

Resource Family Support Services

Homebased Services and Groups

Day, evening and weekends

All Sessions counts as Foster Care In-person Hours

Trauma informed care sessions are designed to:

- ♦ educate caregivers about coping skills to address behaviors related to mental health disorders and the effects of maltreatment
- ♦ help avoid issues that could cause additional trauma to children in care or to other children in the home
- ♦ prevent placement disruptions
- ♦ assist in planning for reunification or TPR (termination of parent's rights).

- ♦ ACE's (Adverse Childhood Experiences) Study & Trauma
- ♦ ACE's, Trauma & Behavior Management through Positive Experiences and Discipline
- ♦ ACE's, Trauma and Childhood Development
- ♦ Addressing Mental Health in Foster Care
- ♦ Attention Deficit Hyperactivity Disorder (ADHD)
- ♦ Autism and Mental Health Disorders
- ♦ Bipolar Disorders
- ♦ Foster Care Students with Disabilities
- ♦ Fostering "Self-Care"
- ♦ Grief Awareness for Caregivers
- ♦ How Domestic Violence Traumatizes Children
- ♦ How Substance Use Disorders effects your children
- ♦ Multi-textural and Multicultural Hair Care
- ♦ Oppositional Defiant Disorder (ODD)
- ♦ Parenting - Parenting Styles
- ♦ Post-Traumatic Stress Disorder (PTSD)
- ♦ Preparing for Reunification, Guardianship or TPR
- ♦ Reactive Attachment Disorder (RAD)
- ♦ Resolving Conflict and Setting Boundaries
- ♦ Resource Family Responsibilities
- ♦ Separation Anxiety & Trauma
- ♦ Visitation - Support Sessions