

MEETINGS:

**September 11 @ 11am
Picnic & Business Mtg
@ Clover Park, Santa
Monica**

**October 2 @ 10 am
via Zoom**

Mtg ID: 84167028162

Password: 684749

**Join by adding the
ZOOM app or dial in
to 1-669-900-6833
and enter meeting ID
& password**

Coming Events:

**9/4-6: No.Cal. Kretsste-
vne @ Camp Norge**

**9/5: Playground Project
Ribbon Cutting @ Camp**

9/18/21: Camp Oldfjell

**10/15-17: So.Cal
Kretsstevne**

President:

**Michael Amundsen
m.amundsen@att.net**

Secretary:

**Carole DeVries
310-450-7523
cjdevries39@gmail.com**

Social Director:

**John Aasness
562-822-4056
tightlines@earthlink.net**

Zone Director:

**Troann Loy
tm4rb5@gmail.com**

Editor:

**Susan Newsom
310-644-7440
sdnewsom61@gmail.com**



**SONS of
NORWAY**

Mission Statement

*The mission of
Sons of Norway
is to promote and to
preserve the heritage and
culture of Norway,
to celebrate our relationship
with other Nordic countries,
and to provide quality
insurance and financial products
to its members.*

Peer Gynt News September 2021

september 2021



President's Message: Michael Amundsen

For my birthday, my youngest daughter Kate bought me and herself plane tickets to Montana so I could share with her in person elements of my Montana/ Norwegian immigrant heritage. And thankfully she was actually interested.

So we flew to Billings and drove first to Miles City where I lived as a child and then to Glendive, where my father grew up. Plus, we spent some time with my cousins in Terry. It was a thrill and it opened Kate's eyes to many things about her heritage.

Below is a new photo of what was the Lutheran Church in Glendive, Montana that my father, his siblings and his parents attended. My aunt Millie played piano for the services and programs here. Both my father and I were christened here. But now it's an art and crafts co-op with a Norwegian twist, and the newer, bigger Church is just down the street.



But of course, the harsh reality is that we can never really go back. Things change. And that's why this trip was so important to me. She could visit graveyards, old houses and schools, farms and aging relatives while they still exist and have enough of a memory to make a forever emotional connection.

See you Saturday.

Michael Amundsen

SEPTEMBER LODGE MEETING: IN PERSON PICNIC

**Join us on Sept. 11th at 11:00 a.m.
2600 Ocean Park Blvd., Santa Monica**

Social Committee: John Aasness

A couple of Association items to take care of to start. The donation of \$200 for personal hygiene kits for homeless veterans was passed at the last month zoom meeting. 100 hygiene kits were assembled!

I received a letter from E&B Natural Resources Corp notifying us that we had retained the mineral rights on the property sold on Washington Blvd. in 1984. I sent them our tax info after some checking, and for 2020-July 2021 they sent us a check for the amount of \$614.55. Not enough room to give you more details on this, but will fill you in when we can meet in person; possibly at the picnic in September. (Continued on Page 2)



**PEER GYNT WEBSITE: www.sonsofnorway-westla.com
Remember to "LIKE" us on Facebook**

Social Committee: (Continued from Page 1)

At the Zoom meeting in August, we discussed having a picnic on the second Saturday of September to avoid the Labor Day weekend. Discussed having it at Trinity Lutheran, but new Covid regulations regarding the school seem to have made this a no-no. Guess it will have to be at Clover Park in Santa Monica. Everyone seemed to be happy with this location the two times we met there. The lodge will provide pizza, fruit, water, soda, and dessert. Members are asked to bring lawn chairs and any additional picnic fare they may like. At our September meeting we will need to appoint a Nominating committee, and make plans for events in the following three months; Anniversary, Christmas, etc. Hopefully things will start to happen soon. Hope to see you at the picnic on 9/11/21.

