

# Acro Camp

This is a camp you'll flip over! Acro camp is offered to ages 8 and up at our Goldsboro location. According to your skill level, you will learn a variety of mat exercises, from basic front rolls and handstands to aerials and handsprings. We will work on power passes, controlled passes, and various balance tricks. Our focus will be on proper technique, conditioning and strengthening exercises, and creating confidence in our acrobats. 9am-12pm

**Session 1: June 14-18**

**\$160**

Rules of the studio:

Tuition is due the day of class. For your convenience we offer a credit card authorization form or EFT. (See office for details) No food, drinks, or gum will be allowed in any areas except the snack room. No pets allowed in the building, this protects those children with severe allergies. No street shoes will be allowed on the dance floor.

I, \_\_\_\_\_, the parent or guardian of \_\_\_\_\_, a minor child, do hereby consent for he/she to receive training in dance and/or tumbling at A Step of Class. The undersigned parent understands and acknowledges that dance is a physical activity and may result in personal injury. ASOC will take all precautions to try and prevent such a happening. However, in consideration for the training of my minor child in dance and/or tumbling, the undersigned parent will not hold ASOC and its entire staff responsible for any and all claims, damages and expenses arising out of personal injury that may be sustained by my minor child while engaged in dance and/or tumbling at A Step of Class. Thank you for your cooperation regarding our policies.

I have read and do understand the above policies of A Step of Class.

Parent/Guardian Signature \_\_\_\_\_



# 2021 Summer Camps



P.O. Box 11450  
2732 Graves Dr.  
Goldsboro, NC 27532  
(919) 778-5098  
asoc@bellsouth.net



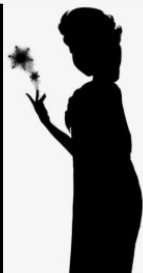
# Princess Day Camps



Our Princess Day Camps, specifically designed for dancers ages 3-7, incorporate lessons in ballet, tap, and tumbling, while centering our curriculum around a different character each week. We encourage artistic expression with arts and crafts, spark imaginations in story time, and make time for snacks during a royal "tea party".

## Day Camps Offered

- ◆ Ariel (6/15) ◆
- ◆ Moana (6/22) ◆
- ◆ Cinderella (6/29) ◆
- ◆ Elsa (7/6) ◆
- ◆ Belle (7/13) ◆



\$40 per camp

\$160 for 5 camps

9am-12pm

## MINI ACRO DAY CAMP



According to your skill level, learn and improve upon basic passes to power and balance tricks. We will focus on conditioning and strengthening exercises and learn how to safely execute tricks. This camp is designed for dancers ages 5-8.

June 22nd ◆ 1pm-4pm ◆ \$40

Campers will be taught cheerleading motions and technique, cheer jumps, stunts, gymnastics, sideline cheers, dance technique and various dance steps. This is the perfect camp to build confidence in your dancers leadership skills and performance abilities. Designed for ages 6 and up.

June 29th ◆ 1pm-4pm ◆ \$40

## Cheer Camp



# 2021 Summer Registration Form

2732 Graves Dr., Goldsboro, NC 27534

Phone: 919-778-5098

- |                                     |                                    |                                |
|-------------------------------------|------------------------------------|--------------------------------|
| <input type="checkbox"/> Ariel      | <input type="checkbox"/> Elsa      | <input type="checkbox"/> Cheer |
| <input type="checkbox"/> Moana      | <input type="checkbox"/> Belle     | <input type="checkbox"/> Acro  |
| <input type="checkbox"/> Cinderella | <input type="checkbox"/> Mini Acro |                                |

Student's Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Learning Disabilities or Health Problems: \_\_\_\_\_

Previous Dance Training: # of Years \_\_\_\_\_ Where: \_\_\_\_\_

How did you hear about A Step of Class: \_\_\_\_\_

Mailing Address: A Step of Class, PO Box 11450, Goldsboro, NC 27532

**Please read and sign the back of this form.**

Payment Options: Cash    Check    Credit Card    Electronic Funds Transfer