NEXT MEETING:

Oct 8 @ 10 am at Trinity or via ZOOM

Mtg ID: 84167028162 Password: 684749 Join by adding the ZOOM app or dial in to 1-669-900-6833 and enter meeting ID & password

Coming Events:

10/8: Peer Gynt Mtg 10/9: Leif Erikson Day 10/9: Vasa Scandinavi-

an Fest

10/15: Jazz Concert @ Trinity Lutheran (Free) 10/22: Peer Gynt 110th

Anniversary Dinner

11/5: Peer Gynt Mtg 11/12: Meatball Dinner

12/17: Christmas Party

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Zone Director: Randy Sundeen

Editor: Susan Newsom 310-644-7440



Mission Statement

The mission of
Sons of Norway
is to promote and to
preserve the heritage and
culture of Norway,
to celebrate our relationship
with other Nordic countries,
and to provide quality
insurance and financial products
to its members.

Peer Gynt News October 2022



oktober 20<mark>22</mark>



President's Message: Michael Amundsen

Fall creeps up on us once again. It's October and soon to begin the holiday. And hopefully the end of this last summer's horrible heat (which I managed to miss, being out of state).

We have much to look forward to: our monthly business meeting on the 8th, Halloween, and our Anniversary dinner on the 22nd.

There is also the Vasa Scandinavian Fest on Sunday, the ninth, which promises to be a fun occasion in a lovely area.

Don't forget that if you cannot personally be at the meeting in person, we offer a zoom option. Every week at least two and as many as a half a dozen members take advantage of this option.

Still in the cozy confines of the Trinity Lutheran Church, we always have a fun time at our meetings. I am happy to say we are a friendly, welcoming bunch. We love to see new faces.

Till then.

Har det bra!

Michael Amundsen

President, Peer Gynt Lodge



NOTE: MEETING DATE CHANGED!

Join us for our next meeting on October 8th
We meet in person at Trinity Lutheran Church, Hawthorne
4783 W. 130th St., Hawthorne 90250

Or, join us via ZOOM. See left banner bar for dial in information

Social Committee: John Aasness

Susan and I have been contacting many restaurants in Marina Del Rey and other local areas and have not been able to find a suitable location for the anniversary dinner. I guess it has something to do with not being able to get adequate help. Still waiting for a call back from Whiskey Reds, seems not too many can accommodate 25 to 30 people in the same area. We hope to have some info for you by the October 8th meeting.

Our picnic at Clover Park in Santa Monica was attended by 15 people and everyone had plenty to eat. Lots of good fellowship and the food was the best! Everyone was so busy visiting that several games Susan brought were mostly overlooked. Troy and Kim did

set up the Norwegian game *Kubb* and got in some practice. Hope to give it a try at the next picnic. Thanks again to John and Troy for setting up the tables and getting there early to get our spot under the big tree! Thanks also to all who brought goodies!

Hope to see you at the October 8th meeting at TLC. Hope to have good news regarding the anniversary dinner.

NOTE: MEETING IS THE SECOND SAT-URDAY, OCTOBER 8th. John



PEER GYNT WEBSITE: www.sonsofnorway-westla.com Remember to "LIKE" us on Facebook

a little in English...

Flower Sales Increasing

Flower sales have increased during the Covid-19 pandemic. We're sending flowers both to ourselves and those we love.

We've ordered more flowers during the Corona crisis.

There has been a tenfold increase in the number of orders at Interflora. At Mester Grønn, there has been an increase of

200 percent. Interflora has 370 stores in

Norway. Mester Grønn has 130 stores.

"Flowers convey feelings and thoughts. They enhance the experience of being seen and feeling valued," Kjetil Hans Løken tells NRK. Løken is the general manager of Interflora Norway.

Løken says that Interflora experienced double the flower orders in mid-March [2020]. Then came the strict lockdown rules. In the last two weeks [of April 2020], there has been a tenfold increase.

"We are talking about 10,000 deliveries per day," says Løken.

Erling Ølstad is a florist for Mester Grønn. Mester Grønn is noticing that many people are ordering flowers for themselves at home. They want to decorate their homes, but do not want to go out shopping.

"We have never seen this before," says Ølstad.

