



Get Fit. With MoFit. GROUP FITNESS

Monday

**Mofit
9:10am**

**Mofit
5:15pm**

**MoFit-FV*
7:00pm**

Tuesday

**AquaFit
9:10am**

**AquaFit
7:15pm**

Wed.

**Mofit
9:10am**

**Mofit
5:15pm**

**Cycle-FV*
7:00pm**

Thursday

**AquaFit
9:10am**

**Zumba
6:15pm**

**AquaFit
7:15pm**

Friday

**Mofit
9:10am**

Drop-in: \$12 per class

OR

\$60 **1-Month
Unlimited
Classes**

Saturday

**Yoga
8:15am**

WWW.MOFIT.FIT



**Classes held at the Middleburg Heights Recreation Center &
*FV- Fairview Park Gemini Center
(no membership required).**

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PAY HERE.



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