

BAGEL CHALET

- » 36 Veterans Memorial Hwy,
Commack, NY 11725
(631) 499-9820
 - » 2037 Merrick Road, Merrick,
NY 1566 (516) 378-3300
 - » 607 Old Country Rd, Plainview,
NY 11803 (516) 403-2160
- Mon-Sat: 5am-7pm
Sun: 5am-5pm

www.bagelchalet.com

Bakery

Muffins \$5.25
Corn • Blueberry • Cranberry Orange •
Chocolate Chip • Double Chocolate
Chip • French Toast • Raisin Bran • Carrot
Cream Cheese

Cookies \$5.25
Black & White • Linzer Tart • Rainbow
Sprinkle • Chocolate Chip

Croissants \$5.25
Plain • Chocolate • Parisian Almond

Scones \$5.25
Raisin • Chocolate • Blueberry •
Cranberry Orange

Other Pastries \$5.25
Apple Turnover • Bear Claw • Cheese
Danish • Apple Almond Danish • Crumb
Cake • Raspberry Crumb Cake

Oatmeal & Soup Bar

Small	Medium	Large
\$6.25	\$7.25	\$8.25

Steel Cut Irish Oatmeal
Unsweetened with Choice of Toppings

Chicken Noodle Soup
Served with Choice of Buttered
Bread

Soup of the Day
Served with Choice of Buttered
Bread

Bagels & Bread

Bagels \$2.10

Plain • Cinnamon Raisin • Egg • Pumpernickel
Pumpernickel Everything • Multigrain Raisin • Rainbow
Blueberry • Strawberry • French Toast • Asiago Cheese
Poppy • Sesame • Everything • Egg Everything • Super Egg
Onion • Onion • Garlic • Sunflower • Rye • Whole Wheat
Whole Wheat Sesame • Whole Wheat Everything
Low Carb Multigrain • Low Carb Sesame
Low Carb Everything

Bagel Flats \$2.10

Plain • Cinnamon Raisin • Poppy • Sesame • Whole Wheat
Whole Wheat Sesame • Whole Wheat Everything
Whole Wheat Sunflower

Twists \$2.10

Plain • Poppy • Sesame • Everything

Minis \$1.50

Plain • Poppy • Sesame • Everything • Rainbow

Dozen Bagels \$21.00

Kaiser Rolls \$2.10

Plain • Poppy

Heros \$2.50

Buttered or Jelly Bagel \$4.39

Cream Cheese Bagel \$5.29

Flavored Cream Cheese Bagel \$5.75

Vegetable • Scallion • Lox • Strawberry • Chocolate Chip • Vanilla
Raisin Walnut • Jalapeño • Cinnamon Raisin Walnut • Olive • Low Fat
Veggie

Commuter Special \$5.75

Buttered Bagel or Roll with a Small Hot Beverage

From the Grill

1 Egg on a Bagel or Roll \$3.49

2 Eggs on a Bagel or Roll \$3.99

Pick 3 Omelette \$12.99

Served with Your Choice of Buttered Bread and Home Fries

Hungryman \$12.99

3 Eggs, Ham, Bacon, Sausage, and Cheese on a Hero

Short Stack Pancakes (3) \$11.99

Challah Bread French Toast \$11.99

Hash Browns or Home Fries Small: \$5.49

Large: \$6.49

Sandwich Add-on: \$2.99

Gourmet Paninis \$11.99

Forest Special

Mesquite Smoked Turkey Breast, Muenster Cheese, Leaf Lettuce, Tomato & Russian Dressing on a Pumpernickel Sesame Club

Longwood Special

Marinated Grilled Chicken, Fresh Mozzarella, Sundried Tomatoes, Leaf Lettuce & Honey Pesto on a Seven Grain Baguette

Honey Lovers

Honey Maple Turkey Breast, Monterey Jack Cheese, Leaf Lettuce, Tomato & Champagne Mustard on a Multigrain Focaccia

Junior Special

Breaded Chicken Cutlet, Fresh Mozzarella, Sautéed Spinach, Roasted Red Peppers & Sweet Pesto Dressing on a Rustic Round Roll

Cuban Cubano

Sliced Black Forest Ham, Baby Swiss Layered with Thinly Sliced Pickles, Roasted Red Peppers & Honey Chipotle Mayo on Ciabatta

Grande Steakhouse

Roast Beef, Cheddar Cheese, Caramelized Onions & BBQ Mayo on an Everything Disc

Eggplant Special

Breaded Eggplant, Mozzarella, Grilled Portobello Mushrooms, Roasted Red Peppers & Garlic Mayo on an Everything Disc

Smoke House Special

Mesquite Smoked Turkey Breast, Crispy Maple Bacon, Cheddar Cheese & BBQ Mayo on a Toasted Onion Ciabattini

Nick's Special

Cracked Peppercorn Turkey Breast, Swiss Cheese, Leaf Lettuce, Tomato & Honey Mustard on an Onion Ciabattini

