

Inclusion criteria	Exclusion criteria
Aged between 18-65 inclusive	Current insulin user
Diagnosed with Type 2 diabetes within last 6 years	Currently breastfeeding
BMI of $\geq 27\text{kg/m}^2$ in people from White ethnic groups (adjusted to $\geq 25\text{kg/m}^2$ in people from Black, Asian and other ethnic groups)	Pregnant or planning to become pregnant within the next 6 months <i>(Note: Weight loss may cause prior fertility to return)</i>
	Had bariatric surgery
Engaged with diabetes care: Attended monitoring and diabetes review when last offered, including retinal screening, and commit to ongoing annual reviews, even if remission achieved. (No need to await retinal screening if newly diagnosed)	Has at least one of the following co-morbidities: Active cancer; heart attack or stroke in last 6 months; severe heart failure (New York Heart Association grade 3 or 4); severe renal impairment (most recent eGFR $< 30\text{mls/min/1.73m}^2$); active liver disease (not including NAFLD); active substance use disorder; active eating disorder; porphyria; or known proliferative retinopathy that has not been treated (except newly diagnosed not yet screened). <i>Note: History or presence of gallstones or biliary disease should be reviewed as rapid weight loss can exacerbate underlying issues.</i>
HbA1c within 12 months, with values as follows: <ul style="list-style-type: none"> If on diabetes medication, HbA1c 43-87 mmol/mol inclusive If not on diabetes medication, HbA1c 48-87 mmol/mol inclusive 	Health professional assessment that patient is: unable to understand or meet the demands of the NHS LCD Programme and/or monitoring requirements; or for whom the programme is not appropriate clinically (consulting with relevant Specialist teams for patients with relevant conditions) or for whom safe and robust medications adjustment would not be practical in a primary care setting.