

# RASCALLY REFLECTION



**Grade Level:** Preschool to First Grade Ages 4-6

**Objective:** Children will understand the concepts of self-acceptance and kindness, recognizing the unique qualities in themselves and others.

**Materials Needed:** A copy of "*Rascally Reflection*" by Jaybie D., mirror, paper, and crayons or markers.

**Introduction (5 minutes):** Gather the children in a circle to show them the mirror and ask, "What do you see when you look in the mirror?" Discuss how mirrors reflect our images and sometimes, in stories, they can show magical things.

**Read Aloud (10 minutes):** Read "*Rascally Reflection*" aloud. Pause occasionally to ask predictive questions like, "What do you think the mirror will show next?"

**Discussion (10 minutes):** Ask the children how Vicky felt at the beginning of the story. Then ask what the mirror showed her. How did Vicky's feelings change by the end of the story and why? Discuss the importance of accepting ourselves and being kind to others.

**Activity Options (15 minutes):** 1. Give each child the drawing materials and ask them to draw themselves on one half of the paper. On the other half, have them draw something kind they can do for someone else and then let each child share their act of kindness with the group. 2. Create a "Kindness Tree" in the classroom where children can add a leaf each time they perform an act of kindness. 3. Role-play different scenarios with the children to practice kind behaviors.

**Conclusion (5 minutes):** Recap the main points of: 1. Everyone is unique and special. 2. Being kind makes others happy and makes us feel good too. 3. Encourage the children to practice one act of kindness today.