



## FAMILY FOUNDATION FUND

Restoring Fatherhood

Summer 2022

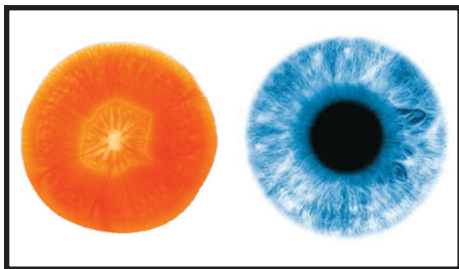
[www.FamilyFoundationFund.org](http://www.FamilyFoundationFund.org)

Our Father (Elohim God the Creator) designed the body to be his temple. I Corinthians 6:19, every cell, organ, muscles, neurological system, digestive system, respiratory system and reproductive system were all designed by our Father.

He told us in Genesis how to nourish and care for our body/temples so they would remain strong and youthful. We were designed originally to live forever; this was before our earthly father (Adam) chose to disobey the heavenly father and eat from the forbidden tree.

*Then God said, I give you every seed-bearing plant on the face of the whole earth and every tree that has fruit with seed in it. They will be your food. And to all the beasts of the earth and all the birds of the air and all the creatures that move on the ground everything that has the breath of life in it I give every green plant for food.*—GENESIS 1:29

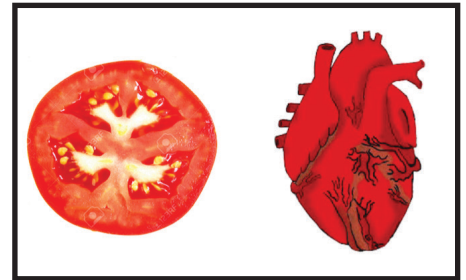
**Carrots:** It's not for nothing that your parents told you to "eat your carrots" when you were a kid. Turns out on top of making your eyes sparkle and vision clearer - eating carrots enhances the blood flow to the eyes. They are also full of Vitamin A, Vitamin C, Vitamin K, Vitamin B8, pantothenic acid, folate, potassium, iron, copper and manganese.



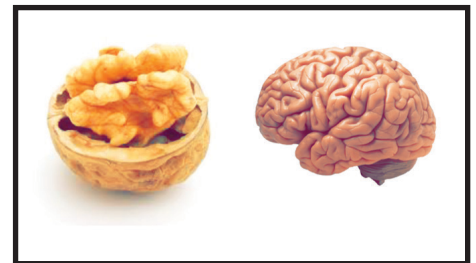
### Tomatoes:

Tomatoes are also an excellent source Vitamin C, biotin, molybdenum and Vitamin K.

They are also a very good source of copper, potassium, manganese, dietary fiber, Vitamin A (in the form of beta-carotene), Vitamin B6, folate, niacin, vitamin E and phosphorus.



**Walnuts:** Walnuts help in developing over three dozen neuron-transmitters within the brain enhancing the signaling and encouraging new messaging link between the brain cells. Walnuts help warding off dementia. They also extract and break down the protein based plaques associated with Alzheimer's diseases.



As parents we are responsible for teaching our families that the human body is the temple of our Father. When we have embraced and received the gift of life purchased through the shed blood of (Jesus/Yahusha) and his triumph over death, sin and the grave, we are restored to our relationship with the Father (Yah) and his son (Jesus/Yahusha) allowing the Holy Spirit to come and make its abode in us.

We then become a branch of the true vine.

*I am the true vine and my Father is the husbandman. Every branch in me that does not bear fruit he takes away: and every branch that produces fruit, he prunes it, that it may bring forth more fruit. Now you are clean through the word which I have spoken unto you. Abide in me, and I in you. As the branch cannot bear fruit of itself, except it abide in the vine; no more can you, except you abide in me. I am the vine, you are the branches: He that abides in me and I in him, the same brings forth much fruit: for without me you can do nothing.*—JOHN 15:1-5

Do we make the connection what our Father told us to eat naturally in Genesis 1:29 represented who we are to be spiritually: we are branches on the vine and as we continue to mature we become trees of righteousness established by our father who lives in us. As we allow him to have the reins of our heart we will bare much fruit. He is the bread of life, the word. When we partake of the bread of life we are nourished, strengthened and will grow symbolically from an acorn to a mighty oak....tree of righteousness.



