

COURSE SYLLABUS

20/100

T

H E

20/70

S U N

20/50

C O A S T

20/40

S E M I N A R

20/25

F O R O P T O M E T R Y

20/20

A P R I L 2 5 - 2 6 , 2 0 2 6



Saturday April 25

- 7:45 am - 8:15 am** **Registration**
Exhibit Hall Open
Continental breakfast - sponsored by *St. Luke's Cataract and Laser Institute*
- 8:15 am - 9:55 am** **Advances in Cornea, Cataract, Refractive and Glaucoma Surgery (2, TQ, COPE: 103831-GO)**
Neel R. Desai, M.D. and Priti Panchal, O.D.
- 9:55 am - 10:40 am** **Break**
Exhibit Hall Open
- 10:40 am - 12:20 pm** **Amblyopia Management for Primary Care O.D.s (1, COPE: 103274-FV)**
Acquired Brain Injury: What the O.D. Needs to Know (1, COPE: 103273-FV)
Richard Sorkin, O.D.
- 12:20 pm - 1:10 pm** **Lunch** - sponsored by *Retina Vitreous Associates of Florida*
Exhibit Hall Open
- 1:10 pm - 1:20 pm** **Lighthouse of Pinellas Update**
- 1:20 pm - 1:30 pm** **FOA Update**
- 1:30 pm - 3:10 pm** **Pharmaceutical Update - Innovations and Insights for Eye Care (2, TQ, COPE: 103324-PH)**
Greg Caldwell, O.D.
- 3:10 pm - 3:30 pm** **Break**
- 3:30 pm - 5:10 pm** **Latest Advances in Eye Care Technology - Innovations in Early Detection and Management (2, TQ, COPE:103700-GO)**
Greg Caldwell, O.D.

Sunday April 26

- 7:30 am - 8:00 am** **Registration**
Continental breakfast - sponsored by *the POA*
- 8:00 am - 9:40 am** **Grand Rounds - Improving Eye Care and Outcomes for Patients (2, TQ, COPE: 103866-TD)**
Greg Caldwell, O.D.
- 9:40 am - 10:00 am** **Break**
- 10:00 am - 11:40 am** **Prevention of Medical Errors (2, COPE: 102834-EJ)**
Alice Sterling, O.D.
- 11:40 am - 12:00 pm** **Lunch** - sponsored by *LENZ Therapeutics*
- 12:00 pm - 1:40 pm** **Florida Jurisprudence (2, COPE: 101024-EJ)**
Alice Sterling, O.D.



Grand Rounds
Improving Eye Care and Outcomes for Patients


Greg Caldwell, OD, FAAO
The Suncoast Seminar
April 25-26, 2026



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Disclosures- Greg Caldwell, OD, FAAO
All relevant relationships have been mitigated.

- Lectured for: Alcon, B&L, Dompé, Lenz
- Disclosure: Receive speaker honorariums
- Advisory Board: Dompé, Tarsus, Envision
- Disclosure: Receive participant honorariums
- I have no direct financial or proprietary interest in any companies, products or services mentioned in this presentation
- Disclosure: Non-salaried financial affiliation with Pharmanex/Nu Skin
- Healthcare Registries - Chairman of Advisory Council for Diabetes and AMD
- The content of this activity was prepared independently by me - Dr. Caldwell
- The content and format of this course is presented without commercial bias and does not claim superiority of any commercial product or service
- Optometric Education Consultants - Scottsdale, AZ, Pittsburgh, PA, Sarasota, FL, Barcelona, Spain, Orlando, FL, Mackinac Island, MI, Quebec City, Canada, and Nashville, TN - Owner



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Financial Obligations




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My Practice

- I am a clinician first then a scientist
- Some are scientists first then clinician
- I need to simplify for patient and patient care.
- Science is great, but not good if there isn't a clinical application.
- Some lectures are science based without clinical application.
- My lecture will be a hybrid. Showing clinical applications of the science

It is wonderful to have someone who's juggling so many aspects of optometry [scientific, clinical experience, teacher & lecturer]. It is refreshing and very informative. -Sarah



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Case 1- 65-year-old man

- Reports a sudden loss of vision OD
- *1-2 days ago
- Vision is counting fingers at 2 feet OD and 20/25 OS
- APD OD grade 4
- Fundus photos OU

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Photos OU



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CRAO Treatment/Work-Up/Follow-Up?

