

演讲的六个路线,条条路线通"卓越"

TOASTMASTERS
INTERNATIONAL

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5项核心技能

5项核心技能融入在每条路线, 来扩展学习技能。

- 公众演说
- 人际沟通
- 策略领导
- 组织管理
- 5 建立自信

5个路线级别

每条路线根据复杂性分为5个等 级。每阶段帮助您巩固和应用所 学知识。

- 第一级: 掌握基本知识
- 第二级:了解您的风格
- 第三级:增长知识
- 第四级:培养技能
- 第五级:展示专业知识

沟通技能



精通演讲

培养掌握当众演讲技能

5



运用幽默

建立公开演讲和演讲写作技能

5



有说服力的影响

培养领导能力,在复杂的情况下发挥技能

1 3 2

领导技能



动态领导

培养策略型领导者及提升化解冲突的技能

1 2 3 5



激励策略

培养和提升激励领导和沟通技能

1

2 3 5



愿景沟通

建立和提升创新、沟通和领导技能

3 2

5

PATHS (Projects listed are not	Tasks	AASTERS INTERNA	ARSTERS INTERNA	ANSTERS INTERNA	ASTERS INTERNA	ANSTERS INTERNA	ANSTERS INTERNA
according to sequence)			To long the state of the state	To the state of th			
		Presentation Mastery	Engaging Humor	Persuasive Influence	Dynamic Leadership	Motivational Strategies	Visionary Communication
		精通演讲	运用幽默	有说服力的 影响	动态领导	激励策略	愿景沟通
Level 1 Mastering Funda	amentals 掌握基本知识 【5次演讲 + 1次评论】	T		,		T	T
Required Project 所需作	<u>\psi\psi\psi\psi\psi\psi\psi\psi\psi\psi</u>						
初试啼声 (4-6分钟) Ice Breaker - 4-6min speech	自我介绍,了解公众演说的基本结构 Speech to introduce yourself to the club	✓	✓	✓	✓	✓	✓
撰写带有目的性的演讲 Writing a Speech With Purpose - 5-7min speech	稿 (5-7分钟) 本项目的目的是学习或复习撰写带有具体目的演讲稿的基本方法,并围绕任意主题发表一篇结构严谨的演讲 The purpose of this project is for the member to learn or review basic methods for writing a speech with a defined purpose and to present a well-organized speech on any topic.	✓	✓	√	√	√	✓
抑扬顿挫和肢体语言简: Introduction to Vocal Variety and Body Language - 5-7min speech	介 (5-7分钟) 本项目的目的是练习运用抑扬顿挫及肢体语言来强化 演讲效果。 The purpose of this project is for the member to practice using vocal variety or body language to enhance a speech	✓	✓	√	√	√	✓
评估与反馈 Evaluation & Feedback - 5-7min speech This project addresses the skills needed to give and receive feedback. You will learn about giving, receiving and applying feedback.	1. 第一次演讲 (5-7分钟) 任何主题发表演讲 2. 第二次演讲 (5-7分钟) 运用第一次演讲的反馈并将反馈 运用第二次演讲中 3. 评估员演讲 (2-3分钟) 担任评论员,发表和反馈的技能 - Serve as Speech evaluator	✓	✓	✓	✓	✓	√

