

# 2026 Summer Camps

•Classics

## Acro Camp

This is a camp you'll flip over, for ages 8 and up! We will work on various balance tricks, power, and controlled passes. Our focus will be on proper technique, conditioning and strengthening exercises, and creating confidence in acrobatics.



**June 8th-12th**  
**1:00pm-4:00pm**  
**\$180**



## Mini Acro Camp

For our tiny acrobats ages 5-8



**June 25th**  
**1:00pm-4:00pm**  
**\$50**



## Princess Day Camps

- **The Little Mermaid** || June 25th
- **Moana** || July 2nd
- **Rapunzel** || July 9th
- **Frozen** || July 16th
- **Cinderella** || July 23rd

Our iconic Princess Camps are designed for your tiny princesses ages 3-6. We incorporate lessons in ballet, while centering our curriculum around a different Princess each week. We encourage artistic expression with crafts, spark imagination in story time, and make time for snacks with a royal tea party.



**9:00am-12:00pm**  
**\$50 per camp**  
**\$200 for all 5 camps**



**919-778-5098**



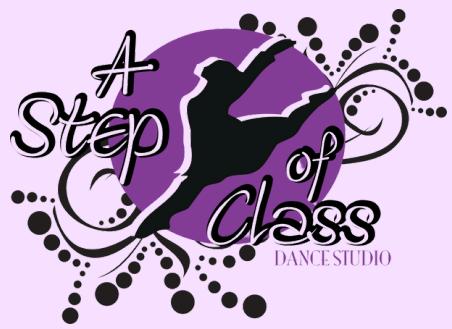
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# 2026 Summer Camps

•Returning



## Red Carpet Ready

Come get Red Carpet Ready with all of your friends! We will do hair, makeup, nails and wardrobe together. We will have a glow dance party, finger foods, and pictures to follow!



June 23rd  
4:00pm-7:00pm  
\$75



## Cheer Camp

Designed for ages 6 and up, campers will be taught cheerleading motions and technique, along with jumps, stunts, gymnastics, sideline cheers, and dance steps. This builds voice, confidence, and leadership skills, while sharpening performance abilities.



July 2nd  
1:00pm-4:00pm  
\$50



## Icons and Pop Stars Camp

Previously known as Swiftie Camp, this year we're celebrating all music icons for ages 6-12! Come play games, dance, make friendship bracelets, and enjoy tons of fun while we jam out to today's biggest hits!



July 9th  
1:00pm-4:00pm  
\$50

## Bluey Camp

This camp target ages is 4-8. We incorporate dance lessons centering around Bluey, along with playing games, making crafts, and more!



July 16th  
1:00pm-4:00pm  
\$50



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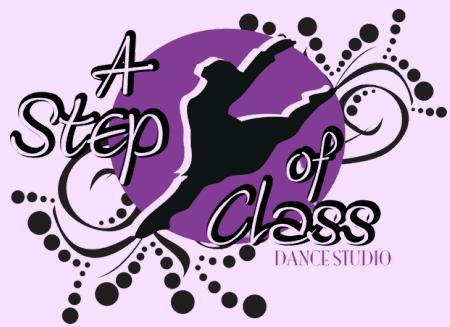
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# 2026 Summer Camps

•New for 10 & under

## Paw Patrol Camp

“No job’s too big, no pup too small!” For ages 2-6, Ryder and his rescue pups need your help with Adventure Bay! Have fun making crafts and completing obstacles courses inspired by Paw Patrol adventures and more!



June 23rd  
9:00am-12:00pm  
\$50



## Kpop Stars Camp

Ages 6-10 can train like a star and shine bright like a pro! Listen to your favorite K-pop songs while learning hairstyles, have a photo shoot and have a chance to learn choreography inspired by trending K-Pop moves!



June 30th  
1:00pm-4:00pm  
\$50



## Camp Bedazzle

Where glitter is mandatory, creativity runs wild, and everything deserves rhinestones! Anyone 10-adult can come learn tips and tricks.



