

BAGEL CHALET

- » 36 Veterans Memorial Hwy,
Commack, NY 11725
(631) 499-9820
 - » 2037 Merrick Road, Merrick,
NY 1566 (516) 378-3300
 - » 607 Old Country Rd, Plainview,
NY 11803 (516) 403-2160
- Mon-Sat: 5am-7pm
Sun: 5am-5pm

www.bagelchalet.com

Bakery

Muffins \$5.25
Corn • Blueberry • Cranberry Orange •
Chocolate Chip • Double Chocolate
Chip • French Toast • Raisin Bran • Carrot
Cream Cheese

Cookies \$5.25
Black & White • Linzer Tart • Rainbow
Sprinkle • Chocolate Chip

Croissants \$5.25
Plain • Chocolate • Parisian Almond

Scones \$5.25
Raisin • Chocolate • Blueberry •
Cranberry Orange

Other Pastries \$5.25
Apple Turnover • Bear Claw • Cheese
Danish • Apple Almond Danish • Crumb
Cake • Raspberry Crumb Cake

Oatmeal & Soup Bar

Small	Medium	Large
\$6.25	\$7.25	\$8.25

Steel Cut Irish Oatmeal
Unsweetened with Choice of Toppings

Chicken Noodle Soup
Served with Choice of Buttered
Bread

Soup of the Day
Served with Choice of Buttered
Bread

Bagels & Bread

Bagels \$2.25

Plain • Cinnamon Raisin • Egg • Pumpernickel
Pumpernickel Everything • Multigrain Raisin • Rainbow
Blueberry • Strawberry • French Toast • Asiago Cheese
Poppy • Sesame • Everything • Egg Everything • Super Egg
Onion • Onion • Garlic • Sunflower • Rye • Whole Wheat
Whole Wheat Sesame • Whole Wheat Everything
Low Carb Multigrain • Low Carb Sesame
Low Carb Everything

Bagel Flats \$2.25

Plain • Cinnamon Raisin • Poppy • Sesame • Whole Wheat
Whole Wheat Sesame • Whole Wheat Everything
Whole Wheat Sunflower

Twists \$2.25

Plain • Poppy • Sesame • Everything

Minis \$1.50

Plain • Poppy • Sesame • Everything • Rainbow

Dozen Bagels \$23.00

Kaiser Rolls \$2.10

Plain • Poppy

Heros \$2.50

Buttered or Jelly Bagel \$4.39

Cream Cheese Bagel \$5.29

Flavored Cream Cheese Bagel \$5.75

Vegetable • Scallion • Lox • Strawberry • Chocolate Chip • Vanilla
Raisin Walnut • Jalapeño • Cinnamon Raisin Walnut • Olive • Low Fat
Veggie

Commuter Special \$5.75

Buttered Bagel or Roll with a Small Hot Beverage

From the Grill

1 Egg on a Bagel or Roll \$3.49

2 Eggs on a Bagel or Roll \$3.99

Pick 3 Omelette \$12.99

Served with Your Choice of Buttered Bread and Home Fries

Hungryman \$12.99

3 Eggs, Ham, Bacon, Sausage, and Cheese on a Hero

Short Stack Pancakes (3) \$11.99

Challah Bread French Toast \$11.99

Hash Browns or Home Fries Small: \$5.49

Large: \$6.49

Sandwich Add-on: \$2.99

Gourmet Paninis **\$12.99**

Forest Special

Mesquite Smoked Turkey Breast, Muenster Cheese, Leaf Lettuce, Tomato & Russian Dressing on a Pumpernickel Sesame Club

Longwood Special

Marinated Grilled Chicken, Fresh Mozzarella, Sundried Tomatoes, Leaf Lettuce & Honey Pesto on a Seven Grain Baguette

Honey Lovers

Honey Maple Turkey Breast, Monterey Jack Cheese, Leaf Lettuce, Tomato & Champagne Mustard on a Multigrain Focaccia

Junior Special

Breaded Chicken Cutlet, Fresh Mozzarella, Sautéed Spinach, Roasted Red Peppers & Sweet Pesto Dressing on a Rustic Round Roll

Cuban Cubano

Sliced Black Forest Ham, Baby Swiss Layered with Thinly Sliced Pickles, Roasted Red Peppers & Honey Chipotle Mayo on Ciabatta

Grande Steakhouse

Roast Beef, Cheddar Cheese, Caramelized Onions & BBQ Mayo on an Everything Disc

Eggplant Special

Breaded Eggplant, Mozzarella, Grilled Portobello Mushrooms, Roasted Red Peppers & Garlic Mayo on an Everything Disc

Smoke House Special

Mesquite Smoked Turkey Breast, Crispy Maple Bacon, Cheddar Cheese & BBQ Mayo on a Toasted Onion Ciabattini

Nick's Special

Cracked Peppercorn Turkey Breast, Swiss Cheese, Leaf Lettuce, Tomato & Honey Mustard on an Onion Ciabattini