PATHS (Projects listed are	not Tasks	STERS INTED.	STERS INTER	CTERS INTED.	SERS INTO	CRS INV	SERS INTO
according to sequence)		The state of the s	Schult Control of the	County of the Manustra	Samue Leader the	STATES INTERNATION OF THE PROPERTY OF THE PROP	Super Community
		Presentation Mastery	Engaging Humor	Persuasive Influence	Dynamic Leadership	Motivational Strategies	Visionary Communication
		精通演讲	运用幽默	有说服力的 影响	动态领导	激励策略	愿景沟通
Level 2 Learning You	r Style 了解您的风格 【两项所需作业 + 介绍Toast				, , <u>, , , , , , , , , , , , , , , , , </u>		
Two Required Projec	t 两个所需作业						
了解你的领导风格 (5-7分钟) Understanding Your Leadership Style - 5-7min speech	通过介绍不同风格问卷,确定自己的领导风格在某个方面或总体探讨领导力 - This project is designed to introduce the different styles of leadership and help you identify your preferred style.			✓	✓		✓
了解你的沟通风格 (5-7分钟) Understanding Your Communication Style - 5-7min speech	通过了解不同沟通风格问卷,确定自己的主要风格,分享自己的风格对他人的影响 This project focuses on recognizing your preferred communication style and understanding how your style impacts your interactions with others.	1			✓	√	1
了解幽默感 (5-7分钟) Know Your Sense of Humor - 5-7min speech	学习撰写幽默的故事,增强演讲本身的幽默感 This project focuses on understanding what makes you laugh and how to share that with an audience.		1				
与听众交流 (5-7分钟) Connect with Your Audience - 5-7min speech	练习与不熟悉的听众交流所需的技能 This project focuses on different audience types and how to address them effectively.		√				
主动倾听(5-7分钟) Active Listening - 5-7min speech	展现主动倾听技巧,在俱乐部会议担任·即席主持 This project covers the difference between hearing and listening, & steps for exploring the ways listening helps build strong, lasting connections.			✓		✓	
(5-7分钟) Effective Body Language	留意自己有意和无意识肢体语言的情况下发表演讲, 以及学习 和改进在运用非言语沟通的方式。发表演讲时 This project focuses on how to recognize body language used when speaking publicly and how to use gestures to enhance speech content.	√					
导师计划 (5-7分钟)	导师计划的价值以及导师与学员的视角 This project introduces the value of 'mentorship and the Toastmasters view of mentors and protégés.	✓	√	1	√	√	√

PATHS (Projects listed	are not Tasks	ANSTERS INTERNA	ASTERS INTERNA	ANSTERS INTERNA	ASTERS INTERNA	DSTERS INTERN	ASTERS INTERN
according to sequence)		Station Matter 1	Staging Human	Salve Indiana	State State And	The strong Street	State Community
		Presentation Mastery	Engaging Humor	Persuasive Influence	Dynamic Leadership	Motivational Strategies	Visionary Communication
		精通演讲	运用幽默	有说服力的影响	动态领导	 激励策略	愿景沟通
Level 3 Increasing	Knowledge 增长知识 【一个所需作业(1) + 至少两项			• • • • • • • • • • • • • • • • • • • •	7, , , , , , ,	, , , , , , , , , , , , , , , , , , , ,	
A Required Project	t 一个所需作业						
商议最佳结果 (5-7分钟) Negotiate the Best Outcome - 5-7min speech	-分析个人生活中过去或未来的商议 Analyze a past or future negotiation in your life - "商议目标设定"资源 Negotiation Goal Setting resource This project focuses on identifying negotiation styles, engaging in mutually beneficial discussions, and finding and building common ground.				1		
通过幽默感吸引 听众 (5-7分钟) Engage Your Audience with Humor - 5-7min speech	确定自己的幽默风格,运用围绕某个核心信息的演讲中 This project focuses on using humor to enhance the message you deliver in your speech.		1				
了解情商 (5-7分钟) understanding Emotional Intelligence - 5-7min speech	在于培养对情感影响人际关系的理解 -至少两周时间的记录 Maintain a journal for min 2 week - 项目完成表 Project Completion Form This project addresses elements of emotional intelligence. It is designed to help you understand your ownemotions and the emotions of others.					1	
掌握解决冲突 的方法(5-7分钟) understanding Conflict Resolution - 5-7min speech	- 培养或增强对冲突解决步骤和策略的了解。 This project is designed to introduce conflict resolution strategies and provide an opportunity to resolve a conflict scenario within an interactive activity.			1			
说服型演讲 (5-7分钟) Persuasive Speaking - 5-7min speech	了解说服型演讲的类型并在俱乐部会议上发表说服型演讲 -说服型演讲大纲工作表 Persuasive Speech Outline Worksheet This project focuses on helping you to develop and support a viewpoint, and identify the most appropriate type of persuasive speech for your topic.	1					
开发沟通方案 (5-7分钟) Develop a Communication Plan - 5-7min speech	重点介绍如何组织中心思想并开发沟通方案 -制定沟通方案 Develop a communication plan -"撰写沟通方案"资源 Write a Communication Plan resource This project focuses on how to formulate a central message and develop a communication plan for a target audience.						1