Maple Lovers

Honey Maple Turkey Breast, Brie Cheese & Toasted Almond Honey Spread on a Low Carb Multigrain Bagel

Mesa Lovers

Grilled Chicken, Pepper Jack Cheese, Grilled Green & Red Peppers & Chipotle Mayo on a Ciabotta

Anti-Lovers

Ham Capicola, Genoa Salami, Pepperoni, Provolone, Roasted Peppers & Pesto Mayo on an Onion Panini

Chalet's Special

Mozzarella Layered with Plum Tomatoes, Roasted Red Peppers, Basil & Balsamic Vinaigrette on a Ciabotta

Little Italy

Grilled Chicken, Fresh Mozzarella, Prosciutto, Leaf Lettuce & Sundried Tomato Spread on Ciabotta

Chalet Classics

The Three Amigos \$11.99

Boars Head® Roast Beef, Ham, Turkey & American Cheese (Bread of Your Choice)

Cougar Melt \$11.99

Steaming Hot Roast Beef Smothered with Melted Mozzarella Topped with Thousand Island Dressing (Bred of Your Choice)

Stage Pastrami \$11.99

Hot Pastrami Smothered with Muenster Cheese & Topped with Spicy Mustard on Rye Bread

Country Woods Classic B.L.T. \$11.99

Crispy Bacon Topped with Shredded Lettuce, Ripe Tomatoes & Mayo (Bread of Your Choice)

Nick's Reuben \$11.99

Hot Corned Beef Smothered with Swiss Cheese, Sauerkraut & Spicy Brown Mustard on Rye Bread

Peggy's Double Decker \$11.99

Boars Head® Turkey, American Cheese, Crispy Bacon & Fresh Lettuce (Bread of Your Choice)

North Shore's "Old Fashion" \$13.99

Sliced Nova Lox, Scallion Cream Cheese, Tomatoes & Onions (Bread of Your Choice)

Chalet's Chicken Club \$11.99

Tender Chicken Cutlets with Crispy Bacon, Tomato, Lettuce & Cheese (Bread of Your Choice)

Barbecue Chicken Sandwich \$11.99

Sliced Barbecue Chicken Topped with Bacon, Cheddar Cheese & BBQ Sauce (Bread of Your Choice)

Italian Stallion \$11.99

Ham, Pepperoni, Salami, Provolone, Topped with Lettuce, Tomato, Onion & Italian Dressing (Bread of Your Choice)

Healthy Choice \$11.99

Sliced Grilled Chicken with Leaf Lettuce, Tomato & Honey Mustard (Bread of Your Choice)

Grab & Go Wraps \$11.99

Express Buffalo Wrap

Buffalo Chicken Strips with Shredded Carrots, Lettuce & Blue Cheese Dressing

Express Chicken Thai Wrap

Teriyaki Grilled Chicken, Sliced Cucumbers, Shredded Carrots, Mixed Greens & Peanut Sauce on a Whole Wheat Wrap

Express Honey Turkey Wrap

Honey Maple Turkey, Swiss Cheese, Lettuce, Tomato & Honey Mustard on a Whole Wheat Wrap

Express Roast Beef Wrap

Roast Beef, Swiss Cheese, Lettuce, Tomato & Mayo

Express Ham & Swiss Wrap

Ham, Swiss, Fresh Lettuce, Tomato & Mayo

Express Chalet Steak House Wrap

House Seasoned Roast Beef, Crumbled Blue Cheese, Caramelized Onion, Lettuce & Horseradish Dressing

Express California Wrap

Chicken Cutlet, Cheddar Cheese, Bacon, Avocado, Tomato, Onion, Lettuce & Chipotle Ranch Dressing

Express Turkey Wrap

Ovengold Turkey Breast, Swiss Cheese, Tomato, Green Leaf Lettuce & Mayo

Express Low Carb Wrap

Sliced Chicken Breast, Baby Spinach, Alpine Lace Swiss & Sundried Tomato Pesto on a Whole Wheat Wrap

Express Cranberry Walnut Chicken Salad Wrap

Cranberry Walnut Chicken Salad with Mesclun Greens, Bermuda Onion & Crumbled Blue Cheese

Express Lite Honey Mustard Chicken Salad Wrap

Lite Honey Mustard Chicken with Lettuce & Tomato on a Whole Wheat Wrap

Express Chicken Caesar Wrap

Grilled Herb Chicken, Romaine Lettuce, Parmesan Cheese & Caesar Dressing

Express Egg Salad Wrap

Egg Salad, Lettuce & Tomato

Express Cobb Wrap

Leaf Lettuce, Cracked Pepper Turkey, Avocado, Bacon & Blue Cheese Dressing

Express Turkey BLT Wrap

Ovengold Turkey Breast, Crispy Bacon, Lettuce, Tomato & Ranch Dressing

Express Roast Beef BBQ Wrap

Roast Beef, Cheddar Cheese, Caramelized Onions, Leaf Lettuce & Barbecue Sauce

Express Italiano Wrap

Grilled Chicken, Fresh Mozzarella, Roasted Peppers, Lettuce & Pesto Mayo

Express Chicken Salad Wrap

Chicken Salad, Leaf Lettuce & Tomato

Express Tuna Wrap

Tuna Salad, Leaf Lettuce & Tomato

Express Veggie Wrap

Grilled Marinated Vegetables, Fresh Mozzarella, Baby Spinach & Balsamic Vinaigrette on a Whole Wheat Wrap

Pasta Salads \$13.99/lb.

