



VIRAMONTES SMILE CARE

DENTAL HYGIENE PRACTICE

INFORMED CONSENT

You have the right to accept or reject dental treatment recommended by your dentist. This form is intended to provide you with an overview of potential risks and complications. Prior to consenting to treatment, you should carefully consider the anticipated benefits, commonly known risks and complications of the recommended procedure, alternative treatments or the option of no treatment.

It is very important that you provide your dentist with an accurate medical history before, during and after treatment. It is equally important that you follow your dentist's advice and recommendations regarding medication, pre and post treatment instructions, referrals to other dentists or specialists, and return for scheduled follow up appointments. If you fail to follow the advice of your dentist, you may increase the chances of a poor outcome. Please read the items below and sign at the bottom of the form.

During your course of treatment the following care will be provided to you:

- _____ **Examination and X-Rays** X-Rays are required to complete your examination, diagnosis and treatment plan. A periodic examination will be provided by the dentist at all routine cleanings to evaluate your teeth for decay, gum disease, oral cancer and overall health.
- _____ **Dental Prophylaxis (Cleaning)** A routine dental prophylaxis involves the removal of plaque and calculus above the gum line and will not address gum infections below the gum line called periodontal disease. Some bleeding after a cleaning can occur, however, should it persist and if it is severe in nature the office should be contacted.
- _____ **Scaling and Root Planing (SRP/Deep Cleaning)** This treatment involves removing the bacterial substance known as plaque, which is the principal cause of periodontal disease and calculus (tartar), which is an accumulation of hard deposits on the tooth above or below the gingival margin. A topical and/or local anesthetic may be administered depending on the sensitivity of the area to be treated. The success of the treatment depends in part on your efforts to brush and floss daily, receive regular cleaning as directed, follow a healthy diet, avoid tobacco products and follow proper home care taught to you by this office.
- _____ **Fluoride Treatment** A topical fluoride treatment may be applied to help strengthen tooth enamel, reduce the risk of tooth decay, and help prevent cavities. Fluoride is generally safe; however, temporary side effects may include mild irritation of the soft tissues or a temporary change in taste.

I understand that because cleanings involve contact with bacteria and infected tissue in my mouth, I may also experience an infection, which would be treated with antibiotics.

I also understand that after the procedure I may experience:

- Post-Operative discomfort and swelling that may persist for several days.
- Stretching of the corners of the mouth with resultant cracking and bruising.
- Injury to the nerve underlying the teeth resulting in numbness or tingling of the lip, chin, gums, cheek, teeth, and/or tongue on the operated side: this may persist for several days, weeks, months, or in some instances, permanently.
- Swelling, bruising, and bleeding of the gum tissue.
- Shrinkage of the gum tissue.
- Sensitivity of the teeth.
- Loosening of the teeth.
- Exposure of margins of previous crowns or caps.

Patient Signature

Date