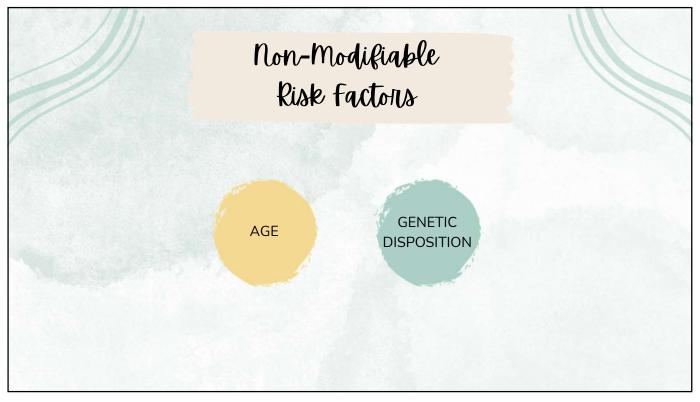


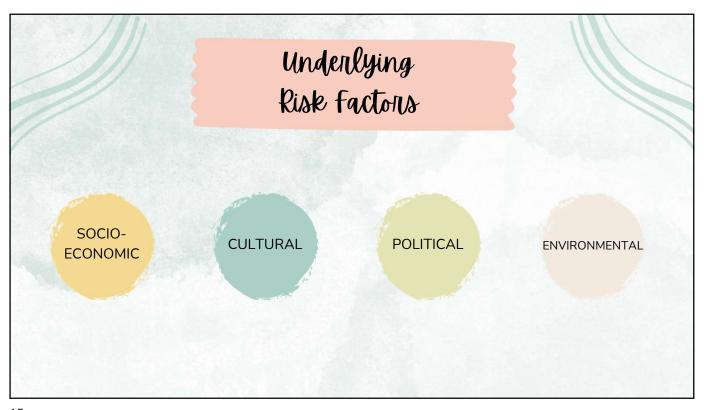
# Autism Spectrum Disorders Hepatitis (Chronic Viral A/B) HIV/AIDS Schizophrenia & Other Psychotic Disorders Substance Abuse Disorders Chronic Pain Syndromes Epilepsy Morbid Obesity ...and more













# Hypertension

- Hypertension increases the workload on the heart inducing structural and functional changes in the myocardium.
- Hypertensive heart disease refers to a constellation of changes in the left ventricle, left atrium, and coronary arteries as a result of chronic blood pressure elevation.
- High blood pressure makes men twice as likely and women three times more likely to get heart failure.

