

Get Fit. With MoFit. **GROUP FITNESS**

Monday

Tuesday

Wed.

Thursday

Friday

Saturday

Mofit 9:10am

Mofit 5:15pm AquaFit 9:10am

AquaFit 7:15pm

Mofit 9:10am

Mofit 5:15pm AquaFit 9:10am

Zumba 6:15pm

AquaFit 7:15pm

Mofit 9:10am

Yoga 8:15am

Drop-in: \$12 per class

OR \$60 1-Month Unlimited Classes

WWW.MOFIT.FIT



Classes are held at the Middleburg Heights Recreation Center (no membership required).



€ 216-978-1602 Mofit635@gmail.com

PAY HERE.