PATHS (Projects listed a	re not Tasks	-77					
according to sequence)	Tasks	STANSTERS INTERNATION	SHUSTERS INTERMATION .	SUBSTERS INTERNATION	SHESTERS INTERMATER	STRIPTERS INTERNALIZATION OF THE PARTY OF TH	STATES WYENING OF
		Parentation Matery	Engaging Humas	Gracine Influence	Osnamic Leadership	Tolisational Strategies	Tid 3 Jose Communication
		Presentation	Engaging	Persuasive	Dynamic	Motivational	Visionary
		Mastery	Humor	Influence	Leadership	Strategies	Communication
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		萨这户 加	二日ル町	有说服力的	二十年日	161. El. Art mb	医自治区
		精通演讲	运用幽默	影响	动态领导	激励策略	愿景沟通
Level 3 Increasing	Knowledge 增长知识 【一个所需作业(1) + 至少两项:	选修项目(2 &	3) 】			1	
Choose an Elective	一个选修作业						
┃ ┃ 与听众交流 (5-7分钟)	练习与不熟悉的听众交流所需的技能						
Connect with Your	This project focuses on different audience types and how to address them	202		202	202	202	202
Audience	effectively.	2&3		2&3	2&3	2&3	2&3
- 5-7min speech							
188 LEAT - August - 11 V - 11	(1 N) . Like with A. I. who lettly like 111. Let with he so with the						
通过社交建立关系	- "为构建社交网络做好准备"资源 Prepare to Network resource -参加社交活动 Attend a networking event						
(5-7分钟) Make Connections	- 项目完成表 Project Completion Form	2&3	2&3	2&3	2&3	2&3	2&3
Through Networking	This project focuses on how to network effectively and understanding	2&3	283	2&3	2&3	2&3	2003
- 5-7min speech	the importance of being a professional ally to people in your network.						
1							
主动倾听(5-7分钟)	展现主动倾听技巧,在俱乐部会议担任·即席主持						
Active Listening	This project covers the difference between hearing and 'listening, and steps	2&3	2&3		2&3		2&3
- 5-7min speech	for exploring the ways listening helps build strong, lasting connections.						
┃ ┃ 发表社交演讲	- "社交演讲的基本要素"资源						
(两次3到4分钟)	-在两次不同的俱乐部做一次社交演讲						
Deliver Social Speeches	This project addresses the skills needed to compose a 'speech for a social	2&3	2&3	2&3	2&3	2&3	2&3
- 2x3-4min speechs	occasion including a toast, eulogy, an acceptance speech and a speech						
使用演示软件	-了解创建演示幻灯片,将技术运用演讲中						
(5-7分钟)	This project addresses the use of presentation software—from identifying	202	202	202	202	202	202
Using Presentation Software	topics that benefit from the use of technology to effective slide design and	2&3	2&3	2&3	2&3	2&3	2&3
- 5-7min speech							
- 5-7mm specen							
故事产生共鸣	-在演讲中使用故事或发表本身就是故事的演讲						
(5-7分钟)	This project addresses storytelling techniques and descriptive skills to help	2&3	2&3	2&3	2&3	2&3	2&3
Connect with Storytelling	make every speech relatable and interesting.	2003	2003	2003	2003	2003	2003
- 5-7min speech							
加油市港州沿	_ 本						
■ 创建高效的视觉 ■ 辅助工具	−选择视觉辅助工具并在演讲过程中使用。 −创建一到三种视觉辅助工具						
(5-7分钟)	This project addresses effective methods for choosing the best visual aid	202	202	202	202	202	202
Creating Effective	for your presentation along with the creation and use of each type.	2&3	2&3	2&3	2&3	2&3	2&3
Visual Aids							
- 5-7min speech							