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# Categories

I10
ESSENTIAL

I11
HYPERTENSIVE

I12
CKD

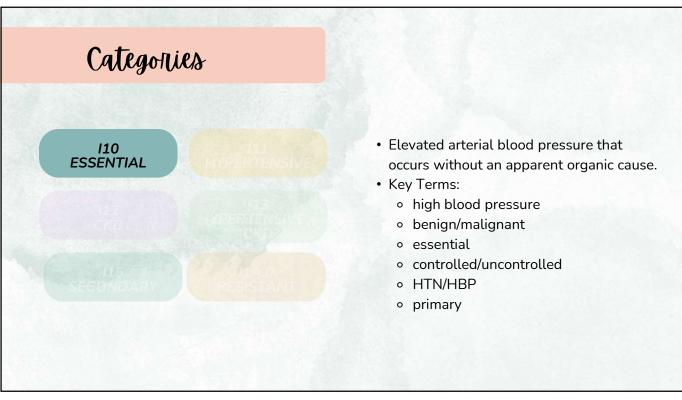
I13
HYPERTENSIVE +
CKD

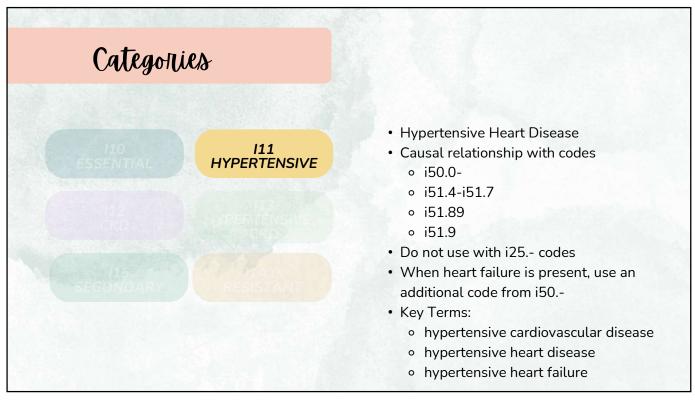
I14.0
RESISTANT

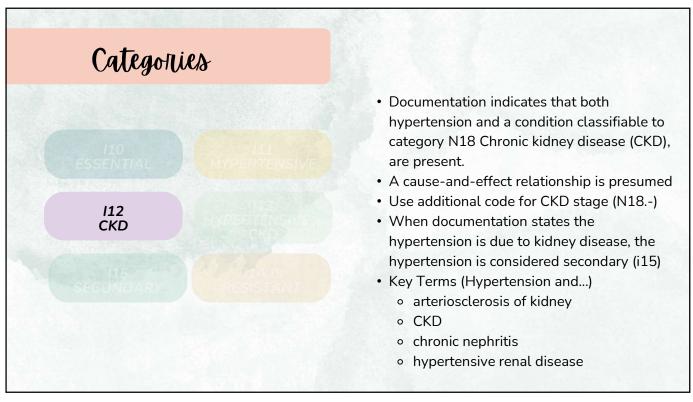
The terms "malignant," "benign," or "unspecified" no longer require a different code assignment and are included in the essential (primary) hypertension category (I10)

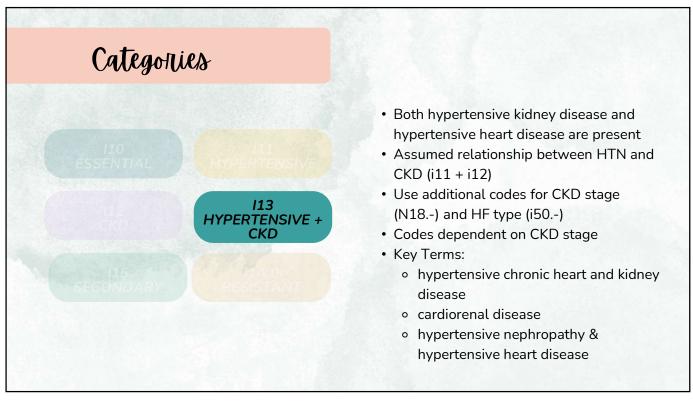
### **Excluded Codes:**

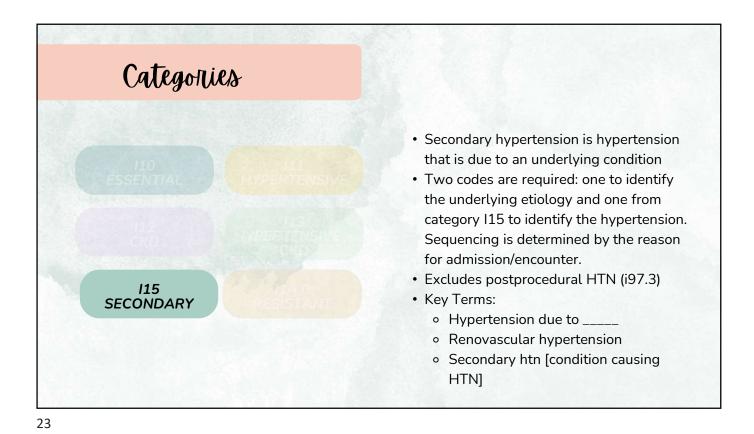
- Elevated blood pressure without a diagnosis of hypertension - R03.0
- Neonatal HTN P29.2
- Obstetric HTN O10-O11, O13-O16











• Occurs when hypertension persists even with concurrent use of three or more antihypertensive drugs from different pharmacologic classes, including a diuretic.
• Requires 2 codes: Code first the specific type of HTN (ex: i10 or i15.-)
• Causes of RH are usually secondary
• Key Terms:
• Apparent treatment resistant hypertension (aTRH)
• Treatment resistant hypertension

