

Bagel Chalet of Plainview Chopped Salad Bar Menu

Phone (516) 403-2160

Circle Choices Below

Lettuce Choice Iceberg Mesclun Greens Romaine Baby Spinach

Bowl Size Small \$13.50 Large \$14.50

How We Chop Chopped Lite Chopped Not Chopped

Unlimited Topping

Bacon Bits	Chickpeas	Green Olives	Portobello Mushroom	Sunflower Seeds
Bagel Chips	Chinese Noodles	Green Peppers	Red Cabbage	Sweet Potato
Beets	Corn	Hard-Boiled Egg	Red Onion	Tomatoes
Black Olives	Croutons	Hot Peppers	Red Peppers	Walnut Pieces
Blue Cheese	Cucumbers	Kalamata Olives	Roasted Red Pepper	
Broccoli	Dark Raisins	Kidney Beans	Scallions	
Carrots	Dried Cranberries	Mandarin Oranges	Sesame Seeds	
Celery	Feta Cheese	Mozzarella	Sliced Almonds	
Cheddar Cheese	Grated Cheese	Pineapple	Sundried Tomatoes	

Salad Dressing

On The Side Mixed In

Extra Dressing \$.99 Each

Balsamic Vinaigrette	Greek Dressing	Caesar Dressing	Sesame Ginger
Blue Cheese Dressing	Honey Mustard	Citrus Vinaigrette	
Russian Dressing	Italian Dressing	Blood Orange Vinaigrette	
Ranch Dressing	Mango Pineapple Vinaigrette	Balsamic Raspberry Vinaigrette	

Fat-Free Dressing

Balsamic Vinegar	Italian Dressing	Olive Oil
Balsamic Vinaigrette	Raspberry Vinaigrette	Red Vinegar
Honey Dijon Dressing	Ranch Dressing	French Dressing

Top It Off for Only \$1.55+

Avocado Artichoke Hearts Goat Cheese Mango

Top It Off for Only \$3.25+

BBQ Chipotle Chicken	Teriyaki Chicken	Grilled Chicken	Sliced Turkey
Egg Salad	Chicken Salad	Tuna Salad	

Included With Your Salad: Choice of: Bagel Bialy Wrap Pita Bagel Chips

Salad To Stay

Salad To Go

Order Is Specially Prepared For: _____