	intended for used at court or as offici	a. accamentation	roustillasters	c.mational.			
PATHS (Projects listed a according to sequence)	are not Tasks	STATUTE WITE AND THE PARTY OF T	Superior House	Selfus TRES INTERNATIONAL PROPERTY CONTROL OF THE PROP	Supering Street, 1985 Wire Condition of the Condition of	STATISTISS MITEORY	Superior Surrent
		Presentation Mastery	Engaging Humor	Persuasive Influence	Dynamic Leadership	Motivational Strategies	Visionary Communication
		精通演讲	运用幽默	有说服力的 影响	动态领导	激励策略	愿景沟通
Level 3 Increasing	Knowledge 增长知识 【一个所需作业(1) + 至少两项:	选修项目(2 &	3) 🕽				
Choose an Elective	一个选修作业						
使用描述性语言 (5-7分钟) Using Descriptive Language - 5-7min speech	- 撰写演讲,以增添语言修饰来提高关注度和影响为重点。 This project addresses the difference between literal and figurative language along with how to determine when to use each to create vivid descriptions.	2&3	2&3	2&3	2&3	2&3	2&3
关注积极的一面 (5-7分钟) Focus on the Positive -2-3min report or 5-7min speech	-每天记下自己的情绪和态度,至少 持续两周时间 (Record your daily moods & attitudes for minimum of 2 weeks) -项目完成表 Project Completion Form -2到3分钟的报告,5到7分钟的演讲 This project addresses strategies for improving your personal interactions by understanding the impact of your attitudes and thoughts on daily interactions.	2&3	2&3	2&3	2&3	2&3	2&3
激励你的观众 (5-7分钟) Inspire Your Audience - 5-7min speech	-撰写演讲稿并发表激励他人的演讲。选择意在激励听众的主题 This project addresses how to present a speech in an enthusiastic and inspiring fashion to establish a strong rapport with your audience.	2&3	2&3	2&3	2&3	2&3	2&3
为面谈做好准备 (5-7分钟) Prepare for an Interview - 5-7min speech	-在面谈中恰当地展现自我所要求的技能。 -确认你的技能工作表,面谈须知资料 -在俱乐部会议上做一次5至7分钟的角色扮演访谈 This project addresses the skills you need to identify and speak about personal strengths and present yourself well in an interview of any type.	2&3	2&3	2&3	2&3	2&3	2&3
了解抑扬顿挫 (5-7分钟) Understanding Vocal Variety - 5-7min speech	-运用抑扬顿挫来强化演讲效果 This project addresses the importance of vocal variety when giving a speech and provides activities to develop and nurture its use.	2&3	2&3	2&3	2&3	2&3	2&3
有效的身体语言 (5-7分钟) Effective Body Language - 5-7min speech	- 留意自己有意和无意识肢体语言的情况下发表演讲,以及学习、 练习和改进在运用非言语沟通的方式。发表演讲时 This project focuses on how to recognize body language used when speaking publicly and how to use gestures to enhance speech content.		2&3	2&3	2&3	2&3	2&3
了解幽默感 (5-7分钟) Know Your Sense of Humor - 5-7min speech	-学习撰写幽默的故事,增强演讲本身的幽默感 This project focuses on understanding what makes you laugh and how to share that with an audience.	2&3		2&3	2&3	2&3	2&3
研究与展示 (5-7分钟) Researching & Present - 5-7min speech	主题研究演讲 ing 围绕任何主题发表组织有序、做充分研究与展示的演讲 This project addresses strategies for selecting a topic, suggestions for research and methods for producing a well-organized speech.	2&3	2&3	2&3	2&3	2&3	2&3
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PATHS (Projects listed a	re not Tasks						
according to sequence)	Tasks	STATE (RS. INTEGRAL)	Copping Harmer	Througher Influence	STEPHEN TO BE STORY OF THE STOR	THE STREET WEEK THE STREET STR	STATE OF THE STATE
		Presentation Mastery	Engaging Humor	Persuasive Influence	Dynamic Leadership	Motivational Strategies	Visionary Communication
		萨运炉 加	三田 ル 駅	有说服力的	一上左口	当 El At mb	医巨沙区
I 1 4 D212 CI	·加·校关社外 【 · 太东京佐州/1) · 大小·海州及河口	精通演讲	运用幽默	影响	动态领导	激励策略	愿景沟通
Level 4 Building Sl] (2)] 		1		Γ	
A Required Projec	<u>t 一个所需作业</u>						
应对变化 (5-7分钟) Manage Change - 5-7min speech	重点介绍如何制定变化管理计划 -制定"变化管理"计划 Create a change management plan - "为变化做准备"工作表 Prepare for Change worksheet - "写下沟通方案"资源 Write a Communication Plan resource This project focuses on how to plan for change, develop a communication plan, and identify obstacles to success.				1		
即兴演讲中增添 幽默的威力 (两次2到3分钟) The Power of Humor in an Impromptu Speech 2x2-3min speechs	掌握发表即兴演讲和练习在演讲中调整预先编排好的 故事的方法,添加幽默感策略 This project focuses on developing strategies for adding humor to any speech, especially impromptu speeches.		1				
激励他人 (5-7分钟) Motivate Others - 5-7min speech	-建立团队并激励团队完成可让你的俱乐部受益的项目 Build & motivate a team to complete a project that benefits your club - "团队建设活动"资源 The TB Activities Resource - 360°评估 360° evaluation This project focuses on how people are motivated. It is designed to help you build your leadership skills byeffectively motivating team members					1	
在困境中领导 (5-7分钟) Leading in Difficult Situations - 5-7min speech	针对意外变化进行调整以确定最终计划的策略 -构思详细的项目计划 Design a detailed project plan - "项目计划"资源 Project Plan resource - "项目计划概述"资源 Project Plan Overview resource - "意外情景假设"资源 Plan Disruption Ideas resource - 表述解决意外情况方案的即兴演讲 An impromptu speech to present solutions to disruptions This project focuses on the fundamentals of managing challenges, analyzing difficult situations and identifying best strategies for overcoming adversity.			1			
传达变化 (5-7分钟) Communicate Change - 5-7min speech	锻炼如何有效向群体或组织传达变化的技能 −制定"传达变化"的方案 Develop a plan for Communicating Change This project focuses on creating a communication plan by gathering evidence to support the need for change and communicating change with your audience.						1
应对棘手的听众 (5-7分钟) Managing a Difficult Audience - 5-7min speech	在 Toastmasters 俱乐部之外发表演讲时应对棘手听众所需的技能 This project covers common behaviors of difficult audience members and how to address each behavior in a calm, effective and professional way.	1					

