

THE TRANQUIL RETREAT

Welcome

*best viewed from a computer, otherwise if having issues with loading, try disconnecting from wifi and use data



Welcome To Our Home!

We live and work in Phoenix, but we escape to Munds Park every chance we get. We love the beautiful outdoors and the unmatched charm that Munds Park has to offer.

We've taken great care to design the home with a modern zen touch of style and features for comfort and safety, while still maintaining the wonderful feeling of being in the mountains. We have chosen to use natural, non-toxic cleaning solutions, organic sheets and eco-friendly towels to match our lifestyle. Please think of this as your home while you are here and have a great time!

We truly hope you enjoy your experience here as we aim to provide rest ,relaxation,healing and comfort! Please contact us if you have any questions or need assistance.

Kind regards,
Traci & Jason

Take a moment to adjust the temperature to your liking. (Instructions for thermostats are on the next page)

We want you to be as comfortable as possible.

Here , you will find information about the check-in/check-out procedures, home guides and house policies

“The clearest way into the Universe is through a forest wilderness.”

- John Muir.

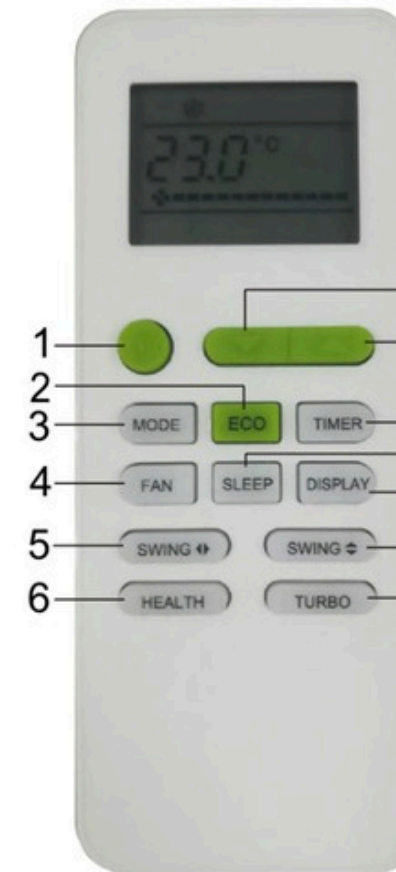
HEAT

The mini split works for cooling and heating. There are also several wall heaters throughout the home (bathrooms included). The units with built-in thermostats can be set by pushing the switch to the left for "Heat On". Please use the + and – keys to set your desired temperature.

COOL

There are ceiling fans ,floor fans &window fans . There is a portable air conditioner in the family room and loft if needed. Opening the windows at night and closing them in the morning is the best way to keep the home cool during summer days.

4. Operation Details Remote controller



- 1 ON/OFF button**
To switch the conditioner on and off.
- 2 ECO button**
In cooling mode, press this button, the temperature will increase 2°C on the base of setting temperature. In heating mode, press this button, the temperature will decrease 2°C on the base of setting temperature.
- 3 MODE button**
To select the mode of operation.
- 4 FAN SPEED button**
To select the fan speed of auto/low/mid/high.
- 5 SWING button**
To activate or deactivate of the movement of the "DEFLECTORS".
- 6 HEALTH button**
To switch - on /off HEALTHY function. It is a button which controls the ionizer or plasma generator only for inverter type.
- 7 TURBO button**
In cooling mode, press this button, the unit will give the maximum cooling temperature with 16°C. In heating mode, press this button, the unit will give the maximum heating temperature with 31°C.
- 8 SWING button**
To activate or deactivate of the movement of the "DEFLECTORS".
- 9 DISPLAY button**
To switch on/off the LED display (if present).
- 10 SLEEP button**
To activate the function "SLEEP".
- 11 TIMER button**
To set automatic switching-on/off.
- 12 TEMP UP button**
Increase the temperature or time by 1 unit.
- 13 TEMP DOWN button**
Decrease the temperature or time by 1 unit.

Note: Each mode and relevant function will be further specified in following pages.

Remote Control

The remote controller is not presetting as Cooling Only Air Conditioner or Heat Pump by manufacturer.

