Leadership Resilience

in the Face of Crisis... and Beyond



What is the **Leadership Resilience** Program?

A customized virtual development program offering approaches and techniques for growing, sustaining, and reinvigorating you, your team, and your organization.

PERSONAL RESILIENCE FOR LEADERS.

Sample topics: Energy management, boosting wellbeing, keystone habits, mindfulness in action, stress hardiness.

RESILIENT LEADERSHIP OF INDIVIDUALS.

Sample topics: Empathic communication, fast-track coaching, doubling down on relationships, acting decisively, sharing leadership.

RESILIENT LEADERSHIP OF TEAMS.

Sample topics: Focusing on purpose, promoting interdependence, optimizing trust, taking risks, rapid team improvement, growing a responsibility mindset.

RESILIENT LEADERSHIP OF ORGANIZATIONS.

Sample topics: Designing from the heart, putting the mission first, speed over elegance, owning the narrative, championing priorities, seeding a resilience-focused culture.

BREAKDOWN OF LEADERSHIP RESILIENCE PROGRAM

Program Fundamentals

PROGRAM COMPONENTS:

Webinars with presentation, interactive activities and small group work, tangible individual resilience development plans for sustainable behavior change, and group coaching.

OPTIONAL COMPONENTS:

Individual Coaching and Team Coaching



FACILITATORS

Dan Feldman, Ph.D., President of Leadership Performance Solutions, has been an executive coach and leadership development expert for over 25 years and is a certified professional facilitator. Dan helps his clients address their leadership challenges, build sustainable leadership, and inspire their teams to excel.

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COLLEEN BASTIAN, PH.D.

Colleen Bastian, Ph.D., President of Invoke Leadership, is an executive coach and leadership and diversity consultant who achieves business results through applying psychology principals and her business background to help her clients reach their greatest potential.

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