- Anterior chamber paracentesis (IOP < 24 hours)
- STAT blood work
- 2-10% of all CRAO are embolic from Giant Cell Arteritis (GCA)
- Sed-rate
- C-reactive protein
 - Qualitative or quantitative
- CBC with diff
- Monitor for neurovascularization, etc. 6 weeks

SOS

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CRAO, BRAO, TIA (amaurosis fugax)

- Acute Stroke Ready Hospital
 - Certification recognizes hospitals that meet standards to support better outcomes for stroke care as part of a stroke system of care
 - Developed in collaboration with the Joint Commission (JCI), eligibility standards include:
 - Dedicated stroke-focused program
 - Staffing by qualified medical professionals trained in stroke care
 - Relationship with local emergency management systems (EMS) that encourages training in field assessment tools and communication with the hospital prior to bringing a patient with a stroke to the emergency department
 - Access to stroke expertise 24 hours a day, 7 days a week (in person or via telemedicine) and transfer agreements with facilities that provide primary or comprehensive stroke services
 - 24/7 ability to perform rapid diagnostic imaging and laboratory testing to facilitate the administration for IV thrombolytics in eligible patients
 - Streamlined flow of patient information while protecting patient rights, security and privacy
 - Use of data to assess and continually improve quality of care for stroke patients
- Warm hospital if suspicion for GCA
- 20% of stroke or heart attack within 3 years
 - However, of those who experienced CVA or MI
 - 80% were within 24-48 hours; those remaining
 - 50% occurred in 2 weeks
 - Majority within the next 90 days
- Not PCP, not retinologist, just the Acute Stroke Ready Hospital!

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Acute Stroke Ready Hospital

- Is the basic level stroke hospital, better than not certified
 - This was created in 2015
 - If you have access to a: (Even Better)
 - Primary Stroke Center
 - Thrombectomy-Capable Stroke Center
 - Comprehensive Stroke Center even better



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COUNTY	FACILITY NAME	Acute Stroke Ready, Comprehensive Stroke Center or Primary Stroke	CITY	ZIP	ADDRESS
ALBANY	Phoenicia Hospital	Primary Stroke Center	Phoenicia	14850	9/24/2011 1835013
ALBANY	Paul Hospital	Primary Stroke Center	Paul	14830	9/10/2011 1835013
CLAREMONT	Park Highlands Healthcare - Dublin	Primary Stroke Center	Dublin	15805	9/29/2011 1835013
CLINTON	Lock Haven Hospital	Acute Stroke - Ready	Lock Haven	17245	10/13/2011 1835013
CLYDE	Stevens Hospital	Acute Stroke - Ready	Stevens	18801	10/20/11
CRAWFORD	Mount Airy Medical Center	Primary Stroke Center	Mount Airy	18533	9/29/2011 1835013
CUMBERLAND	PMC - Paradise Hospital - West	Primary Stroke Center	Mocksville	17350	11/8/2011 1835013
CUMBERLAND	PMC - Paradise Hospital - East	Primary Stroke Center	Carlisle	17015	9/28/2011 1835013
CUMBERLAND	Granger Park North Hospital	Primary Stroke Center	Granger Hill	17611	9/19/2011 1835013
HANCOCK	PMC - Paradise Hospital - Conowingo/Choptank	Primary Stroke Center	Hanover	17109	11/9/2011 1835013
HANCOCK	PMC - Paradise Hospital - Hamburg	Primary Stroke Center	Hamburg	17403	11/9/2011 1835013
HANCOCK	Carroll				11/9/2011 1835013
DELAWARE	Man Lion Hospital - Riddle Memorial Hospital	Primary Stroke Center	Meda	19063	8/1/2011 1835013
DELAWARE	Taylor Hospital	Primary Stroke Center	Billy Park	19078	11/10/2011 1835013
DELAWARE	Shoreline Medical Center	Primary Stroke Center	Lisbon	19111	11/10/2011 1835013
DELAWARE	Delaware County Memorial Hospital	Primary Stroke Center	Elmora	19926	10/20/2011 1835013
DELE	McIntosh Community Hospital	Primary Stroke Center	Elm	18509	10/20/11 1835013
DELE	PMC - Haver	Comprehensive Stroke Center	Elm	18510	9/11/2011 1835013
FRANKLIN	WellSpan Waynesboro Hospital	Primary Stroke Center	Waynesboro	17258	9/17/2011 1835013
FRANKLIN	WellSpan Chambersburg Hospital	Primary Stroke Center	Chambersburg	17250	10/20/2011 1835013
INDIANA	Indiana Hospital Medical Center	Primary Stroke Center	Indiana	13201	2/27/2011 1835013
LAGANAWANNA	Regional Hospital of America	Primary Stroke Center	Scranton	18510	10/20/2011 1835013
LAGANAWANNA	Corning Community Medical Center	Primary Stroke Center	Scranton	18510	5/28/2011 1835013
LAGANAWANNA	Monte Iorder Hospital	Primary Stroke Center	Scranton	18510	11/20/2011 1835013
LANCASTER	Lebanon General Hospital	Primary Stroke Center	Lebanon	17044	11/25/2011 1835013
LANCASTER	WellSpan - Ephrata Community	Primary Stroke Center	Ephrata	17522	9/13/2011
LANCASTER	PMC - Little	Primary Stroke Center	Little	17541	9/29/2011
LEGANNOX	St. Luke's Hospital, The	Primary Stroke Center	Littleton	12512	9/15/2011
LEHIGH	St. Luke's Hospital, Bethlehem	Comprehensive Stroke Center	Bethlehem	18019	6/29/2011

