

Promoting health and hygiene- Nappy changing

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

Procedures

- We have a nappy changing rota daily where the staff will have the responsibility to changing the nappies and support toilet training. Where needed the key person will change the child.
- Each young child should have their nappies, pull ups and wipes in their bag.
- Gloves are put on before changing starts and the areas are prepared. After each change the area is wiped down with anti bacterial spray.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They should be encouraged to wash their hands and have soap and paper towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Key persons are gentle when changing; they avoid pulling faces and making negative comment about 'nappy contents'.
- When changing staff always make sure their back is not to the other staff and that the child can be seen at all times.
- The nappy changing record is filled in and where necessary nappy changes will be filled in to the daily communication books.

Signed

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Stacey Humphrey (Pre School manager)
October 2021