Each time after the remote controller replace batteries or is energized, the arrowhead will flashes on the front of "Heat" or "Cool" on LCD of the remote controller.

User can preset the remote controller type depending on the air conditioner type you have purchased as follows:

Press any button when the arrowhead flashes on the front of "Cool", Cooling Only is set.

Press any button when the arrowhead flashes on the front of "Heat", Heat Pump is set.

If you don't press any button within 10 seconds, the remote controller is preset as Heat Pump automatically.

Note :

If the air conditioner you purchased is a Cooling Only one, but you preset the remote controller as Heat Pump, it doesn't bring any matter. But if the air conditioner you purchased is a Heat Pump one, and you preset the remote controller as Cooling Only, then you CAN NOT preset the Heating operation with the remote controller.

CHECK-IN

4pm

Please take a moment to check the home for cleanliness, appropriate amount of linens and anything else that will make your stay better. If anything isn't up to your standards, please report any dissatisfaction within the first 4 hours to us. We can quickly enhance your stay.

I am happy to accommodate an early check-in if the cleaner is finished and house is ready. Unfortunately, I cannot guarantee a specific time before 4.



PARKING

3 cars can be accommodated. Only park in the driveway. Per Munds Park rules- No street parking allowed. Any cars parked in the street may be ticketed or towed. Garage access may be granted to charge EV and during heavy snow. Please reach out if you need help with arrangements.

DOOR LOCK

The front door is a smart lock
Your door code will be the last four of your cell phone (XXXX00#)
Wake up the door by swiping across the display
Enter in your 6 digit code plus the #sign
It will say "unlocked"
Turn the handle down to disengage deadbolt and the door will open
The system will automatically lock in 30 seconds
Close the door and pull handle up to engage deadbolt
door will lock after 30 seconds
If the deadbolt does not engage :
enter your code, it will say "unlocked" then pull handle up to
engage deadbolt

WIFI

The wifi network is =
ConnectButDisconnect
password=
shown on sign hanging by front
door

TV

- Turn on TV with the Roku remote by pressing red button

You will have access to Amazon Video, Disney, Netflix, Gaia

Please let me know if account is logged into any other account other than Traci

There is an Xbox with two rechargeable remotes and downloaded games.

Please DO NOT unplug and move the game systems.

There is also a Nintendo Switch doc in Loft

HOT TUB

To adjust the heat down, press the blue temperature button.

To adjust the heat up, press red temperature button.

Please rinse off before entering

The soap on your body can cause foam and it's not a bathtub either so please consider the dirt on your bodies staying in tub for future guests .. yuck! Especially if you've come back from a beautiful hike. Oh my! Please just rinse off. We appreciate it!

Turn on the jets using the far left button on the control panel.

The two grey knobs to the left and right of the control panel control the flow of water between both sides of the jets. Turn on / off to get more power on the opposite side.

The big grey wheel controls how many jets are on. Adjust to turn on and off but PLEASE DO NOT run completely off while jets are on... at least one side needs to be pushing water.

Do not block filter or stick any body parts inside.

There is a very powerful pump on the button of the jacuzzi that sucks water. Please do not dunk your head or get your hair close to this!

Do not lower the temperature of the spa below 95 degrees.

To turn on the light press the light button on the control panel, click on and off and on again to cycle through different colors.

When you are finished for the day turn off the jets, put cover back on , and restore the temperature to 102 degrees.

Cleaners comes twice a
week to maintain the spa
Usually Tuesdays and
Fridays

They will knock on front
door and let you know
they are coming around
back to service

If you would like them to
come back at a different
time please let us both
know a time that works best
for you

EV VEHICLES

Tesla EV Level 1 & 2
32A 8A 110V 240V
ETL NEMA 14-50 & 5-15

Please notify me so I can give you access

BABIES

Lots of Baby Gear Available

- Crib, Sheets, Blanket
- Playpen
- Highchair, Baby Feeding Set
- Bouncy Chair
- Baby Bath, Kneeling Pad and Arm Rest
- Baby Monitor
- Outlet Covers

*please remind me of baby coming and I can have baby items set up

DRINKS

Appliances Available :

Ninja® Single-Serve Pods & Grounds Specialty Coffee Maker

Cuisinart Coffee Maker

Grinder

Frother

Tea Kettle

Selections:

Coffee Pods

Coffee Beans

Sugar

Stevia

Almond Milk Creamer- in fridge

Hot Cocoa- Ghiradelli Dark & White

Teas:

Jasmine, Chamomille, Hibiscus

We take pride in having a fully stocked kitchen for all your needs!