The corona crisis means that there may be a shortage of certain flowers. Therefore, tulips, daffodils and bulb flowers are mostly being ordered. These are Norwegian goods. litt på norsk...

Salget av blomster øker

Salget av blomster har økt under korona-pandemien. Vi sender blomster både til oss selv og de vi er glade i.

Vi bestiller mer blomster under korona-krisen. Det har vært en tidobling av antallet bestillinger hos Interflora. Hos Mester Grønn har det vært en økning på 200 prosent.

Interflora har 370 butikker i Norge. Mester Grønn har 130 butikker.

- Blomster formidler en følelse og en tanke. Det forsterker opplevelsen av å bli sett og å føle seg verdsatt. Det sier Kjetil Hans Løken til NRK. Løken er daglig leder i Interflora

Løken forteller at Interflora opplevde en dobling i blomster-bestillingene i midten av mars [2020]. Da kom de strenge korona-reglene. De siste to ukene har det vært en tidobling.

– Vi snakker om 10.000 utkjøringer per dag, sier Løken.

Erling Ølstad er blomster-handler i Mester Grønn. Mester Grønn opplever nå at mange sitter hjemme og bestiller blomster til seg selv. De vil pynte opp hjemme, men ønsker ikke å gå ut for å handle.

– Dette har vi aldri sett tidligere, sier Ølstad.

Korona-krisen gjør at det kan bli mangel på noen blomster. Derfor bestilles det mest tulipaner, påskeliljer og løkblomster. Det er norske varer.

Oslo on Top for Work-Life Balance

Software firm Kisi recently conducted a study of work-life balance in various cities. The study considered areas such as healthcare access, parental leave, flexible work options, vacation days, and safety. Number one on their published list was Oslo, Norway. One of the factors that aided Oslo in the win was its flourishing job market in the energy and environmental industries, life sciences, and IT industry. Data from the study also showed that Oslo workers receive 707 days of parental leave and about 25 vacation days a year. Following closely behind Oslo were Bern, Switzerland, and Helsinki, Finland. Six of the top ten cities on the list were cities located in Europe. There were no United States cities in the top 10; the highest ranked US city was Seattle at number

32. Perhaps this study is an indication that the United States should look outward for tips on work-life balance to retain and compete for top talent.



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litt humor...

A famous Viking explorer returned home from a voyage and found his name missing from the town register. His wife insisted on complaining to the local civic official who apologized profusely saying, "I must have taken Leif off my census."

Which football team does Christopher Columbus like the least?...

The Vikings, because they always beat him. (Leif Erikson arrived in North America 500 years before Columbus)

Trolling the Internet

Through the magic portal of Netflix, an ancient Nordic creature is scheduled to awaken and wreak havoc on our screens and imaginations. Director Roar Uthaug's much anticipated film, "Troll" is set to stream into homes sometime in 2022.

Born in Lørenskog, about 11 miles west of Oslo, Uthaug is known as the director of 2018's "Tomb Raider" and the Norwegian thriller "Bølgen" - "The Wave" inspired by the real life Talfjord tsunami of 1934. Of his newest cinematic venture, Uthaug muses, "Troll is an idea that has been developing in the back of my mind for over 20 years. To finally realize it with the



enthusiastic and ambitious people at Netflix and Motion Blur is truly a dream come true. I can't wait to unleash this Norwegian monster on the world."

According to Variety magazine, the film's eponymous creature is awakened from a deep sleep under the mountains of Dovre. Understandably crabby, it explodes out of the earth and pounds its way towards Oslo, destroying everything in its path.

You can watch the teaser here: https://www.youtube.com/watch?v=u8XFIfjkm1s



Quirky Laws in Norway

It seems that in all countries in the world, if you dig into the rule books, you can find some strange and sometimes downright funny laws. Norway is no exception! Here are a few lesser-known infractions to avoid committing on your next Norwegian vacation:

- ♦ No peeking at your partner's phone! Reading someone else's texts is considered a violation of their privacy and is punishable by up to two years in jail!
- ♦ Should you happen to find a ship that is more than 100 years old, make sure to inform the police immediately. No keeping it for yourself!
- Don't pick other people's cloudberries. While foraging for berries on public land is acceptable, cloudberries are so rare that they are sometimes called "Arctic Gold." If you want to avoid a hefty fine or even jail time, leave them alone!
- If you are in Norway for Halloween, resist the urge to dress up like a policeman. Unauthorized use of a uniform can land you in jail for up to 6 months!