## SonShine Farms TN

We want to thank all of our share partners for your faithful support of the social enterprise component of the Family Foundation Fund mentoring program. Your partnership helps us to provide a learning lab of real life experiences...overcoming pestilence, scorching heat, raccoons, ground hogs, rabbits, birds, drought, and extreme weather patterns to produce healthy organic produce. In the process the sons learn

to persevere in the midst of adversity and that trusting in the Most High will always bring you through.

We are grateful for the host of our 3rd Saturday volunteers for their labor of love. It is always encouraging to see those who have been faithful through the years and the new faces that come to fellowship and join in the organic joy ☺! Special shout out to Mark & Payton who drove in from Alabama to be with us on the 3rd Saturday in August. We invite you to join in with us for our October 15th farm day, from 8:00 am to 12:00 pm. We have a wonderful time while laboring together and the FFF sons get to see the community of faith united for a common cause!

As parents if we will train our children in the way of our Father's kingdom, they will be healthier and grow up with an understanding of His will and His ways. Teach them to stay away from the sugar, dyed, and genetically modified foods that will ultimately bring sickness and disease to the body/temple. Their beverage of choice should be water. It is important that we as parents model this choice of beverage.

The nutritional input is important and will ultimately determine the health of the body. It is prophetically significant that our families understand the prophetic symbolisms divinely engineered into the body/temple.

After the end of the summer we closed out with a wilderness excursion at Adventure Works. The sons spent time zip lining through the forest at the Fontanel Mansion. Even in his 73rd year PaPa Onnie rode the zip lines through the trees. It was a sight to see!





# Where are the FATHERS?

*\*Coming in 2023*

**Where Are the Fathers?** is a resource to bring understanding to a degenerating fatherless culture. Through the applications of biblical principles established and proven affective over four decades of fathering.

These principles have been foundational to the successes of the Family Foundation Fund mentoring program and our hope is as these principles are brought to this format, those who desire to embrace and apply them will empower the generations coming behind them.

WhereAretheFathers.org will host a web based resource center designed to bring understanding of the spiritual and natural fathering. There will be tri-annual work shops where men are endowed with proven foundational principle. These principles through application and life style changes will enable them to change the course of family disintegration.



The 2022 summer mentoring program was quite an experience and we had several milestones for young men. This summer we were blessed to be hosted by all of our sponsors at the Wildwood Resort & Marina in Granville, TN. John and Natasha D. have been hosting this summer recreation day for us for over 17 years. David and Adele B., a FFF surrogate father/family, was one of three boat captains and single handedly took responsibility for throwing everyone off the tube. Brian and Carol H. lodged us for the evening and we enjoyed the s'mores, fellowship, camp fire stories and water balloon fights. Tod and Jean S. sponsored several of our meals during our time at the Marina.



This summer we also were privileged to go down to Athens, Alabama and spend some time with a dear friend and longtime supporter of our cause Tom S.. Tom and Sylvia have always been very supportive of the mentoring program through prayers, financial support and sharing his beautiful lake home. They have faithfully partnered with us through the years.



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*Restoring Fatherhood*

www.FamilyFoundationFund.org

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## Mission Statement

*The Family Foundation Fund's mission is to nurture fatherless boys into Christ-centered manhood*



**John 5:20, 30**

***For the Father loves the Son, and shows him all things that he does: and he will show him greater works than these that you may marvel. I can of mine own self do nothing: as I hear, I judge: and my judgement is just; because I seek not mine own will, but the will of the Father which has sent me.***



## Matthew Cody Gainous

Matthew Cody Gainous became a Family Foundation Fund son in 2016. He was a quiet little fellow that never said very much. Today he is 17, stands 6 ft 3 inches tall and has a smile that brightens up the atmosphere. He is a junior

at Lipscomb Academy. During the summer program he had an internship with Kingdom Works. Kingdom Works is a lawn care and landscaping company. He worked hard saving up funds for his first automobile to be purchased soon. During his summer

internship he learned a lot about working outdoors. He also celebrated his Passage to Manhood on September 10th, a special time in a young man's life where elders of the community come together and bless him on his pathway of life and the work Yah (God the father) has for him to do.