DATHE (Date)							
PATHS (Projects listed ar according to sequence)	e not Tasks	Presentation Mastery	Engaging Humor	Persuasive Influence	Dynamic Leadership	Motivational Strategies	Visionary Communication
		精通演讲	运用幽默	有说服力的影响	动态领导	激励策略	愿景沟通
Level 4 Building Ski	lls 培养技能 【一个所需作业(1) + 至少一项选修项目	[(2)]					
Choose an Elective	一个选修作业						
(5-7分钟) Public Relations	针对某一群体或情况有效使用公共关系策略所需的技能 -制定公共关系策略 Create a PR strategy This project focuses on how to promote awareness of an organization, formulate a public relations strategy & use various public relations tactics.	2	2	2	2	2	2
(5-7分钟) Managing a Difficult	在 Toastmasters 俱乐部之外发表演讲时应对棘手听众所需的技能 This project covers common behaviors of difficult audience members and how to address each behavior in a calm, effective and professional way.		2	2	2	2	2
(2-3分钟) Create a Podcast - 2-3min speech	阐述开发播客、创建有趣内容和组织连贯节目所需的技能 -录制60分钟的播客内容 Record 60min of podcast content -2到3分钟的介绍演讲 2-3min introduction speech This project addresses the skills you need to develop a podcast, create interesting content & organize a cohesive program. You will learn how to record and upload it to the internet.	2	2	2	2	2	2
影响力 (5-7分钟) Building a Social Media Presence - 5-7min speech	通过运用对社交媒体的理解来增强社交媒体的影响力 -建立或增强社交媒体影响 Establish or enhance a social media presence - 项目完成表 Project Completion Form This project addresses how best to use different types of online communication. You will create and maintain an online profile to promote yourself or an organization.	2	2	2	2	2	2
的博客 (2-3分钟) Write a Compelling Blog	创建引人入胜的博客并成功建立互动关系的基本要素 -毎个月都要维护博客,并且至少发八篇贴子 Maintain a blog & posting at least 8 times in 1 month - 博客评估表格 Blog Evaluation Form & 项目完成表 Project Completion Form This project addresses the basics of developing a compelling blog and successfully engaging a readership.	2	2	2	2	2	2
(20-25分钟)会议 Manage Online Meetings 20-25min online	- "在线会议议程"资源 Online Meeting Agenda resource - "在线会议基本要素"资源 Online Meeting Basics resource - 计划和举行一场20到25分钟的在线会议或网络研讨会 Plan & conduct a 20-25min online meeting or webinar This project addresses how to effectively conduct online meetings and webinars, prepare and organize necessary visual aids, & lead w/confidence.	2	2	2	2	2	2
(5-7分钟)	在于了解并练习保证问答环节顺利进行 A Q&A session after the speech This project addresses how to prepare to answer questions and provide information clearly, concisely and with confidence.	2	2	2	2	2	2
(5-7分钟) Manage Projects Successfully - 5-7min speech	- 建立团队 Build a team - 制定项目计划 Create a project plan - 项目计划资源 Project Plan resource - 围绕计划做一次2到3分钟的演讲 2-3min speech of your plan - 与你的团队一起完成计划 Complete the plan with your team This project focuses on skills needed to effectively manage a project,develop rapport with stakeholders andcultivate strong relationships with a team.	2	2	2	2	2	2

