PRESS RELEASE



Unlocking the Strength of an Open Heart

"Beware The Guarded Heart" — A Thoughtful Tale of Trust, Friendship, and Emotional Growth

Austin, Texas, United States, May 2025 --- In her latest heartfelt picture book, Beware The Guarded Heart, Jaybie D. takes young readers on an emotional journey of self-discovery, trust, and connection. This touching tale explores what happens when we build walls around our hearts—and what can happen when we let someone in.

Perfect for young readers learning to navigate emotions and relationships, Beware The Guarded Heart encourages children to recognize their feelings, embrace vulnerability, and understand that true strength comes not just from protecting ourselves, but from knowing when to open up.

Free teacher lesson plan, flash cards, flip book, coloring page and more are all available at www.JaybieD.com.

Key Information

- Title: Beware The Guarded Heart
- Author & Illustrator: Jaybie D.
- Genre: Children's Picture Book
- Ages: 5-8
- Page Count: 42
- Page Size: 8" x 10"
- ISBN's: Hardcover 978-1-961860-28-5, Paperback 978-1-961860-29-2, e-Book 978-1-961860-30-8



Author Bio

Jaybie D. creates picture books that speak to the hearts of young readers, blending engaging storytelling with meaningful themes that resonate beyond childhood. With Beware The Guarded Heart, she explores the delicate balance between self-protection and trust, encouraging children to recognize their emotions and build connections with kindness and understanding.

Inspired by real-life moments and the emotional growth of young minds, Jaybie D. writes stories that help kids navigate their inner world with courage and compassion.

Author Quote

"It's natural to want to guard our hearts, but true strength comes in knowing when to let someone in. This story gently encourages kids to embrace connection while honoring their own feelings." – Jaybie D.



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Sample Excerpt 1

One day, a mysterious sparkle caught Aidan's eye. A magical fairy, floating from the sky.

He felt a whir, and in an instant – HE **F** LI twhisked him away to a world bright and true.

In this realm, the toys came to life. Happy and cherished, devoid of strife.

Sample Excerpt 2

Dolls twirled gracefully with delight. Bears shared hugs, a comforting sight.

Aidan's heart soon filled with awe. The toys had feelings, much like us all.

Robots made block castles that reached the sky. Laughter echoed, and birds soared high.

Sample Excerpt 3

But as he returned to his familiar abode... The toys he mistreated, shrunk him down. To witness their world, to feel their frown.

For Review Copies and Media Inquiries

High-resolution images, sample pages, and review copies are available upon request from the author at: MissDebbie@JaybieD.com. Scanning from the book or lifting from the mechanical file is strictly prohibited.

All Excerpts Must Include The Credit Line

"Beware The Guarded Heart" written and illustrated by Jaybie D."



Availability

"Beware The Guarded Heart" is available for purchase on Amazon and at bookstores nationwide. Retailers can order copies through Ingram Spark.