True resistant hypertension

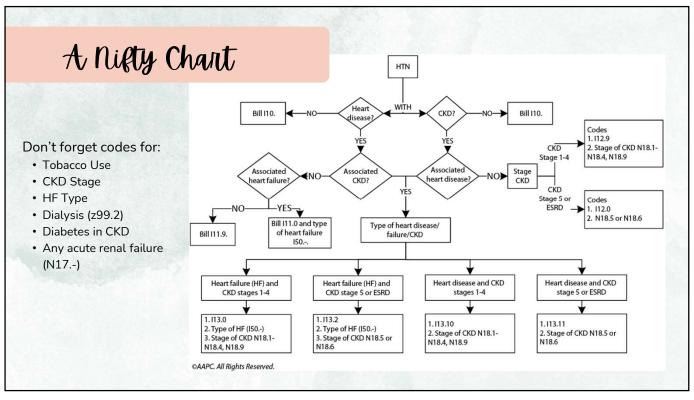
# Tobacco Use

### For all codes in the i10-i1A range:

### Use additional code to identify:

exposure to environmental tobacco smoke (Z77.22)
history of tobacco dependence (Z87.891)
occupational exposure to environmental tobacco smoke (Z57.31)
tobacco dependence (F17.-)
tobacco use (Z72.0)

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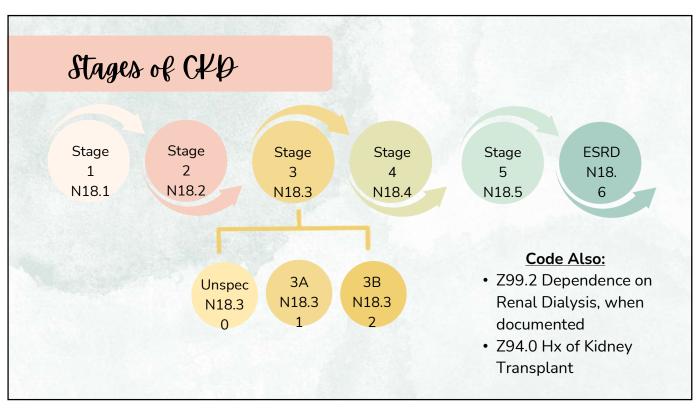
# Chronic Kidney Disease

Chronic kidney disease (CKD) is the gradual loss of kidney function.

The function of your kidney is to filter waste and excess fluids from your blood and excrete into the urine. In patients with CKD, the waste and excess fluids can build up in the body.



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# End Stage Renal Disease

### **ESRD - N18.6**

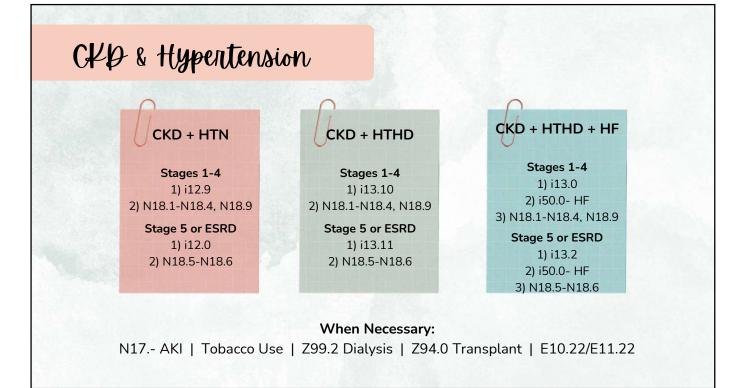
1) ESRD

OR

2) Stage 5 CKD Requiring Chronic Dialysis

When both ESRD and CKD 5 are documented, code only for ESRD.

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# CKP & Transplants

Patients who have undergone kidney transplant may still have some form of chronic kidney disease (CKD) because the kidney transplant may not fully restore kidney function.

The presence of CKD alone does <u>not</u> constitute a transplant complication.

### **CKD + TRANSPLANT**

1)CKD Stage (N18.-)2) Kidney Transplant Status

# TRANSPLANT COMPLICATIONS

Complication (T86.1)
 Code Describing Complication (ex. PTLD D47.Z1)

If the documentation is unclear as to whether the patient has a complication of the transplant, query the provider.

SOURCES: ICD 10 CM: I.C.14.a.2 &

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# CKP & Diabetes

### Diabetes is the number 1 cause of

### CKD +CKABETES

1) Diabetes in CKD:

DM1 - E10.22

DM2 - E11.22

2) CKD Stage (N18.-)

When Needed:

3) Dialysis Status (Z99.2)

4) Kidney Transplant Status (Z94.0)

- Do not report N18.9 with E10.22 or E11.22 -

When coding DM with CKD of <u>unspecified</u> stage, there is an instructional note in the ICD-10-CM Index stating "Use additional code to identify stage of chronic kidney disease (N18.1-N18.6)." As N18.9 is not included in this range of codes and provides no further specificity, only E10.22 or E11.22 would be needed for DM with CKD of unspecified stage.

