

Policies, Etiquette, Appointment Instructions & More...



Sista Girl Styles

Client Guide to *Sisterlocks*®

The Sisterlocks Package

Sisterlocks is offered as a package of 3 visits:

1. The *Sisterlocks*® Consultation
2. The Locking Session (may be 1 to 3 days)
3. The follow-up re-tightening session (done after at least 2 shampoos).

First Visit: The Consultation

During this session you and your Consultant will discuss your personal hair care history, your styling preferences and your lifestyle in order to determine if Sisterlocks is right for you. You will also have a cluster of approximately 8-12 "SAMPLE LOCKS" put in your hair to see if they will hold, check sizes, verify the amount of scalp showing, settling-in time, etc. This consultation is essential for both you and your Consultant to ensure you get your Sisterlocks done in the most suitable way.

Second Visit: The Locking Session

Bring a good book because the locking process can take from 10-20 hours or even longer in some cases. The average Sisterlocks customer will leave this session with an average of 400 locks and a whole new attitude! Your Consultant will provide you with a "Starter Kit" that includes the proper shampoo for starting your locks, tiny rubber bands and "tip sheets" on grooming and shampooing as your locks settle in. Be sure to schedule your follow-up visit before you leave. Good maintenance is the key to gorgeous Sisterlocks over time.

Third Visit: Follow-up

This visit should be scheduled after at least two shampoos, which is usually within one month from the date of your Locking Session. Your Consultant will monitor the integrity of your locks, tighten them up and give you an idea of how long the settling-in process is likely to take. You can also begin discussing styling tips for the 'total look' that's right for you!

Ongoing Follow-up Visits

It is recommended that you schedule your first few re-tightening visits at 4-6 week intervals. This way the progress of your locks can be easily monitored. As your locks mature, your Consultant will be able to determine how often you will need to come in for re-tightening on a regular basis. The average time between visits is 4-8 weeks, depending on the hair type and rate of growth.



The Sisterlocks® Consultation

Sisterlocks® are permanent and should not be considered if you are looking for a quick fix or a temporary reprieve from chemical processing.

At the *Sisterlocks*® consultation you can expect to spend approximately 90 minutes. The consultation is designed to discuss the *Sisterlocks*® hair locking process. You will be asked question regarding your lifestyle as it relates to your past and current haircare practices. This includes pasts hair styling habits, shampooing habits, daily activities such as exercise, outdoor pleasures, eta. We will discuss how the *Sisterlocks*® process differs from other hair locking techniques. Your unique natural hair texture affects the appearance of *Sisterlocks*®. The use of certain types of haircare preparation affects the feel and appearance of *Sisterlocks*®.

At the consultation, you will receive 8 to 12 sample locks. You should have at least 3 to 4 inches of hair length. Less than 3 inches will make the sample locks difficult to analyze. The purpose of these samples is to determine your natural hair texture any changes is texture and density, and to choose which locking pattern is best suited for your particular hair type. It is **REQUIRED** that your hair be clean, free of any oils or conditioners and without braids, weaves or extensions. If you are transitioning from chemically processed hair to natural, at least 1.5 to 2 inches of new growth is necessary. **YOU DO NOT NEED TO CUT OFF YOUR RELAXED HAIR**. If you have recently relaxed your hair or are between braiding appointment, you will need to reschedule the consultation. If you have extreme dandruff, eczema or psoriasis condition or an unhealthy scalp, which requires treatment, please reschedule until the condition has improved.

In order for *Sisterlocks*® to be uniform in appearance and remain strong and healthy, we must form a partnership, this partnership means agreeing to be consistent with retightening appointments, following post appointment instructions, and using recommended *Sisterlocks*® products, **EXCLUSIVELY**.



Appointment Instructions

Prior to your locking session:

These instructions are very important leading up to your upcoming locking session.

1. Come to your appointment with your hair **clean**.
2. Please do not blow dry, straighten, braid, nor plait your hair in any way.
3. **Do not** add any water, conditioners, oils or moisturizers.

Please do not plan any other activities the day or days of your installation appointment. It is impossible to predict exactly how long your locking session will take.

After your locking session:

Here are some tips to help make your *Sisterlocks*® experience go as smoothly as possible:

1. **FOLLOW** the shampooing instructions in your Starter Kit. Most importantly, be sure to **BUNDLE** - Braid sections of your hair together, tuck the ends, and secure with a rubber bands prior to shampooing. Rinse is very important.
2. **SEPARATE** your locks from the root after **EVERY** shampoo. This is important to keep locks from joining together and it can reduce your re-tightening time. Dry hair thoroughly before going to bed. This prevents mildew and odor from forming in your locks.
3. **DO NOT USE OIL-BASE PRODUCTS.** Your new locks are in a “settling in” phase. Softening agents found in moisturizes and conditioners can cause



your hair to resist the locking process and cause build-up especially if they are not water-soluble.

General Maintenance

IF YOU ARE SICK, AT ANY STAGE, PLEASE RE-SCHEDULE. IF YOU COME IN EXHIBIT SIGNS OF ILLNESS YOUR APPOINTMENT WILL BE CANCELED.

1. It is important to maintain regular maintenance. Re-tightening typically ranges between 3-5 hours, If you do not re-tighten you locks on schedule your time and costs will increase.
2. For health reasons please come to your appointments with your hair clean and completely product free. Shampoo no later than 24 hours before your appointment. If your hair is not cleaned, your appointment will be re-scheduled and additional fees may apply.
3. Your next appointment should always be scheduled before you leave to ensure availability.
4. Your re-tightening appointment is an excellent time to purchase your *Sisterlocks®* products.
5. Please do not hesitate to ask question if you have questions.



Client Agreement

1. I have received a consultation regarding the *Sisterlocks*® system of natural hair management and have understood the instructions on the locking process, washing techniques, and daily care.
2. I agree to use *Sisterlocks*® products to maintain my locks. I understand *Sisterlocks*® products are formulated to produce the best results, and that using products other than *Sisterlocks*® may result in lock slippage, tangled or unlocked hair.
3. I understand that regular appointments are necessary to maintain my locks, and that if any scheduled appointments are missed, Sista Girl Styles is not liable for the conditions of my locks.
4. I acknowledge that I have read and that I understand Sista Girl Styles® Etiquette, Policies and Appointment Instructions.

Client Name: _____ Signature: _____ Date: _____