Stainless Steel Pots and Pans- 4 (stainless pans require oil and low heat in the altitude) *no toxic residue leaching into your food

Ceramic Frying Pans -3 Non stick and non-toxic (even though non-stick they still require lower heat than normal)

Crockpots-3

Raquelette

Blender

Hand Mixer

Kitchenaid Stand Mixer

Toaster-2

Food Processor-1

Cheese Grater

Small Serving Ice cream Maker

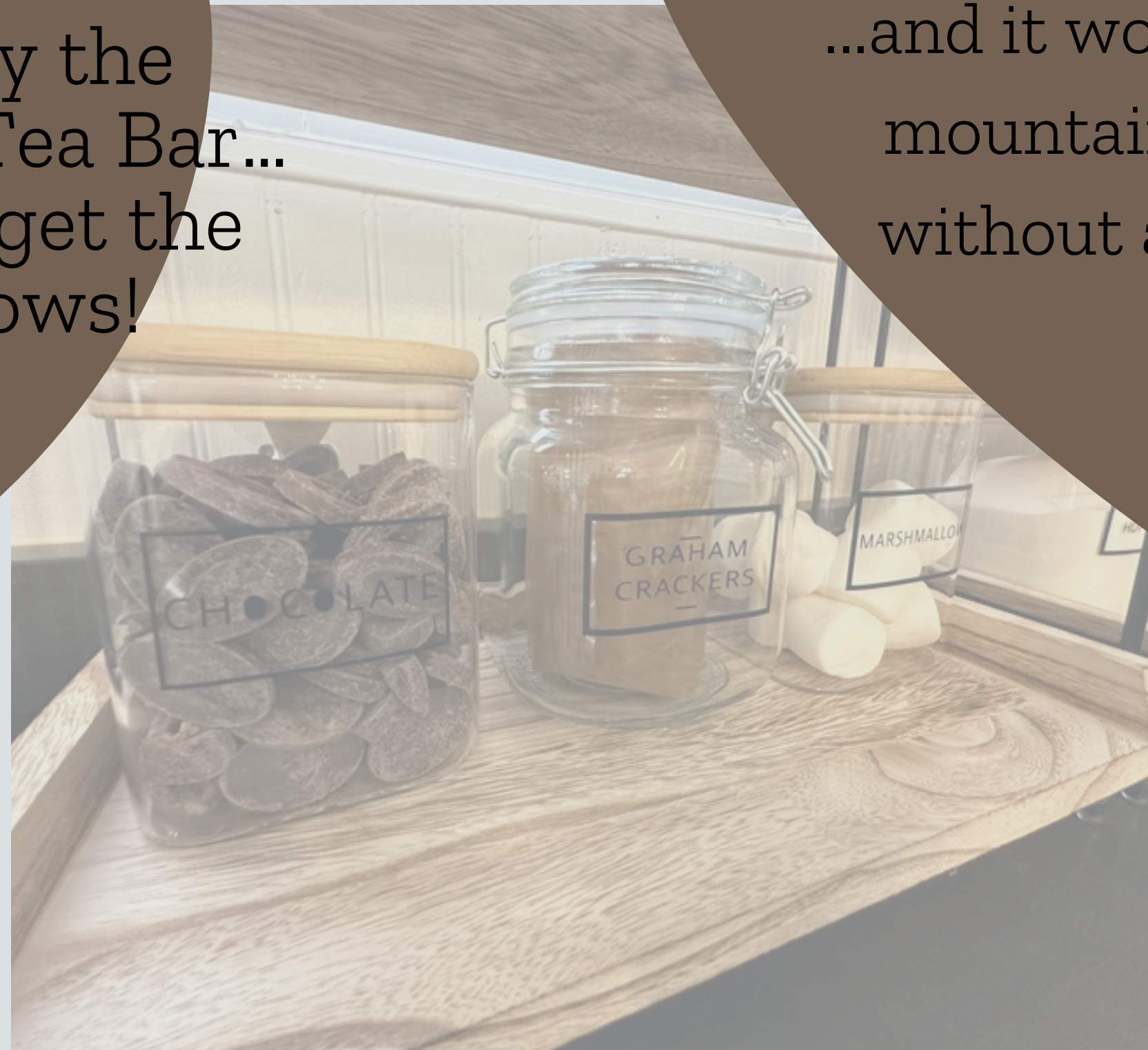
Rice Cooker

not to mention all the tools!!



Please enjoy the
Hot Cocoa & Tea Bar...
and don't forget the
marshmallows!

...and it wouldn't be a
mountain retreat
without a S'more!



LINENS & LAUNDRY

-BLACK WASHCLOTHS ARE
DESIGNATED FOR MAKE-UP
REMOVAL

-PLUSH TERRY ROBES FOR
THE HOT-TUB ARE HANGING
IN YOUR CLOSET

-PLEASE BRING TOWELS IF
YOU PLAN TO VISIT SLIDE
ROCK ETC

-ALL TOWELS ARE TO BE
KEPT IN THE HOME

*to conserve water , energy, and ensure our cleaner has ample time to clean and
sanitize the home we leave sufficient towels for each guest but
please let me know if you need more

IF YOU DO LAUNDRY WHILE YOU'RE ON VACATION???
...THE DRYER WORKS BEST ON TIMED DRY



MINI GOLF

We are very excited to be the only mini golf in
Munds Park!

- Adjustable putters and balls available on the deck
- The turf rake is available to remove pine needles
- Battery operated lights for the holes for fun night putting!

Please do not move any rocks on or near course

Please put putters and balls back on rock

Turn hole lights off and put back in box

Please avoid walking on mounds on the green

Have a blast!



VRKSAH LABRYNTH

Walking a labyrinth is a meditative practice, not a maze, as there are no choices or dead ends.

To walk a labyrinth, you enter the path, follow it to the center, pause for reflection, and then retrace your steps back out.

There's no right or wrong way to walk; the experience is personal and can be adapted to individual needs and preferences.

How to walk the Labyrinth

1. Preparation:

Begin by pausing at the threshold of the labyrinth. Take a moment to quiet your mind and become aware of your breath.