PATHS (Projects listed	are not Tasks	and this	ans the				
according to sequence)		Presentation Mastery	Engaging Humor	Persuasive Influence	Dynamic Leadership	Motivational Strategies	Visionary Communication
1.150	。	精通演讲	运用幽默	有说服力的影响	动态领导	激励策略	愿景沟通
	ting Expertise 展示专业知识 【一个所需作业(1) + 」	又思密的字母路线点	贝目(2) + <u>年</u> 	少一项远惨项	(日(3)』	I	T
A Required Project							
领导力 (8-10分钟)	り - 担任志愿者领导至少六个月 Serve in a leadership for min 6 months -360° 评估 360° evaluation				1		
Lead in Any Situation - 8-10min speech	This project focuses on leadership and recognizing the need to adapt your style based on the situation and thepeople you lead.				•		
发表包含幽默内容 的演讲 (18-22分钟)	- 发表一篇18到22分钟的主题式幽默演讲,可以选择使用视觉辅助工具。		1				
Deliver Your Message with Humor - 18-22min speech	This project focuses on creating a keynote-length speech that effectively delivers a message and humor to an audience.						
团队建设	-与一支小型团队共同构思和举办团队建设活动						
(2-3分钟的报告) (5-7分钟的演讲) Team building	Work with a small team to design & host a TB Event -团队建设活动资源 TB Activities resourse -团队建设活动评估资源 TB Event Evaluation resource					1	
-2-3min report or	This project addresses the benefits of team building. It is designed to help you build						
5-7min speech	a sense of collaboration and within a team completing a project. trust						
高效领导力 (两次5到7分钟)	-选择,引导项目以及与团队共同完成项目 Select, lead & complete a project with a team						
High Performance Leadership	-组建指导委员会并与指导委员会至少召开五次会议 Form & meet with a guidance committee at least 5 times						
- 2x5-7min speechs	-指导委员会介绍资源 Guidance Committee intro resource -会议议程资源 Meeting Agenda resource -项目计划概述资源 Project Plan Overview resource -项目计划 Project Plan resource			1			
	- 愿景计划 Vision Plan resource - 活动策划表 Event Planning Worksheet -360° 评估资源 360° Evaluation resource						
	The focus of this project is to design and complete a project with well-defined goals, lead a team and be accountable to a guidance committee.						
为职业演讲做好准备 (18-22分钟)	- 撰写和发表较长的演讲 - 18到22分钟的主题演讲 18-22min Keynote-style speech						
Prepare to Speak Professionally - 18-22min speech	- 演讲大纲工作表 Speech Outline Worksheet This project is designed to help you define the attributes of professional speaker and apply that understanding to your own skills as a speaker.	s					
完善愿景	-制定愿景并设定实施愿景的计划 Develop a vision & establish a plan to						
(两次5到7分钟)	Implement it						
Develop Your Vision	-想法图工作表 Idea Map Worksheet						1
- 2x5-7min speechs	-目标设定工作表 Goal Setting Worksheet -目标任务列表 Goal Task List						1
	-愿景计划资源 Vision Plan resource						
	- 项目完成表 Project Completion Form						

