

# MoFit

MOVE.  
GET STRONG.  
FEEL GREAT.




*Team MoFit.  
Stronger Together*

## SUMMER CLASS SCHEDULE

### MONDAY

- 6:45 AM WALKING CLUB 
- 9:10 AM MOFIT 
- 5:15 PM MOFIT 
- 6:15 PM BIKE CLUB 
- 7:00 PM MOFIT (FAIRVIEW) 





### TUESDAY

- 6:45 AM MOFIT 
- 9:00 AM AQUA 
- 7:15 PM AQUA 

### WEDNESDAY

- 6:45 AM OUTDOOR MOFIT 
- 9:10 AM MOFIT 
- 5:15 PM MOFIT 
- 7:00 PM CYCLE (FAIRVIEW) 

### THURSDAY

- 6:45 AM MOFIT 
- 9:00 AM AQUA 
- 6:15 PM ZUMBA 
- 7:15 PM AQUA 

### FRIDAY

- 9:10 AM MOFIT 

### SATURDAY

- 8:15 AM YOGA 

*Team MoFit. | Stronger Together*

 [www.mofit.fit](http://www.mofit.fit)

 216-978-1602 