July 21st  
1:00pm-4:00pm  
\$75



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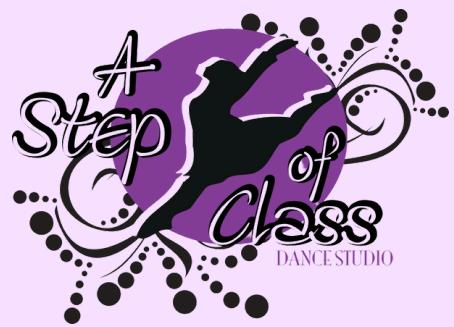
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# 2026 Summer Camps

•New for younger campers

## Baby Baton Camp

Ready, set, twirl! This blend of twirling and dance will boost confidence and coordination! This camp is perfect for young girls ages 5-10.



June 30th  
10:00am-1:00pm  
\$100



## Art In Motion Camp

Lets blends dance, creativity, and imagination to create visual and performing art masterpieces! This theme is perfect for campers 6-12 who love to move, create, design, and bring their artistic ideas to life.



July 7th  
1:00pm-4:00pm  
\$75



## Film Camp

Lights, camera, action! Come direct or star in your own mini movie!



July 14th  
1:00pm-4:00pm  
\$50



## Broadway Stars Camp

Take center stage this summer! Broadway Stars gives young performers the chance to sing, dance, act, and shine in a show-stopping final performance. Campers of any skill level or age welcome, every star will shine!



June 8th-12th  
9:00am-12:00pm  
\$180



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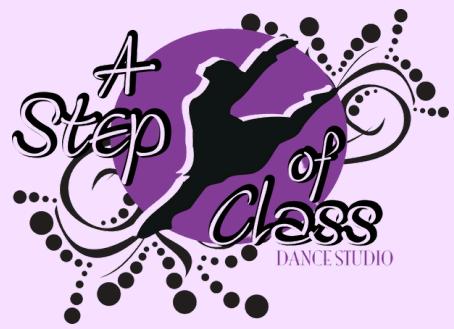
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# 2026 Summer Camps

•New for boys

## Boys Only Ninja Camp

Brothers, this is your chance to get out of the lobby, and into the studio! We will flip, kick, and jump our way through obstacles and secret missions!



**July 14th**  
9:00am-12:00pm  
\$50



## Sports Dance Fusion

The perfect camp for kids 6-10 who love movement, teamwork, and high-action fun. It blends the excitement of popular sports with the creativity and coordination of dance—helping athletes build skills and flexibility through the fun of dance!



**July 21st**  
9:00am-12:00pm  
\$50



## Movie Stunt Crew Camp

Become your own hero, and learn action scene choreography, as we finish the day filming a stunt sequence



**July 23rd**  
1:00pm-4:00pm  
\$50



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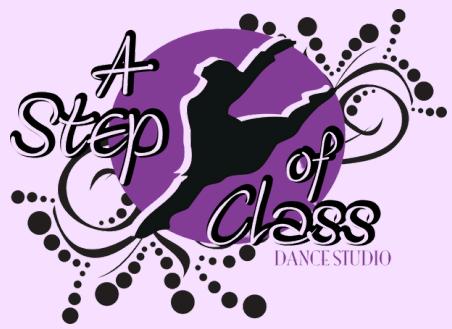
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# 2026 Summer Camps

•New for ages 10+



## Technique Tune-Up Camp

This camp is for serious dancers 10+. We will focus on refining your turns, leaps, extensions, flexibility, stamina and more!



June 23rd  
1:00pm-4:00pm  
\$50



## Zumba

Get ready to sweat and smile in the ultimate dance party workout! No experience needed, just bring the energy!



June 29th, 30th, July 1st  
6:00pm-7:00pm  
\$60 for all 3 days



## Blocks & Bands Camp

Don't miss the most important camp of the year! We will learn how to utilize props to warm up, strengthen, and recover our bodies.



July 7th  
4:00pm-7:00pm  
\$50



## Pilates

Take your training to the next level, starting from the core! Anyone can join us, from younger advanced dancers, all the way to adults with no experience. We'll begin at a beginner level and advance each day, building strength, alignment, and confidence along the way.



July 20th, 21st, 22nd  
6:00pm-7:00pm  
\$60 for all 3 days



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# 2026 Summer Intensive

OUR BIGGEST  
EVENT OF THE  
SUMMER

## ASOC EXCLUSIVE SUMMER WORKSHOP

COMING JULY 27-30



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