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2:04
Facebook
October 27, 2019

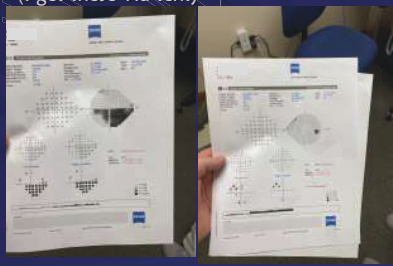
Last week I saw this (85-year-old male) patient with acute CRAO. I spent two days (STAT GCA bloodwork and lab tests) and his daughter that a carotid US should be done soon to evaluate risk for stroke if it doesn't make that part sound urgent. Unfortunately, he had a stroke the very next day. Since I made it a point to learn from mistakes, I did some research and found the CRAO

...which states that patients with acute CRAO should always be sent to the ER for immediate stroke and including GRT. How many of you do that? If not, why? And have you ever been burned? Thanks.

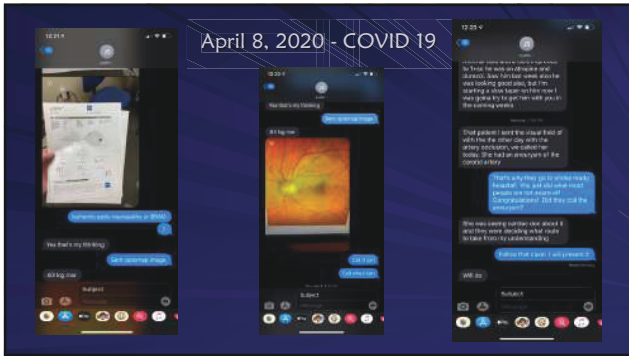
12

April 8, 2020 - COVID 19

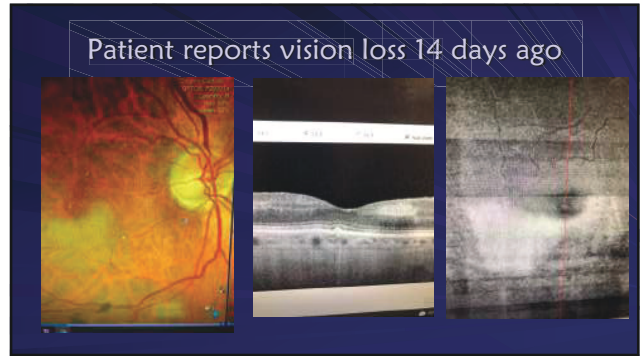
(I get these via text)