# Diabetes Mellitus

One of the most important endocrine organs is the pancreas, which secretes insulin and regulates glucose levels within the body.

### Diabetes mellitus describes conditions in which the body:

does not produce any insulin at all (Type 1) or
is unable to synthesize the insulin produced (Type 2)



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### Categories E08 E10 E11 E09 E13 Due to an Drug or Type Type Other Underlying Chemical Condition Induced Clinical documentation should include the type of diabetes. When a type is not listed, coders must default to Type 2

# Categories

E08

Due to an Underlying Condition

- Due to an underlying condition other than genetics or environmental conditions
- · Never reported alone or as first listed
- Underlying cause code should be reported first, i.e.,:
  - Congenital rubella (P35.0)
  - Cystic Fibrosis (E84.-)
- Use an additional codes, if used:
  - insulin (Z79.4)
  - oral antidiabetic/hypoglycemic drugs (Z79.84)
- Excludes 1:
  - o E09.-, E10.-, E11.-,E13.-
  - Gestational diabetes (O24.4-)
  - Neonatal DM (P70.2-)

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# Categories

E09

Drug or Chemical Induced

- Due to drug or chemical ingestion.
- If due to poisoning, sequence the code for the poisoning first (T36-T65)
- If due to adverse reaction, use additional code to identify the drug (T36-T50)
- Use an additional codes, if used:
  - o insulin (Z79.4)
  - o oral antidiabetic/hypoglycemic drugs (Z79.84)
- Excludes 1:
  - E08.-, E10.-, E11.-,E13.-
  - Gestational diabetes (O24.4-)
  - Neonatal DM (P70.2-)

# Categories

E10

Type 1

- Due to an autoimmune destruction of insulin-producing beta cells in the pancreas leading to little or no insulin production
- · Includes:
  - Brittle Diabetes
  - Diabetes due to an autoimmune process (including LADA)
  - Idiopathic diabetes
  - Juvenile onset diabetes
- Excludes 1:
  - E08.-, E09.-, E11.-,E13.-
  - Gestational diabetes (O24.4-)
  - Neonatal DM (P70.2-)
  - Hyperglycemia NOS (R73.9)

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# Categonies

E11

Type 2

- A metabolic disorder that involves high blood glucose in the context of insulin resistance and relative insulin deficiency
- Insulin produced in the pancreas is either in small quantities or the body is resistant to it
- Use an additional codes, if used:
  - o insulin (Z79.4)
  - o oral antidiabetic/hypoglycemic drugs (Z79.84)
  - Code Z79.4 should <u>not</u> be assigned if insulin is given temporarily to bring a type 2 patient's blood sugar under control during an encounter
- Excludes 1:
  - o E08.-, E09.-, E10.-,E13.-
  - Gestational diabetes (O24.4-)
  - Neonatal DM (P70.2-)

# Categories

E13 Other

- Includes other types of diabetes caused by various other mechanisms
  - Genetic defects in insulin action
  - Genetic defects of beta-cell function
  - Post-pancreatectomy diabetes
  - Secondary diabetes NEC
- Use an additional codes, if used:
  - o insulin (Z79.4)
  - o oral antidiabetic/hypoglycemic drugs (Z79.84)
- Excludes 1:
  - o E08.-, E09.-, E10.-
  - Gestational diabetes (O24.4-)
  - Neonatal DM (P70.2-)
- The ICD-10-CM official coding guidelines state that when documentation indicates postpancreatectomy diabetes mellitus (i.e., lack of insulin due to the surgical removal of all or part of the pancreas), code E89.1 Postprocedural hypoinsulinemia should be reported. Report a code from subcategory Z90.41 Acquired absence of pancreas, and a code from category E13 as additional codes

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# Complications

Hyperosmolarity (E--.0-)

- · without coma
- · with coma

Ketoacidosis (E--.1-)

- · without coma
- · with coma

Kidney Complications (E--.2-)

- · diabetic nephropathy
- diabetic CKD
- other diabetic kidney comp

Ophthalmic (E--.3-)

- nonproliferative diabetic retinopathy
  - o mild, moderate, severe
    - with or without macular edema
- proliferative diabetic retinopathy
  - with or without macular edema
  - traction retinal detachment
- diabetic cataract
- · diabetic macular edema, resolved