John



Make a Difference Day—Have you ever wondered how one person can create positive changes in the world? Contributing in a significant way can seem like a monumental task. On October 23rd, you can pitch in to help others on Make a Difference Day. There is still time to lend a hand to others in a meaningful service project.

For ideas on where to start, visit:

Volunteer.gov <https://www.volunteer.gov/s/>

Volunteers of America voa.org

Volunteer Match volunteermatch.org

United Way liveunited.org

Engage engage.pointsoflight.org

Red Cross redcross.org

Salvation Army salvationarmy.org

Make a difference with these three steps:**1. Identify a need**

Do some research and determine who needs help in your community. Donate canned goods, clean up a park, make care packages for a shelter, or host a fundraiser for a charity.

2. Make plans and get the word out

Post flyers, e-mail your friends and family and advertise your project on social media, so volunteers can join your efforts. Make sure to include the date, time, project details, and any other important information.

3. Report back

What measurable impact did your project have? After the 23rd, tell others how you helped change lives for the better. Send a description of your project with results and photos to your District Publicity Director for use in *Viking* magazine. Whether you design your own project or pitch in on someone else's, do something good for someone else and make a difference in your community.

Norwegian Higher Education Records Set in 2020

In 2020, Norwegian universities and colleges experienced a record year in number of students. In fact, over 51% of bachelor students completed their studies in 2020, making it the first time more than half finished their studies without any delay. The number of students that graduated from Norwegian universities rose about 2,400 people from 2019 to 2020. Additionally, the number of applicants increased 4% from 2019 to 2020. Interestingly enough, some of this growth has been attributed to the coronavirus situation. In an interview this year, Minister of Research and Higher Education Henrik Asheim (H) stated "Experience from previous crises shows that more people want to get an education when times are bad. We saw that last year [2020], and we see that again this year. For the knowledge nation Norway, this is good news because we need more wise minds in all sectors." 2021 is following the positive increase from 2020 and may see even higher growth.

**litt humor...**

A Scotsman, an Englishman, and a Norwegian want to get into the Olympics but they haven't got tickets. The Scot picks up a manhole cover, tucks it under his arm, and walks up to the gate; "McTavish, Scotland, Discus", he says and in he walks. The Englishman picks up a piece of scaffolding and slings it over his shoulder... "Waddington-Smythe, England, Pole Vault" and he walks in. The Norwegian looks around, grabs a roll of barbed wire... "Johansen, Norway, Fencing"



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a little in English...

Changed name to "Salmon" to get free sushi

Taiwanese authorities are asking people to stop changing their names. Several people in the country have changed their name to "Salmon" recently.

"Salmon" has become a popular name in Taiwan. Many young Taiwanese have changed their names. Part of the reason is an offer from a chain of restaurants.

A chain has promised that people can get free sushi this week. But then they must have the Chinese characters for salmon in their name—Gui Yu. Five other friends can also have free sushi.

The result is that many have changed their names, according to local media. In recent days, around 150 people have turned up to change their name. Most are young.

"I just changed my name earlier today. Now my name is "Bao Cheng Gui Yu". We have already eaten over 7,000 Taiwanese dollars' worth, a student told a local TV channel.

That sum is around 2,000 kroner. [US\$225]

Bao Cheng Gui Yu can be translated as "explosive, beautiful salmon."

Several have various different combinations of names containing salmon. Other examples are "salmon prince," "meteor salmon king" and "salmon fried rice."

"I have changed my first name to 'Salmon.' Two of my friends did so, too. We'll just change our names back afterwards," says a woman to the TV channel SET TV.

But not everyone is happy that people are changing their names. The authorities are asking people to stop.

"This type of name change is a waste of time. It also creates an unnecessary amount of paperwork," Chen Tsung-yen said Thursday. He is the Deputy Minister of the Interior.

"I hope people can be more rational," he says.

The offer ends Thursday. It has lasted for two days.



litt på norsk...

Skifter navn til «Laks» for å få gratis sushi

Myndighetene i Taiwan ber folk slutte med bytte av navn. Flere i landet har skiftet navn til «Laks» i det siste.