2. Entering:

As you step onto the path, let go of your daily concerns and focus on the present moment.

3. Following the Path:

Walk at your own pace, allowing your body to find its natural rhythm. Pay attention to the path and your surroundings, and be open to what arises.

4. Reaching the Center:

Pause in the center, allowing yourself time for reflection, meditation, or prayer. This is a space for contemplation and receiving insight.

5. Returning:

Follow the same path back out, retracing your steps. This can be a time to integrate your experience and bring it back into your daily life.

Tips for a meaningful labyrinth walk:

Be open to the experience: Allow yourself to feel whatever emotions or insights arise without judgment.

Move at your own pace: There is no rush. Let your body guide you.

Focus on your breath: This can help quiet your mind and center you in the present moment.

Consider journaling or reflection afterward: This can help you process your experience and integrate it into your life.

Be mindful of others: If walking with others, be respectful of their space and pace.

Walking a labyrinth can be a powerful tool for self-reflection, stress reduction, and spiritual growth.

PROPANE HEATERS/FIRE PIT

For your safety, please be careful when utilizing the propane tanks outside. Its easier to light the fire-pit with two people. Push the knob in and turn as directed while pushing igniter button. The second person can use a long lighter and light near coil.

TURN OFF tanks after use by turning the knobs clockwise until they won't turn any longer.

\$50 Fee will be assessed if a propane tank is found on

Notify me if propane is empty. We will supply a refill

SHOWERS

Like all homes, when multiple people stay together...the hot water may be limited. We suggest spreading out showers to make sure everyone gets hot water.

PLUMBING

Pinewood Sanitary is a delicate system in Munds Park so NO feminine products or facial wipes can be flushed. Please dispose of properly. Only flush provided TP.