Sources: https://www.scandinaviastandard.com/a-guide-to-cloudberries-all-about-the-norths-most-sought-after-fruit/



Per Pettersen Picked a Peck of Pickled Pumpkins

As autumn winds down into winter, Norwegians stock up their pantries with the final harvests of vegetables and fruits in the form of canned preserves. Though an uncommon vegetable in Norway, Pickled Pumpkin is a traditional treat featured on "koldtbord" tables, the menus of fine hotels, and on mom's dinner table.

Get out your canning jars and try this recipe for "Syltet Gresskar" found on <u>arcticgrub.com</u>.

Bring the vinegar, sugar, water, ginger and spices to a boil in a large pot. Add the diced pumpkin. Bring down to a simmer and cook until the pumpkin pieces are clear and tender, which should take 3-4 minutes. Using a slotted spoon, scoop out the pumpkin bits and

place into the prepared canning jars.

Continue boiling the liquid until it thickens, about 15 minutes. Pour the liquid over the pumpkin in the canning jars, screw on the lids, and let sit in room temperature overnight. Keep the jars in a cool and dark spot until ready to use!

Find out more here: https://arcticgrub.com/pickled-pumpkin-a-forgotten-recipe/

NOTE: Be sure to follow proper canning procedures for safe snacking. A pdf from the FDA can be downloaded here: https://www.fda.gov/media/107843/download

Ingredients:

- 2 pounds of pumpkin cleaned, peeled and diced into cubes
- 2 cups apple cider vinegar
- 1 cup water
- 3 cups sugar
- 1 tsp. salt
- 3 Tbsp. fresh ginger, chopped
- 15 whole cloves
- 10 whole allspice berries
- 2 cinnamon sticks
- 1 2 bay leaves
- 1 vanilla bean pod (optional)
- 1 whole chili pepper (optional)



District Six News

OCTOBER IS FOUNDATION MONTH - Faithful to Our Mission and Members

At the Sons of Norway Foundation, we are driven by a sense of purpose: to share and preserve Nordic heritage, to positively affect our members' lives, and to make Sons of Norway communities better places to live. Since 1966, staying true to this purpose, we have been supporting our members through scholarships and cultural exchange opportunities, providing disaster relief to members in need, and funding community programs that celebrate Norwegian heritage and culture.

A donation to the Sons of Norway Foundation is a contribution to the positive impact we make through community, youth, educational, and cultural projects.

Learn more about your Sons of Norway Foundation at https://www.sofn.com/foundation/

Sons of Norway 29th Annual Weekend Southern California Kretsstevne

Friday, October 14 - Sunday, October 16, 2022

Join us for the weekend or a day trip for a wonderful blend of Norwegian Heritage and fellowship. The venue is the Banning Stagecoach KOA, a short distance south off Hwy 10 in Banning, CA, 25 miles west of Palm Springs.

The weekend event focuses on Norwegian culture and heritage. Come celebrate our Norwegian connection with:

- Food, fun and fellowship
- Music, Singing, Heritage Crafts, Camaraderie
- Cultural Food Demonstration
- Games
- Silent Auction on Saturday

Lodging Options - There are a limited number of on-site lodging facilities (bungalows), and plenty of RV spaces.

Banning Stagecoach KOA Campground & RV Park 1455 S. San Gorgonio Avenue, Banning, CA 92220

http://koa.com/campgrounds/banning-stagecoach information, only — no reservations

Please complete the registration form and mail with your check made out to: Southern California Kretsstevne. Mail by October 5 to: For more information and registration form please see https://sofn6.org/southern-california/

Nancy Madson, SCK Registrar 28-351 Via Las Palmas Thousand Palms, CA 92276

Call Nancy for camp Lodging 760-238-8819 or email norsknm@gmail.com



Viking for Kids!

The August issue of *Viking for Kids* is available for download at https://www.sofn.com/member_benefits/viking-for-kids/

This edition features articles on summer sports enjoyed in Norway and foraging fun tips. Learn a Norwegian song, "Sommer Kommer" (Summer's Coming) and have fun with crafts, coloring and puzzles!