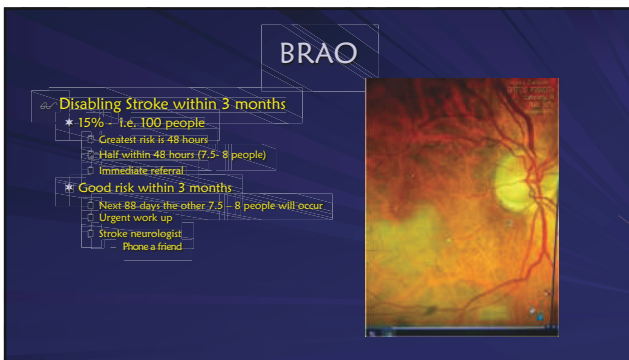
13



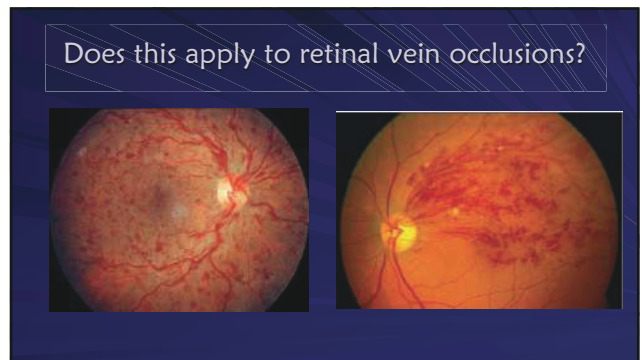
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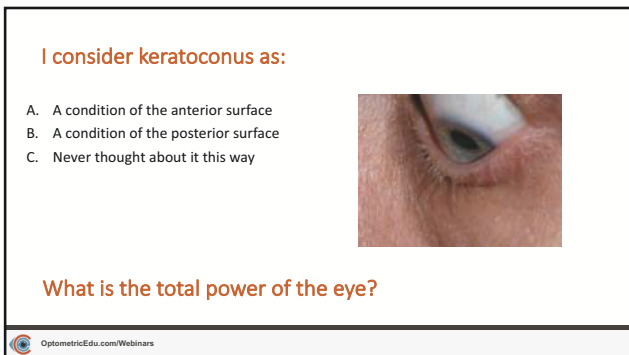
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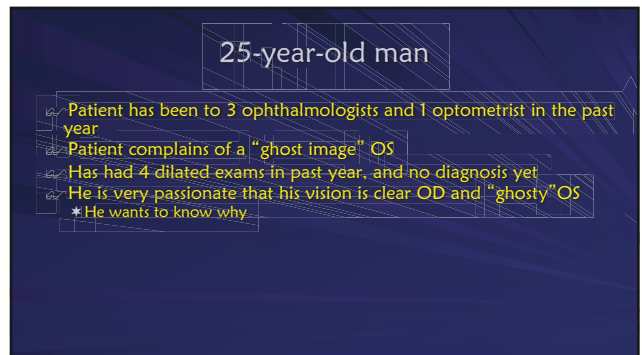
16