Neurologic (E--.4-)

- neuropathy
- mononeuropathy
- polyneuropathy
- · amyotrophy

Circulatory (E--.5.-)

- · peripheral angiopathy
  - with or without gangrene

# Complications

Other Specified Complications (E--.6-

)

- · arthropathy
- skin complications
  - dermatitis
  - o foot ulcer
  - skin ulcer
  - o other
- · oral complications
  - o periodontal disease
- · hypoglycemia
  - with or without coma
- hyperglycemia

Unspecified (E--.8)

Without Complications(E--.8)

Assign as many codes from categories E08 – E13 as needed to identify all the associated conditions/complications that the patient has related to their diabetes

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# Uncontrolled Diabetes

- Borderline Diabetes R73.03
- CDI rules indicate that "out of control," "inadequately controlled," or "poorly controlled" is reported as the specified type of diabetes with hyperglycemia.
- When another diabetic complication is present and the diabetes is stated as poorly controlled, etc., <u>both</u> complications are reported.
  - The exception is diabetes with ketoacidosis: report only the code for diabetes with ketoacidosis as it is inherently uncontrolled.
- There is no default code for diabetes mellitus documented only as "uncontrolled"
  - Diabetes described as "uncontrolled" can mean either with hyperglycemia or with hypoglycemia, per the ICD-10-CM index.
  - Clarification from the provider will be required if only this descriptive term is used without further specificity as to whether the patient's blood sugars are too high (hyperglycemia) or too low (hypoglycemia).

# Heart Failure

Heart failure, also known as congestive heart failure, is a condition that develops when your heart doesn't pump enough blood for your body's needs.

When this happens, blood often backs up and fluid can build up in the lungs, causing shortness of breath.

More than 6 million people in the United States have congestive heart failure. It's the leading cause of hospitalization in people older than 65.

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# Clinical Bocumentation

### Type

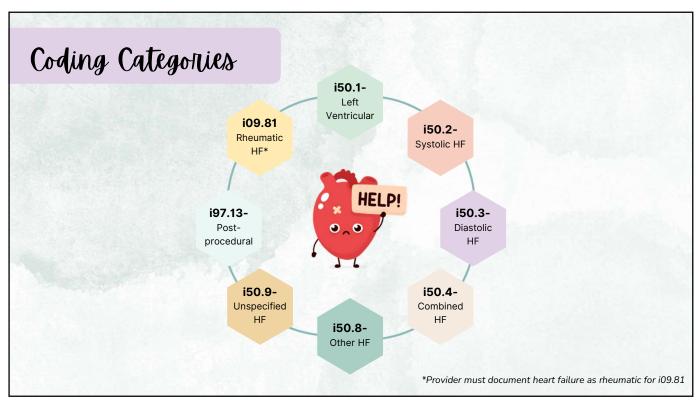
- left ventricular
- systolic (reduced ejection fraction, rEF)
- diastolic (preserved ejection fraction, pEF)
- combined systolic and diastolic
- other
- unspecified

### Acuity

- acute
- chronic
- · acute on chronic

### Also document

- associated hypertension
- associated renal disease
- congestive
- neonatal



# Acute vs Chronic

- "Exacerbation" of congestive heart failure indicates an acute flareup of the condition.
- If the patient also carries a chronic CHF diagnosis, classify the case to one of the "acute on chronic" CHF codes.\*
- Documented "history" of heart failure should be reported as "chronic".\*

\*Coding Clinic for ICD-10-CM, second quarter 2013, page 33.

# Systolic vs Diastolic Heart Failure

### **SYSTOLIC**

- Systolic heart failure occurs when the left ventricle no longer has the ability to contract hard enough to push the blood into circulation
- HFrEF (reduced ejection fraction)
- HFmrEF (mid-range/mildly reduced)\*

### DIASTOLIC

- Diastolic heart failure occurs when the left ventricle does not relax; therefore, the chamber does not fill with blood appropriately.
- HFpEF (preserved ejection fraction)
- Heart failure with RECOVERED EF\*