Chalet Pasta

Radiatore Pasta, Marinated Julienned Sundried Tomatoes, Basil & Parmesan Cheese Tossed in Roasted Garlic Oil

Israeli Couscous

Toasted Israeli Couscous, Diced Red & Yellow Peppers, Red Onion, Green Olives, Shredded Carrot, Diced Cucumber, Celery & Dill in a Mediterranean Vinaigrette

Baby Spinach Salad

Grilled Chicken, Cranberries, Toasted Pine Nuts & Raspberry Balsamic Vinaigrette

Orzo Pasta

Orzo Pasta, Sautéed Spinach, Toasted Pine Nuts, Marinated Julienned Sundried Tomatoes & Basil in a Roasted Garlic Aoli

Grilled Chicken Caesar Pasta

Penne Pasta, Sliced Grilled Chicken, Shredded Romaine Lettuce & Grated Parmesan Cheese in a Classic Caesar Dressing

Cold-Cut Sandwiches

	Sandwich	Per lb.
Boars Head® Ham Ham • Black Forest • Ham Capicola	\$8.99	\$20.99
Boars Head® Sliced Cheeses American Cheddar Monterey Jack Mozzarella Muenster Provolone Swiss Pepper Jack Alpine Lace	\$7.25	\$14.99
Boars Head® Turkey Ovengold • Honey Maple • Cracked Pepper • Smoked	\$8.99	\$20.99
Boars Head® Roast Beef	\$8.99	\$20.99
Grilled Chicken Cutlet	\$9.99	\$15.99
Breaded Chicken Cutlet	\$9.99	\$15.99

Add Lettuce 75c | Add Tomato 99c | Add Onion 75c
Add Cheese 99c | Add Avocado 99c

Homemade Salads

	Sandwich	Per lb.
Tuna Salad	\$9.99	\$16.99
Veggie Tuna Salad	\$9.99	\$16.99
Low Fat Veggie Tuna	\$9.99	\$16.99
Honey Mustard Tuna Salad	\$9.99	\$16.99
Egg Salad	\$8.99	\$13.99
Egg White Spinach Salad	\$8.99	\$13.99
Whitefish Salad	\$12.99	\$22.00
Baked Salmon Salad	\$12.99	\$22.00
Chicken Salad	\$9.99	\$16.99
Cranberry Walnut Chicken Salad	\$9.99	\$16.99
Honey Mustard Chicken Salad	\$9.99	\$16.99

Vegetable & Bean Salads

Mediterranean Chickpea Chickpeas, Red Kidney Beans, Sliced Black Olives, Diced Red Peppers, Red Onion, Celery & Dill in a Red Wine Vinaigrette	\$12.99/lb
Avocado Salad Sliced Avocados, Julienned Tomatoes & Bermuda Onion in an Olive Oil Infused Dressing	\$15.60/lb
Oven Roasted Carrots	\$12.99/lb
Oven Roasted Cauliflower	\$12.99/lb
Marinated Grilled Vegetables	\$12.99/lb

Signature Express Salads

Chef Salad **\$14.75**

Romaine Lettuce, Shredded Carrots, Peppers, Tomatoes, Cucumbers, Red Onions, Ham, Turkey, Roast Beef, Hard Boiled Eggs, American & Swiss Cheese

Cobb Salad **\$14.75**

Romaine Lettuce, Grilled Chicken, Avocado, Bacon, Tomato, hard Boiled Eggs & Crumbled Blue Cheese

Baby Spinach Salad **\$14.75**

Baby Spinach, Red Onion, Boiled Eggs, Portobello Mushrooms, Tomatoes, Bacon, Crumbled Blue Cheese, Grilled Chicken & Balsamic Vinaigrette

Asian Noodle Salad **\$14.75**

Romaine Lettuce, Teriyaki Glazed Chicken, Chinese Noodles, Cranberries, Mandarin Oranges, Almonds & Sesame Ginger Dressing

Caesar Salad* **\$13.75**

Romaine Lettuce, Parmesan & Homemade Croutons

Greek Salad* **\$13.75**

Romaine Lettuce, Feta Cheese, Black Olives, Bermuda Onions, Green Peppers, Tomatoes & Cucumbers

Bistro Salad **\$14.75**

Field Greens, Cherry Tomatoes, Sliced Mangoes, Avocado, Walnuts & Goat Cheese

Tossed Salad **\$13.75**

Romaine Lettuce, Cucumbers, Green Peppers, Tomatoes, Carrots & Red Onion

*\$14.75 With:

Grilled Chicken | Chicken Salad
Tuna Salad | Egg Salad
Vegetable Tuna