«Laks» har blitt et populært navn i Taiwan. Mange unge taiwanere har byttet navn. Noe av årsaken er et tilbud fra en kjede restauranter.

En kjede har lovet at folk kan få gratis sushi denne uka. Men da må de ha de kinesiske tegnene for laks i navnet sitt. Det er «Gui Yu». Fem andre venner kan også få gratis sushi.

Resultatet er at mange har byttet navn, ifølge lokale medier. De siste dagene har rundt 150 personer møtt opp for å bytte navn. De fleste er unge.

– Jeg endret nettopp navnet mitt i dag tidlig. Nå heter jeg «Bao Cheng Gui Yu». Vi har allerede spist for over 7.000 taiwanske dollar, sa en student til en lokal TV-kanal.

Summen er rundt 2.000 kroner. Bao Cheng Gui Yu kan bli oversatt som «eksplosiv,

vakker laks».

Flere har flere ulike kombinasjoner av navn med laks. Andre eksempler er «lakseprins», «meteor laksekonge» og «laksestekt ris».

– Jeg har skiftet fornavn til «Laks». To av vennene mine har gjort det samme. Vi endrer bare navnet vårt tilbake etterpå, sier en kvinne til TV-kanalen SET TV.

Men ikke alle er fornøyd med at folk bytter navn. Myndighetene ber folk slutte.

– Denne typen navnebytter er å kaste bort tid. Det skaper også unødvendig mye papirarbeid, sa Chen Tsung-yen torsdag. Han er vise-innenriksminister.

– Jeg håper folk kan være mer rasjonelle, sier han.

Torsdag er det slutt på tilbudet. Det har vart i to dager.

Spice-Crusted Salmon with Aquavit Sour Cream - Andreas Viestad, NEW SCANDINAVIAN COOKING



The spices that are used in this salmon dish may lead you to think that this is a Middle Eastern recipe. All the spices, however, are also ingredients in the traditional Scandinavian aquavit - potato-based liquor. Serves 2. Preheat the oven to 350°F / 175°C. Rinse the fish under cold running water. Pat dry with paper towels. In a small skillet, toast the coriander, cumin, dill, and fennel seeds over medium heat for about 2 minutes, until they start to release their fragrance. Transfer to a small bowl, add the salt, and mix well. Rub the fish with the spice mixture and place in a baking dish. Sprinkle with 1 tablespoon of the lemon juice. Cover and let marinate in the refrigerator for 1 to 2 hours. To

prepare the aquavit sour cream, in a small bowl, mix together the sour cream, aquavit, caraway seeds, and chervil. Add vinegar to taste. Cover and refrigerate.

Place the baking dish with the fish on the middle oven rack and bake for 12 to 15 minutes, until the fish flakes nicely with a fork. Serve the fish topped with the sour cream and accompanied by the fennel.

Note: If you cannot find aquavit, season the sour cream with 1/4 teaspoon ground fennel seeds, 1/4 teaspoon ground dill seeds, 1/4 teaspoon ground cumin seeds, 1 teaspoon sugar, and 1 tablespoon brandy.

Ingredients:

- ◆ 1 pound (½ kg) salmon fillet, skin on, any pinbones removed
- ◆ 2 tsp coriander seeds, crushed
- ◆ 2 tsp cumin seeds
- ◆ 2 tsp dill seeds
- ◆ 2 tsp fennel seeds
- ◆ 1 tsp salt
- ◆ ¼ cup (½ dl) fresh lemon juice
- ◆ ¼ cup (½ dl) sour cream
- ◆ 1 Tbsp aquavit
- ◆ 1 tsp caraway seeds
- ◆ 1 Tbsp finely chopped fresh chervil
- ◆ 2 tsp white wine vinegar, or to taste

District Six News

Camp Norge News

Camp Oldfjell Folkehogskule for Voksne (Folk School for Adult) September 18 through 21. \$200/\$100 ½ Session. Camp Oldfjell will be held at our beautiful Camp Norge. Cultural Skills classes will be offered in topics such as: Music, Literature, Hardanger, Vikings, Cooking, Tablet Weaving, Folk Dancing, Rosemaling, and more! Mark your calendar, submit your vacation request & join us at Camp Oldfjell! This price includes: classes, lodging & meals. There will be additional prices for individual class materials which will be payable to the teacher at the time of the class. Camp catalog & registration information will be available no later than June 1, 2021.