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19

"Ghost Image" OS

Va 20 / 20
 cc / 20

Current Correction
 R -2.50-1.00 x 180
 L -3.25-1.00 x 180

EOMS: full, unrestricted
 CT: ortho D/N

PERRL (-)APD
 CF: full by FC OU

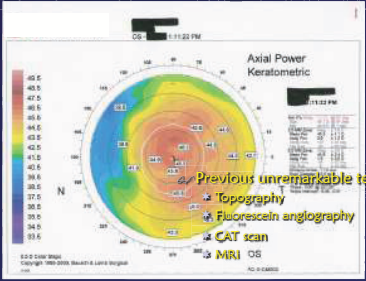
SLE-unremarkable
 Fundus-unremarkable

Previous unremarkable tests

- * Topography
- * Fluorescein angiography
- * CAT scan
- * MRI

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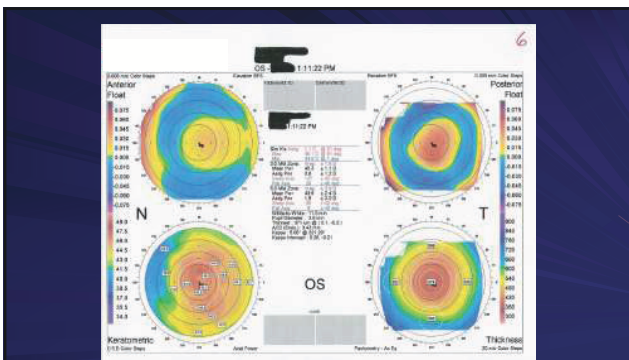
Any Thoughts About "Ghost Images"?



Previous unremarkable tests


- * Topography
- * Fluorescein angiography
- * CAT scan
- * MRI OS

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How I felt when I finally realized keratoconus starts posteriorly



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Forme Fruste Keratoconus

Treatment
 RGP lens in office and trial frame over refraction

- * Eliminated "ghost image"
- * Patient currently only in spex
- * Not interested in RGP lens
- * RTC 1 year. BVA and topographies

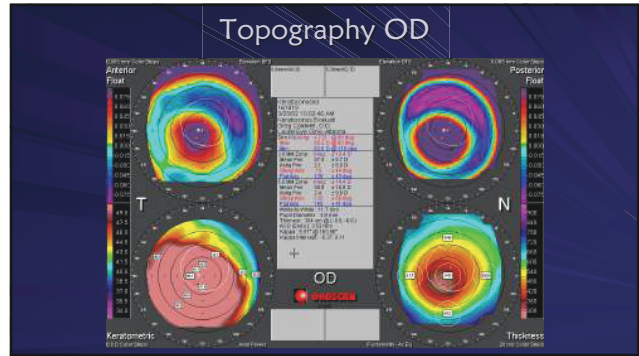
24

Case 3

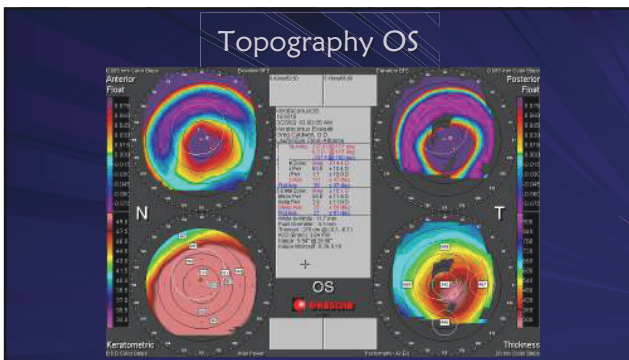
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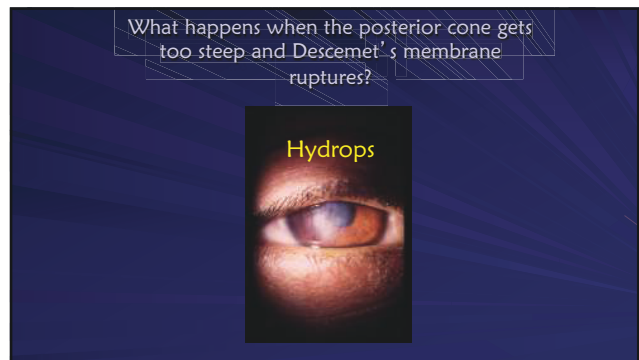
26



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Keratoconus

- Progressive corneal disease
 - Focal thinning, steepening, bulging, and irregular shape
 - Loss of biomechanical strength
 - Bilateral, asymmetric, clinically non-inflammatory
- Caused by a combination of genetic and environmental factors
 - Allergies and eye rubbing
- Onset In puberty
 - Typically progressive to 4th decade of life
 - Previously estimated 1:2000 (1986 US), more recent estimate 1:375 (2017 Netherlands)

Normal

KC

This slide compares a normal eye (Normal) with an eye affected by keratoconus (KC). The normal eye shows a smooth, regular corneal shape, while the KC eye shows a significantly bulged and irregularly shaped cornea.

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