PATHS (Projects listed are not Tasks							
according to sequence)	are not Tasks	THE STATE OF THE S	SS-BASTRES WYLOOGH DE L.	STATUTE OF THE PARTY OF THE PAR	STATISTICS ON TRANSPORT	STANTIS WYLOUTH TO THE STANTIS OF TH	
		Presentation Mastery	Engaging Humor	Persuasive Influence	Dynami c Leadershi p	Motivational Strategies	Visionary Communication
		精通演讲	运用幽默	有说服力的 影响	动态领导	激励策略	愿景沟通
Level 5 Demonstra	ting Expertise 展示专业知识 【一个所需作业(1) + 反			至少一项选修			
A Required Projec	<u>t 一个所需作业</u>						
反思你的学习路线 (10-12分钟)	-10-12分钟演讲分享完成学习路线过程中个人成长, 选择的演讲风格跟演讲内容相符合						
Reflect On Your Path - 10-12min speech	-At a club meeting, present a 10 to 12 min speech to share your experience completing your path. Your speech may be in any style that appeals to you and supports yr speech content. This project is designed to give you an opportunity to share your experience at the end of your path.	2	2	2	2	2	2
Choose an Elective	<u>- 一个选修作业</u>						
有所认知 (5-7分钟) Lessons Learned	-协调"有所认知"会议 Facilitate a lessons learned meeting -记录"有所认知"会议 的成果 Document the results of the lessons learned meeting						
- 5-7min speech	-360° 评估资源 360° Evaluation Resource -有所认知回复日志 Lessons Learned Response Log -指标日志 Metrics Log This project addresses how to identify the discussion points of a large group	3	3	3	3	3	3
主持专题讨论	meeting, encourage a culture of contribution and voicing opinions, and概述: 计划和主持一场20到40分钟的						
(20-40分钟) Moderate a Panel Discussion	专题讨论 Plant & moderate a 20-40min panel discussion -"在线会议基本要素"资源 Panelist Basics resource - 项目完成表 Project Completion Form	3	3	3	3	3	3
- 20-40min speech	This project addresses the skills needed to successfully moderate a panel discussion and how to be an effective participant on a panel.						
高尚领导力 (20-40分钟) Ethical Leadership	-"道德框架"资源 Ethical Framework resource -组织并主持专题讨论和问答环节 Organize & moderate a pane IDiscussion as well as a Q&A session	3	3	3	3	3	3
- 20-40min speech	This project addresses the importance of recognizing the effect of decisions that impact ethics, best practices for making ethical decisions and developing an	3	3	3	3	3	3
高效领导力 (两次5到7分钟)	-选择, 引导项目以及与团队共同完成项目 Select, lead & complete a project with a team						
High Performance Leadership - 2x5-7min speechs	-组建指导委员会并与指导委员会至少召开五次会议 Form & meet with a guidance committee at least 5 times -指导委员会介绍资源 Guidance Committee intro resource -会议议程资源 Meeting Agenda resource	3	3		3	3	3
	- 项目计划概述资源 Project Plan Overview resource - 项目计划 Project Plan resource - 愿景计划 Vision Plan resource - 活动策划表 Event Planning Worksheet - 360° 评估资源 360° Evaluation resource The focus of this project is to design and complete a project with well-defined goals, lead a team and be accountable to a 'guidance committee.						
为职业演讲做好准备 (18-22分钟) Prepare to Speak Professionally - 18-22min speech	- 撰写和发表较长的演讲 - 18到22分钟的主题演讲 18-22min Keynote-style speech - 演讲大纲工作表 Speech Outline Worksheet This project is designed to help you define the attributes of professional speakers and apply that understanding to your own skills as a speaker.		3	3	3	3	3
带领志愿者组织 (5-7分钟) Leading in Your Volunteer Organization - 5-7min speech	- 担任志愿者领导至少6个月 Serve in a volunteer leadership role for a min of 6 mths - 针对你的领导技能进行360°评估 Conduct a 360° evaluation of r leadership skills - 制定继任计划 Createing a succession plan, "继任计划"资源 Succession Plan resource, "360°评估"资源 360° Evaluation resource This project focuses on the skills required to lead in a volunteer organization and the importance of recognition and reward in motivating volunteers.	3	3	3	3	3	3