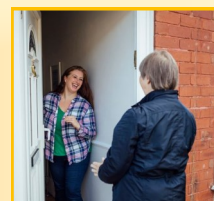
MEMBERSHIP NEWS

Getting Back to Good Fellowship and Good Food!

As we begin to gather in person again, please invite friends or family to join us as new members. Also, please check in with fellow members you may not have seen in a while, so they don't miss out.

Heritage Members

Don't forget that family members age 15 and younger are eligible for FREE Heritage membership. Please enroll your youngsters and help keep our Sons of Norway community robust and thriving for the next generation. More info is available at fraternal@sofn.com.



Membership Dues

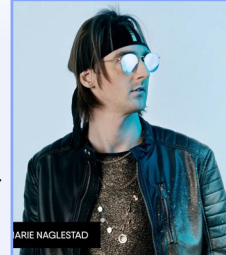
A reminder to keep your dues current so you don't miss out on the many benefits of membership!

Don't Miss the New *Viking for Kids*!

Viking for Kids is a quarterly digital publication that includes Scandinavian-inspired articles, quizzes, coloring pages and more—created by Sons of Norway staff especially for our Heritage members! To download *Viking for Kids*, visit sofn.com/vikingforkids. Latest issue - May 2021

Vista Viking Festival Online September 25 & 26, 2021. Details can be found at <https://vistavikingfestival.com/>

TIX Celebrates Differences at Eurovision—Norway's entry into this year's Eurovision Song Contest, "Fallen Angel," was written and performed by flamboyant rock star Andreas Haukeland, better known to his fans as TIX. This stage name was inspired by the constant storms of facial twitching and blinking he experiences due to Tourette's Syndrome. He arrived at Eurovision not just to showcase his music, but to celebrate the fact that living with a debilitating condition doesn't have to stand in the way of achieving your dreams. Lyrics for "Fallen Angel" were born out of TIX's own experiences with bullying and mental health issues. He feels a lot of people can relate to the latter, after living through 2020 and the pandemic. TIX made it to the final round of the epic contest, which typically draws a television audience of 200 million. After finishing in 18th place, Haukeland released a new single, *BeautiFull*. Find this offering along with *Fallen Angel* and other tunes on his YouTube channel: <https://www.youtube.com/user/TIXofficial>.



For the Good of the Order

Sunshine Report

Gratulerer to Rich and Janet Johnson on the birth of their fourth grandchild!

Gratulerer med Dagen! september

<i>Carolyn Peterson</i>	1
<i>George Berglund</i>	2
<i>John Glovka</i>	3
<i>Norman Kindig</i>	3
<i>Bruce Solheim</i>	3
<i>Uno Kaspersen</i>	11
<i>Jocelyn Eke</i>	25
<i>Lucia Evangelho</i>	30

Gratulerer to all the Norwegian Olympians! The 2020 Summer Olympics, delayed due to COVID, were finally held in Tokyo July 23 - August 8, 2021. Norwegian Olympians ended the games with a total of 8 medals.