Maple Lovers

Honey Maple Turkey Breast, Brie Cheese & Toasted Almond Honey Spread on a Low Carb Multigrain Bagel

Mesa Lovers

Grilled Chicken, Pepper Jack Cheese, Grilled Green & Red Peppers & Chipotle Mayo on a Ciabotta

Anti-Lovers

Ham Capicola, Genoa Salami, Pepperoni, Provolone, Roasted Peppers & Pesto Mayo on an Onion Panini

Chalet's Special

Mozzarella Layered with Plum Tomatoes, Roasted Red Peppers, Basil & Balsamic Vinaigrette on a Ciabotta

Little Italy

Grilled Chicken, Fresh Mozzarella, Prosciutto, Leaf Lettuce & Sundried Tomato Spread on Ciabotta

Chalet Classics **\$12.99**

The Three Amigos

Boars Head® Roast Beef, Ham, Turkey & American Cheese (Bread of Your Choice)

Cougar Melt

Steaming Hot Roast Beef Smothered with Melted Mozzarella Topped with Thousand Island Dressing (Bred of Your Choice)

Stage Pastram

Hot Pastrami Smothered with Muenster Cheese & Topped with Spicy Mustard on Rye Bread

Country Woods Classic B.L.T.

Crispy Bacon Topped with Shredded Lettuce, Ripe Tomatoes & Mayo (Bread of Your Choice)

Nick's Reuben

Hot Corned Beef Smothered with Swiss Cheese, Sauerkraut & Spicy Brown Mustard on Rye Bread

Peggy's Double Decker

Boars Head® Turkey, American Cheese, Crispy Bacon & Fresh Lettuce (Bread of Your Choice)

North Shore's "Old Fashion"

Sliced Nova Lox, Scallion Cream Cheese, Tomatoes & Onions (Bread of Your Choice)

Chalet's Chicken Club

Tender Chicken Cutlets with Crispy Bacon, Tomato, Lettuce & Cheese (Bread of Your Choice)

Barbecue Chicken Sandwich

Sliced Barbecue Chicken Topped with Bacon, Cheddar Cheese & BBQ Sauce (Bread of Your Choice)

Italian Stallion

Ham, Pepperoni, Salami, Provolone, Topped with Lettuce, Tomato, Onion & Italian Dressing (Bread of Your Choice)

Healthy Choice

Sliced Grilled Chicken with Leaf Lettuce, Tomato & Honey Mustard (Bread of Your Choice)

Grab & Go Wraps \$12.99

Express Buffalo Wrap

Buffalo Chicken Strips with Shredded Carrots, Lettuce & Blue Cheese Dressing

Express Chicken Thai Wrap

Teriyaki Grilled Chicken, Sliced Cucumbers, Shredded Carrots, Mixed Greens & Peanut Sauce on a Whole Wheat Wrap

Express Honey Turkey Wrap

Honey Maple Turkey, Swiss Cheese, Lettuce, Tomato & Honey Mustard on a Whole Wheat Wrap

Express Roast Beef Wrap

Roast Beef, Swiss Cheese, Lettuce, Tomato & Mayo

Express Ham & Swiss Wrap

Ham, Swiss, Fresh Lettuce, Tomato & Mayo

Express Chalet Steak House Wrap

House Seasoned Roast Beef, Crumbled Blue Cheese, Caramelized Onion, Lettuce & Horseradish Dressing

Express California Wrap

Chicken Cutlet, Cheddar Cheese, Bacon, Avocado, Tomato, Onion, Lettuce & Chipotle Ranch Dressing

Express Turkey Wrap

Ovengold Turkey Breast, Swiss Cheese, Tomato, Green Leaf Lettuce & Mayo

Express Low Carb Wrap

Sliced Chicken Breast, Baby Spinach, Alpine Lace Swiss & Sundried Tomato Pesto on a Whole Wheat Wrap

Express Cranberry Walnut Chicken Salad Wrap

Cranberry Walnut Chicken Salad with Mesclun Greens, Bermuda Onion & Crumbled Blue Cheese

Express Lite Honey Mustard Chicken Salad Wrap

Lite Honey Mustard Chicken with Lettuce & Tomato on a Whole Wheat Wrap

Express Chicken Caesar Wrap

Grilled Herb Chicken, Romaine Lettuce, Parmesan Cheese & Caesar Dressing

Express Egg Salad Wrap

Egg Salad, Lettuce & Tomato

Express Cobb Wrap

Leaf Lettuce, Cracked Pepper Turkey, Avocado, Bacon & Blue Cheese Dressing

Express Turkey BLT Wrap

Ovengold Turkey Breast, Crispy Bacon, Lettuce, Tomato & Ranch Dressing

Express Roast Beef BBQ Wrap

Roast Beef, Cheddar Cheese, Caramelized Onions, Leaf Lettuce & Barbecue Sauce

Express Italiano Wrap

Grilled Chicken, Fresh Mozzarella, Roasted Peppers, Lettuce & Pesto Mayo

Express Chicken Salad Wrap

Chicken Salad, Leaf Lettuce & Tomato

Express Tuna Wrap

Tuna Salad, Leaf Lettuce & Tomato

Express Veggie Wrap

Grilled Marinated Vegetables, Fresh Mozzarella, Baby Spinach & Balsamic Vinaigrette on a Whole Wheat Wrap

Pasta Salads \$13.99/lb.