\*AHA Coding Clinic for ICD-10-CM, third quarter 2020, page 32

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# Other Heart Failure

- RIGHT HEART FAILURE 150.81
  - o includes right heart failure due to left heart failure
    - code also the type of left ventricular failure, if known (I50.2–I50.43)
- BIVENTRICULAR FAILURE
  - o DIFFERENT disease causing heart failure in each ventricle 150.82
    - code also the type of left ventricular failure, if known (I50.2–I50.43).
  - SAME disease causing HF with right ventricular failure secondary to left ventricular failure - I50.814 (see Right Heart Failure above)
- HIGH OUTPUT HEART FAILURE 150.83
- END-STAGE HEART FAILURE I50.84
  - o code also type of heart failure as systolic or diastolic, if known

# Heart Failure. Hypertension & CKD



Stages 1-4
1) i13.0
2) i50.0- HF
3) N18.1-N18.4, N18.9
Stage 5 or ESRD
1) i13.2
2) i50.0- HF
3) N18.5-N18.6

### When Necessary:

N17.- AKI | Tobacco Use | Z99.2 Dialysis | Z94.0 Transplant | E10.22/E11.22

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# Ischemic Heart Disease

# Chronic ischemic heart disease (i25.-) includes:

- coronary atherosclerosis (CAD)
  - with or without angina pectoris
- old myocardial infarction
- · aneurysm of the heart
- coronary artery dissection
- chronic coronary insufficiency
- · myocardial ischemia

### Use additional code to identify:

- chronic total occlusion of coronary artery (I25.82)
- exposure to environmental tobacco smoke (Z77.22)
- history of tobacco dependence (Z87.891)
- occupational exposure to environmental tobacco smoke (Z57.31)
- tobacco dependence (F17.-)
- tobacco use (Z72.0)

# Cononary Atherosclerosis

### CAD & Angina (I25.10-I25.119)

- ICD-10-CM codes combine the clinical concepts of coronary atherosclerosis and several different forms of angina.
- A cause-and-effect relationship may be assumed when a patient has both coronary atherosclerosis and angina unless the documentation indicates the angina is due to something other than the atherosclerosis.
- An additional code for the angina is not necessary.
- · Use additional code to identify:
  - coronary atherosclerosis due to calcified coronary lesion (I25.84)
  - o coronary atherosclerosis due to lipid rich plaque (125.83)

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# Atherosclerosis of CAB9

### i25.7- Atherosclerosis of Coronary Artery Bypass Graft (CABG)

i25.70-: Unspecified with Angina

i25.71-: Autologous Vein with Angina

i25.72-: Autologous Artery with Angina

i25.73-: Non-Autologous Biological with Angina

i25.75-: Native Coronary Artery of Transplanted Heart with Angina

i25.76-: Bypass Graft of Transplanted Heart with Angina

i25.79-: Other Coronary Artery with Angina

i25.81-: Other Coronary Vessels without Angina

Use additional codes i25.83-i25.84

# Other forms of Chronic Ischemia

### 125.82 - Chronic Total Occlusion of a Coronary Artery

- Excludes1 i21.0-i21.B, i22.-
- Code first coronary atherosclerosis (i25.1-, i25.7-, i25.81-)

### 125.83 - Coronary Atherosclerosis due to lipid rich plaque

• Code first coronary atherosclerosis (i25.1-, i25.7-, i25.81-)

### 125.84 - Coronary atherosclerosis due to calcified coronary lesion

• Code first coronary atherosclerosis (i25.1-, i25.7-, i25.81-)

125.85 - Chronic coronary microvascular dysfunction

125.9 - Chronic ischemic heart disease, unspecified

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# Old Myocardial Infarction

### i25.2

When a myocardial infarction is found on ECG and the physician discusses its clinical significance and the patient is having no symptoms, code I25.2 Old myocardial infarction, is reported. This type of infarction is more prevalent in the elderly, diabetics, and heart transplant recipients

- · Includes:
  - Healed myocardial infarction
  - Past myocardial infarction diagnosed by ECG or other investigation, but currently presenting no symptoms