Viking for Kids is a quarterly digital publication with Scandinavian-inspired articles, quizzes, coloring pages and more! Share this magazine with Heritage members and tell us what you learned from Viking for Kids at

culture@sofn.com.



SHARE YOUR HERITAGE

Membership in Sons of Norway is FREE for Heritage members (age 15 and under). Sign up your children and grandchildren. They will receive a member welcome kit with their won member ID card. Visit https://

www.sofn.com/join_or_renew for more details.

Amazing, Incredible Experiences... that's Sons of Norway Membership!

Our 2022 Recruitment Campaign is well underway. Share Nordic heritage and culture when you invite new friends to join the Sons of Norway family this year. And, remember to give prospective



members your member number so you can earn a limited-edition 2022 Recruiter Pin while available!

Resource Links:

- Peer Gynt Website: www.sonsofnorway-westla.com
 Peer Gynt Facebook: https://www.facebook.com/peergyntson/
- District Six Newsletters and Cultural Newsletters: https://sofn6.org/newsletters/
 District Six: https://sofn6.org
- Camp Norge: https://www.campnorge.org/site/
 Sons of Norway Foundation: https://www.sofn.com/foundation/



Gratulerer med *Dagen!* oktober

Sigrid Gordon	2
Don Henderson	8
Solveig Jerstad	12
Adam Límbacher	13
Austín Límbacher	13
Troy Evangelho	14
Janet Johnson	19
Thomas Anders Garrett	20
Christian Sylvia	21
Carole De Vries	25
Merlyn Midstokke	25
Kevín De Vríes	29
Ray Tilton	29
Inared Bierman	30

Good of the Order

I can't believe it's already Fall! The first day of Fall was September 22nd but you wouldn't have know based on our consistently beautiful California weather.

I received notification from Shirley Keas' daughter Tracy, that Shirley is living in Texas. She reportedly loves receiving the newsletter and reading about all the goings on. Correspondence can be sent to the address at the right.

Bob Johnson reported that his wife, Susie, fell and fractured her shoulder—Uff Da! No surgery required but immobilizing in a sling. Our prayers go out for a speedy recover.

I hope many of you are able to join us on **OCTOBER**

8th for our next lodge meeting. We will be discussing the coming social events including Peer Gynt's 110th Anniversary celebration, the Annual Meatball Dinner, the Annual Christmas Party, and other exciting activities!

I would love to know who might be interested in a baking event around the holidays so we can share favorite recipes and maybe even work on the Cooking cultural pin.



START THE SEASON WITH MUSIC!!!

Roberto Montero—An evening of Brazilian Jazz • Saturday, October 15th 6pm • Trinity Lutheran Church 4783 W. 130th St. Hawthorne



Come listen to the sounds of Brazilian born Roberto Montero who has performed with Grammy Award winner Sergio Mendes at the Blue Note in Tokyo, Japan, in Morocco and across the United States, with Grammy nominated Brazilian singer Baby Consuelo, with four-time Grammy nominated Tiziano Ferro, with Rickey Minor & The Tonight Show Band with Jay Leno, among others, has extensively written music for TV and Radio during 5 years in Brazil. He has been Music Director for the Dorian Holley Band for over 10 years now and has been working at The Los Angeles College Of Music - LACM for 14 years.

Recent recording credits include work as guitarist and singer on part of the sound-track for the movie "Rio 2" - sequel to the Oscar nominated "Rio" - for film composer John Powell and Sergio Mendes.

Free concert—Free Will Donations

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litt mer humor...

Little Ole finished his first week back to school. He came home with an assignment to write about something he learned during summer vacation. Having spent the summer on Sven and Lena's farm, Little Ole wrote about cows. Here is a part of his composition; "Cows have a wonderful sense of smell. You can smell them from about two miles away."



VikingFesti m for information







For over one hundred years, Peer Gynt Lodge has served as the center of cultural activity in West Los Angeles for Norwegians, those of Norwegian descent, and anyone interested in our Norwegian and Scandinavian culture and heritage. Join us for our next meeting or event!

PEER GYNT WEBSITE: www.sonsofnorway-westla.com

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