GOLD: Jakob Ingebrigtsen - Men's 1500m (new Olympic record); Karsten Warholm - Men's 400m hurdles; Anders Mol and Christian Sørum - Men's Beach Volleyball; Kristian Blummenfelt - Men's Triathlon

SILVER: Kjetil Borch - Men's Single Sculls; Eivind Henriksen - Men's Hammer Throw

BRONZE: Women's Handball Team; Hermann Tomasgaard - Men's Laser (Sailing)

Member Address Change

Kenneth Kvammen
3665 Canyon Crest Rd.
Altadena, CA 91001-3711



Message from Zone 5 Director, Troann Loy

Here we are in summer and from what I can tell it is going to be way too hot for all of us this summer. I know I will be looking for ways to stay cool. I hope you can too!

I am so happy the Zone 5 Lodges are finding ways to meet outside and in parks. It is so nice to see everyone. I got to see members from Solbakken #6-064 at their picnic. I went to Ivar Aasen #6-045 in Santa Barbara to their Syttende Mai celebration in one of the member's backyard. It was well attended and great fun. Then went to Thousand Oaks to Norseman #6-091 for their Syttende Mai celebration in a park. To be with my Norwegian brothers and sisters again was great fun. I hope to get to all 7 of my lodges by October whether they are meeting inside or outside.

Please remember to be safe and take precautions. That darn Covid is still around. A dear friend of mine lost her son to Covid.

Stay in touch with all your members if you have not seen them or talked to them for a while. We need to stay in contact with our Norwegian family.

Always,

Troann Loy zone5@sofn6.org

Legit or Legend? Viking funerals proposed in Maine

A bill was recently introduced in the Maine legislature which, if passed, would allow a nonprofit to perform Viking funerals.

Imagine the scene: a fallen warrior is placed on a sailboat and pushed out to sea. Flaming arrows cascade onto the ship as the deceased departs to Valhalla in a fiery farewell.

But did the Vikings actually practice this funeral custom? In reality, the flaming boat turns out to be a favorite trope of pop culture, rather than historical fact.

Research of their graves reveals that the Vikings interred their dead with possessions that would be helpful in the afterlife, and—if they were wealthy—in ships such as the Oseberg ship. But this was done on land. Burial mounds were typically marked with stones in the shape of a ship or an oval.

Contents of Viking graves also show that remains were cremated elsewhere, as there is no charcoal or burnt wood present in the burial mounds.



Resource Links:

Peer Gynt Website: www.sonsofnorway-westla.com

Peer Gynt Facebook: <https://www.facebook.com/peergyntson/>

District Six Newsletters and Cultural Newsletters: <https://sofn6.org/newsletters/>

Camp Norge: <https://www.campnorge.org/site/>

District Six: <https://sofn6.org>

Sons of Norway Foundation: <https://www.sofn.com/foundation/>

Peer Gynt Lodge—Editor
4516 W. 135th St.
Hawthorne, CA. 90250

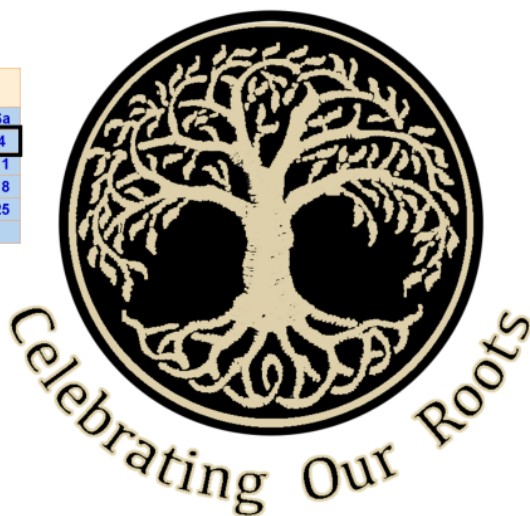


SAVE THE DATE

District Six 2022 Convention

June 2022 

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		



Sheraton Mesa Hotel
Mesa, Arizona



For over one hundred years, Peer Gynt Lodge has served as the center of cultural activity in West Los Angeles for Norwegians, those of Norwegian descent, and anyone interested in our Norwegian and Scandinavian culture and heritage. Join us for our next meeting or event!

PEER GYNT WEBSITE: www.sonsofnorway-westla.com

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