# Aneurysm of the Heart

### i25.3 - Heart Aneurysm

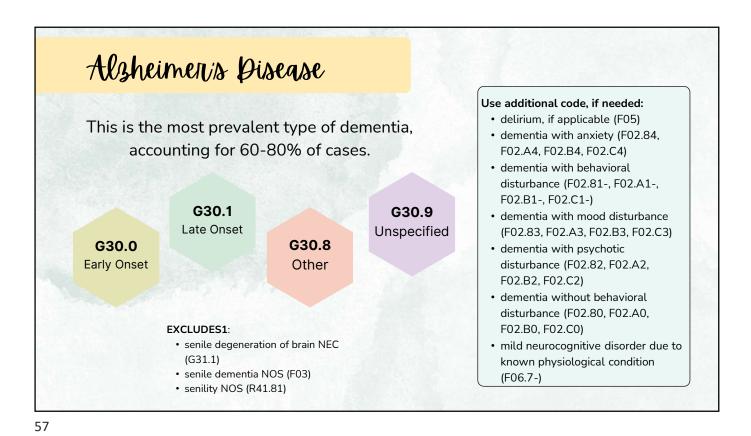
- · Includes:
  - Mural aneurysm
  - Ventricular aneurysm

### i25.41 - Coronary Artery Aneurysm

- · Includes:
  - Coronary arteriovenous fistula, acquired
- Excludes 1 congenital coronary (artery) aneurysm (Q24.5)

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### Alsheimeris vs. Dementia Dementia **ALZHEIMER'S DISEASE VASCULAR DEMENTIA** Second most common The most common type An umbrella term for many different **OTHER FORMS** diseases associated with memory loss that Fronto-Lewy Bodies Parkinson's temporal deteriorates over Dementia time. Creutzfeldt-Wernicke-Mixed Jakob Korsakoff Dementia Disease Syndrome



# Non-Alzheimeris Bementia

### Dementia Diagnosis Coding Tables for 2023

	Vascular Dementia (F01)						
	Severity						
		Unspecified	Mild	Moderate	Severe		
Symptoms	Without any symptoms	F01.50	F01.A0	F01.B0	F01.C0		
	With agitation	F01.511	F01.A11	F01.B11	F01.C11		
	*With other behavioral disturbance	F01.518	F01.A18	F01.B18	F01.C8		
	With psychotic disturbance	F01.52	F01.A2	F01.B2	F01.C2		
	With mood disturbance	F01.53	F01.A3	F01.B3	F01.C3		
	With anxiety	F01.54	F01.A4	F01.B4	F01.C4		
	* Wandering Z91.83						

	Dementia in Other Diseases Classified Elsewhere (F02)						
	Severity						
Symptoms		Unspecified	Mild	Moderate	Severe		
	Without any symptoms	F02.80	F02.A0	F02.B0	F02.C0		
	With agitation	F02.811	F02.A11	F02.B11	F02.C11		
	*With other behavioral disturbance	F02.818	F02.A18	F02.B18	F02.C18		
	With psychotic disturbance	F02.82	F02.A2	F02.B2	F02.C2		
	With mood disturbance	F02.83	F02.A3	F02.B3	F02.C3		
	With anxiety	F02.84	F02.A4	F02.B4	F02.C4		
	* Wandering Z91.83						

	Unspecified Dementia (F03)						
Symptoms		Severity					
		Unspecified	Mild	Moderate	Severe		
	Without any symptoms	F03.90	F03.A0	F03.B0	F03.C0		
	With agitation	F03.911	F03.A11	F03.B11	F03.C11		
	*With other behavioral disturbance	F03.918	F03.A18	F03.B18	F03.C18		
	With psychotic disturbance	F03.92	F03.A2	F03.B2	F03.C2		
	With mood disturbance	F03.93	F03.A3	F03.B3	F03.C3		
	With anxiety	F03.94	F03.A4	F03.B4	F03.C4		
	* Wandering Z91.83						

ONE OF THE MOST PROBLEMATIC
ASPECTS OF THESE DISEASES ARE THE
SYMPTOMS OF AGITATION, ANXIETY,
AND BEHAVIORAL, PSYCHOTIC, AND
MOOD DISTURBANCES. THESE
SYMPTOMS CHANGE OVER TIME WITH
THE SEVERITY OF THE DISEASE.

### Behavior examples per ICD-10-CM

- Agitation: restlessness, rocking, pacing, exit-seeking, profanity, shouting, threatening, anger, aggression, combativeness, or violence.
- Other behavioral disturbance: sleep disturbance, social disinhibition, or sexual disinhibition.
  - If documentation supports wandering (291.83), guidelines direct to also code the underlying disorder. In the case of vascular, other, or unspecified dementia, code the underlying disorder as "with other behavioral disturbance".
- Psychotic disturbance: hallucinations, paranoia, suspiciousness, or delusional state
- Mood disturbance: depression, apathy, or anhedonia.
- Anxiety: as stated.

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SOURCE: AAPC.COM