Chalet Pasta

Radiatore Pasta, Marinated Julienned Sundried Tomatoes, Basil & Parmesan Cheese Tossed in Roasted Garlic Oil

Israeli Couscous

Toasted Israeli Couscous, Diced Red & Yellow Peppers, Red Onion, Green Olives, Shredded Carrot, Diced Cucumber, Celery & Dill in a Mediterranean Vinaigrette

Baby Spinach Salad

Grilled Chicken, Cranberries, Toasted Pine Nuts & Raspberry Balsamic Vinaigrette

Orzo Pasta

Orzo Pasta, Sautéed Spinach, Toasted Pine Nuts, Marinated Julienned Sundried Tomatoes & Basil in a Roasted Garlic Aoli

Grilled Chicken Caesar Pasta

Penne Pasta, Sliced Grilled Chicken, Shredded Romaine Lettuce & Grated Parmesan Cheese in a Classic Caesar Dressing

Cold-Cut Sandwiches

	Sandwich	Per lb.
Boars Head® Ham Ham • Black Forest • Ham Capicola	\$8.99	\$20.99
Boars Head® Sliced Cheeses American Cheddar Monterey Jack Mozzarella Muenster Provolone Swiss Pepper Jack Alpine Lace	\$7.25	\$14.99
Boars Head® Turkey Ovengold • Honey Maple • Cracked Pepper • Smoked	\$8.99	\$20.99
Boars Head® Roast Beef	\$8.99	\$20.99
Grilled Chicken Cutlet	\$9.99	\$15.99
Breaded Chicken Cutlet	\$9.99	\$15.99

Add Lettuce 75c | Add Tomato 99c | Add Onion 75c
Add Cheese 99c | Add Avocado \$1.55

Homemade Salads

	Sandwich	Per lb.
Tuna Salad	\$10.99	\$17.99
Veggie Tuna Salad	\$10.99	\$17.99
Low Fat Veggie Tuna	\$10.99	\$17.99
Honey Mustard Tuna Salad	\$10.99	\$17.99
Egg Salad	\$9.99	\$15.99
Egg White Spinach Salad	\$9.99	\$15.99
Whitefish Salad	\$13.99	\$21.99
Baked Salmon Salad	\$13.99	\$21.99
Shrimp Salad	\$13.99	\$21.99
Chicken Salad	\$10.99	\$17.99
Cranberry Walnut Chicken Salad	\$10.99	\$17.99
Honey Mustard Chicken Salad	\$10.99	\$17.99

Vegetable & Bean Salads

Mediterranean Chickpea Chickpeas, Red Kidney Beans, Sliced Black Olives, Diced Red Peppers, Red Onion, Celery & Dill in a Red Wine Vinaigrette	\$12.99/lb
Avocado Salad Sliced Avocados, Julienned Tomatoes & Bermuda Onion in an Olive Oil Infused Dressing	\$15.60/lb
Oven Roasted Carrots	\$12.99/lb
Oven Roasted Cauliflower	\$12.99/lb
Marinated Grilled Vegetables	\$12.99/lb

Signature Express Salads

Chef Salad Romaine Lettuce, Shredded Carrots, Peppers, Tomatoes, Cucumbers, Red Onions, Ham, Turkey, Roast Beef, Hard Boiled Eggs, American & Swiss Cheese	\$15.75
Cobb Salad Romaine Lettuce, Grilled Chicken, Avocado, Bacon, Tomato, hard Boiled Eggs & Crumbled Blue Cheese	\$15.75
Baby Spinach Salad Baby Spinach, Red Onion, Boiled Eggs, Portobello Mushrooms, Tomatoes, Bacon, Crumbled Blue Cheese, Grilled Chicken & Balsamic Vinaigrette	\$15.75

Asian Noodle Salad Romaine Lettuce, Teriyaki Glazed Chicken, Chinese Noodles, Cranberries, Mandarin Oranges, Almonds & Sesame Ginger Dressing	\$15.75
---	----------------

Caesar Salad* Romaine Lettuce, Parmesan & Homemade Croutons	\$14.75
---	----------------

Greek Salad* Romaine Lettuce, Feta Cheese, Black Olives, Bermuda Onions, Green Peppers, Tomatoes & Cucumbers	\$14.75
--	----------------

Bistro Salad Field Greens, Cherry Tomatoes, Sliced Mangoes, Avocado, Walnuts & Goat Cheese	\$15.75
--	----------------

Tossed Salad Romaine Lettuce, Cucumbers, Green Peppers, Tomatoes, Carrots & Red Onion	\$14.75
---	----------------

*\$15.75 With:
Grilled Chicken | Chicken Salad
Tuna Salad | Egg Salad
Vegetable Tuna