PANTRY

Since we are a bit away from the chaos and grocery, I try to leave a few staples in the home for shared use. Please help yourself, but please notify me if you used the last of it so I can be sure to replenish before next guest

A rustic living room with a stone fireplace, a mounted deer head, and a large window. The room features a wooden ceiling with exposed beams, a large window on the left, and a stone fireplace with a mantel. A deer head with large antlers is mounted on the wall above the fireplace. A large television is mounted on the wall to the left of the fireplace. The room is furnished with a brown leather sofa, a wooden coffee table, and a white console table. A chandelier hangs from the ceiling.

FIREPLACE

Firewood and starters are provided in the cubby to the left of the fireplace. (Cubby door lifts upward). Please make sure the flu is open prior to lighting your fire. Screens can be closed once the fire is lit. The home is equipped with Nest smoke and carbon monoxide detectors for your safety.

UPSTAIRS LOFT

Please watch your head when in the loft area. It is cozy and fun to sleep up there, but as you can see...the ceilings are fairly low.

PESTS

It is the forest and we do our best to keep the home pest free. Because we are pet & kid friendly we use non toxic pest control. Different seasons bring out different pests. If you do see an excess of insects or webs please notify us and we will handle it ASAP.

HOUSE RULES

Smoking is NOT permitted in OR AROUND the home. If you smoke this is not the home for you. No wood burning fires outside! There is a ban on outdoor fires and you will be fined/evicted
Gas fire pits are there for your use but if left on will incur a charge to refill.

Munds is a Dark Sky community. Exterior Lights/
Patio & String lights must be off after 10pm.

Noise ordinance is also 10 pm. We must be respectful to our neighbors as part of this great community.

For your safety, no one under the age of 12 is permitted in the hot-tub. Anyone under 18 needs to be supervised.

Parties of 9 or more are not permitted and would be subject to eviction.

No illegal drugs or weapons allowed at any time
& Please do not move furniture.

Reach out with any questions or concerns! Thank You!

A photograph of a man with a beard and a ring on his finger, smiling and petting a small dog. The image is faded and serves as a background for the text on the left side of the page.

DOGS

Dogs are allowed UPON APPROVAL with a pet fee.

Remit pet fee prior to arrival.

Please keep them off the furniture and bedding. Please don't leave them unattended. The turf is for games and yoga so please be sure they use the dog run. Imagine doing down dog and smelling dog doo. ick! The cleaning fee does not include pet waste removal. If your dog uses the turf ,please just hose it off. Thank you!

Munds Park does also have leash laws so no dog is ever allowed off leash.



Linens

Leave used towels in laundry room & used beds unmade



Dishes

Please load dishes and start load pods are under kitchen sink



Food

Please remove your food from the refrigerator

EASY PEASY Check-Out Checklist

Our cleaner is scheduled to show up at 11 am to ensure she has enough time to clean and sanitize for the next guests.

If you are running behind, please notify me .
Thank you!



Belongings

Please remember all of your belongings... including your phone chargers.

Call me with any questions or concerns



Thermostats

Please turn off bedroom wall heaters , leave wall heaters on that have thermostats at 72. Mini split can be left at 78



Garbage

Please take kitchen trash to containers next to the garage



Lockup

Please make sure to close windows and lock front and back door

Emergency Contact

In the event of a medical or personal emergency, please dial 9-11. If there are any electrical/plumbing/maintenance issues, please contact us immediately.

480-440-7485

Pinewood Fire Department

(928) 286-9885

Being up in the woods , in a rare occasion, we lose power.

I will get notifications from APS and communicate with you.

You can also check APS to see potential cause and estimated time of restoration

<http://outagemap.aps.com/outageviewer/>

There is a drawer with candles & a lantern for lighting .

Stay warm by the fire and roast some marshmallows

If it will be an extended period, we do have a gas powered generator for emergencies and will guide you through access if roads are closed and our staff are not able to come help

Thank You for staying with us!

We hope you have an amazing time and come
back again! Please follow us and tag us in
your photos

[@thetranquilretreat_mundspark](https://www.instagram.com/thetranquilretreat_mundspark)