Distinguished Club Program

To be considered for recognition, clubs must have 20 members or a net growth of at least three new members as of June 30th. Transfer members do not count toward this total until their membership has been paid and is current in their new club

	Club Goals (Education)		Club Goals (Membership)	Goals
1	Four Level 1 awards achieved	7	Four new members	Distinguished
2	Two Level 2 awards achieved	8	Four more new members	5
3	Two more Level 2 awards achieved		Club Goals (Training)	Select Distinguished
4	Two Level 3 awards achieved	9	Four officers trained during both training periods	7
5	One Level 4, Level 5, or DTM award achieved		Club Goals (Admimistration)	President's Distinguished
6	One more Level 4, Level 5, or DTM award	10	One dues renewal and one officer list submitted on time	9

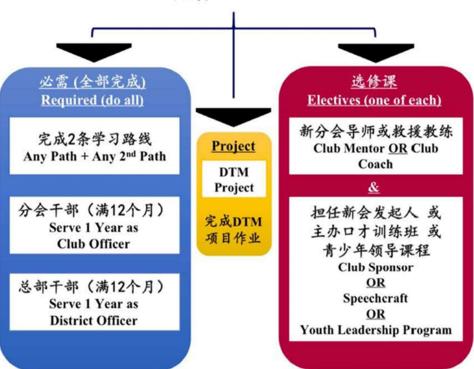
Club Alignment
Region
9
District
80
Division
L
Area
6

Mem	bership	Goals	
Base	To Date	Goals Met	
20	20 19		
Re	Distinguished		
	20	5	
20 me	embers or	Select Distinguishe	ed
a net growth o	of 3 new members	7	
		President's Distinguis	shed

oal	s to Achieve	Goal	To Date	Status
	Education (教育项目) A maximum of 6 will count tov	vard DCP	credit	
1	Level 1 awards (All Pathways education awards must be submitted in both Base Camp and Club Central.) <mark>四位级别(一)讲员</mark>	4	0	4 Level 1s needed
2	Level 2 awards (All Pathways education awards must be submitted in both Base Camp and Club Central.) 两位级别(二)讲员	2	0	2 Level 2s needed
3	More Level 2 awards (All Pathways education awards must be submitted in both Base Camp and Club Central.)多两位级别(二)讲员	2	0	2 Level 2s needed
4	Level 3 awardsAll Pathways education awards must be submitted in both Base Camp and Club Central. <mark>两位级别(三)讲员</mark>	2	0	2 Level 2s needed
5	Level 4, Level 5, or DTM award (All Pathways education awards must be submitted in both Base Camp and Club Central.) 一位级别(四) 或 (五) 或 卓越讲员	1	0	1 Level 4 needed or 1 level 5 needed or 1 DTM award
6	One more Level 4, Level 5, or DTM award All Pathways education awards must be submitted in both Base Camp and Club Central. 多一位级别(四) 或 (五) 或 卓越拼员	1	0	1 Level 4 needed or 1 level 5 needed or 1 DTM award
	Membership (会员)			
7	New members 4 <mark>位新会员</mark>	4	0	4 New Members needed
8	More new members <mark>多4位新会员</mark>	4	0	4 New Members needed
	Training (培训)			
9	Club officers trained June-August 每次执委培训(COT1)至少有4位执委参加	4	0	First Training Period 4 needed
	Club officers trained November-February 每次执委培训(COT2)至少有4位执委参加	4	0	Second Training Period 4 needed
	Administration (管理)			
10	Membership-renewal dues on time 每半年准时呈交会费到美国总部	N	0	On-time dues-renewal need
	Club officer list on time 在6月30日之前,把下一届执委名单呈交	N	0	On-time officer list Achieved
	-	•		

在新教育Pathways中获取 DTM Getting a DTM in Pathways

新会员 New Member



卓越讲员 PATHWAYS DTM