

Bagel Chalet of Commack Chopped Salad Bar Menu

Phone (631)499-9820

Fax (631)499-0406

Circle Choices Below

Lettuce Choice Iceberg Mesclun Greens Romaine Baby Spinach Baby Kale

Bowl Size Small \$14.50 Large \$15.50

How We Chop Chopped Lite Chopped Not Chopped

Unlimited Topping

Asparagus	Cheddar Cheese	Grated Cheese	Pineapple	Sundried Tomatoes
Bacon Bits	Chickpeas	Green Olives	Portobello Mushroom	Sunflower Seeds
Bagel Chips	Chinese Noodles	Green Peppers	Red & White Quinoa	Sweet Potato
Beets	Corn	Hard-Boiled Egg	Red Cabbage	Tomatoes
Black Olives	Couscous	Hot Peppers	Red Onion	Walnut Pieces
Blue Cheese	Croutons	Kalamata Olives	Red Pepper	Warm Jasmine Rice
Broccoli	Cucumbers	Kidney Beans	Roasted Red Pepper	Warm Yellow Rice
Brussel Sprouts	Dark Raisins	Mandarin Oranges	Scallions	
Carrots	Dried Cranberries	Mozzarella	Sesame Seeds	
Celery	Feta Cheese	Pickled Onions	Sliced Almonds	

Salad Dressing

Balsamic Vinaigrette
Blue Cheese Dressing
Russian Dressing
Mango Pineapple Vinaigrette
Greek Dressing

On The Side Mixed In

Honey Mustard Dressing
Italian Dressing
Ranch Dressing
Lemon Vinaigrette
Caesar Dressing

Extra Dressing \$.99 Each

Sesame Ginger Dressing
Citrus Vinaigrette
Raspberry Balsamic Vinaigrette
Chipotle Lime Vinaigrette

Fat-Free Dressing

Balsamic Vinegar
Balsamic Vinaigrette
Honey Dijon Dressing

Italian Dressing
Olive Oil
Ranch Dressing

Raspberry Vinaigrette
Red Vinegar
French Dressing

Top It Off for Only \$1.55

Avocado Artichoke Hearts Goat Cheese Hearts of Palm Mango

Top It Off for Only \$3.25

BBQ Chipotle Chicken	Egg Salad	Warm Meatballs	Sesame Crusted Tuna \$4.99
Teriyaki Chicken	Cold Grilled Chicken	Chicken Salad	Warm Baked Salmon \$4.99
Tuna Salad	Warm Grilled Chicken	Sliced Turkey	

Included With Your Salad: Choice of Bagel Bialy Wrap Pita Bagel Chips

Salad To Stay Salad To Go

Order Is Specially Prepared For: _____