

## Information About Topical Anesthetics

**\*\*\*\*TO BE USED BY A PHYSICIAN OR QUALIFIED HEALTH CARE PRACTITIONER ONLY\*\*\*\***

### Compound

Benzocaine 20%/Lidocaine 8%/Tetracaine 4% in a gel or ointment base (Compounded)

### Use

This topical anesthetic is a compound used to prevent pain associated from various medical procedures. Since the preparation is compounded, it is not available commercially. It is therefore not an FDA approved product. The use of this product is solely at the discretion of the prescribing physician for the use of individual patients where commercially available topical anesthetics are not available, or have not met efficacy requirements by both the patient/and or clinician.

### Side Effects

The following is a statement we provide to patients. We encourage physicians to go over the potential side effects with patients:

"This preparation may cause local irritation in some individuals who are sensitive to the active ingredients. Either cool or warm sensation is common and does not necessarily indicate an allergic reaction to the gel. You may experience local numbness for a period of time, however such sensation should disappear over time. Other, more serious side effects could occur when systemic absorption occurs. If you are experiencing severe itching, marked redness, or swelling at the site of application, or you are experiencing blurred vision, nausea, dizziness, tremors, convulsions, respiratory problems, irregular heartbeat, or tinnitus, consult your Doctor, Pharmacist, or health care practitioner immediately".

### Precautions

Don not use this product if your patient is sensitive to local anesthetics (Benzocaine, Lidocaine, or Tetracaine). Use cautiously if your patient is allergic to Sulfa containing drugs or if he/she is allergic to PABA. The gel version is water soluble. The Ointment version is lipid soluble and contains almond oil. Use caution in patients allergic to almonds. Topical anesthetics should be used with extreme caution with patients using antiarrhythmic drugs, all cardiac patients, patients with compromised liver function patients using antiepileptic or anti-seizure drugs, children and the elderly. Neonatal use, or use in pregnancy is not recommended. This preparation is to be used topically only. Avoid getting this gel in the eye! In case of accidental contact in eyes, rinse affected area(s) with water for several minutes. Use caution in handling the affected area by avoiding extreme heat or cold, and over-scratching the site of application. Please note that we are not aware of any scientific studies that have been reported in the literature when Benzocaine containing products are swallowed or systemically absorbed. Please note that we are not aware of any scientific studies that have been performed for this combination of anesthetics. The use of this compound is therefore at the sole discretion of the prescribing physician. Use the product conservatively whenever possible!

I attest to understanding the above information and confirm that I do not have any of the medical history mentioned nor do I take any of the medication mentioned that would have an adverse effect with a topical anesthetic. Furthermore, I understand that there might be side effects to the medication as mentioned above.

Patient Name: \_\_\_\_\_ Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_