



**Respect.  
Integrity.  
Nonviolence.**

Dear Parent/Guardian,

Over the course of the season, your child has the opportunity to be involved in an exciting program called Coaching Boys into Men (CBIM). CBIM is a program that helps build healthy relationships and prevent violence before it starts. CBIM uses coaches to mentor young athletes about responsibility and respect for others, especially towards women and girls. This national, research-based program discusses twelve topics such as personal responsibility, insulting language, disrespectful behavior towards women and girls, when aggression crosses the line, and digital disrespect.

Participation in program discussions includes a pre and post survey that will be used to measure learning outcomes and program effectiveness. The survey is completely confidential and will not require or include any identifiable information. If you do not wish to have your child participate in CBIM team discussions, please sign below and have your child return this form to me. Participation is voluntary and non-participation will not have any bearing on your child's involvement in team activities.

On the other side of this form is a CBIM information sheet. If you have any questions or concerns, please feel free to contact me at. I believe CBIM will be a beneficial learning experience for the whole team. Thank you.

**I do not wish to have my child participate in CBIM discussions and surveys:**

Parent Signature\_\_\_\_\_

Athletes Name\_\_\_\_\_

Date\_\_\_\_\_



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## Coaching Boys into Men<sup>®</sup>

Coaching Boys into Men (CBIM) is a violence prevention program for athletic **coaches** designed to inspire them to teach their **young male** athletes about the importance of respect for themselves, others, and particularly women and girls. CBIM is coaching social and emotional intelligence skills in boys sports.

### Why Coaches?

Athletic coaches play an extremely influential and unique role in the lives of young men. Because of these relationships, coaches are poised to positively influence how young men think and behave, both on and off the field. Coaching Boys Into Men (CBIM) is the only evidence-based prevention program that trains and motivates high school coaches to teach their young male athletes healthy relationship skills and that violence never equals strength.

### Why Athletes?

By and large, athletes are often popular and influential leaders among their peers. The qualities of a successful athlete such as discipline, cooperation, and integrity, are also the building blocks to becoming a respectful individual and a role model for others.

Through CBIM, your son will be making a commitment to respect himself and others. Each day teenagers around the country experience various forms of abuse. In fact, 1 in 3 teenagers report knowing a friend or peer who has been physically hurt by their boyfriend or girlfriend. He can all help end this problem by speaking out against violence and standing for respect.

**Boys need role models- they need mentors, teachers and coaches to give them guidance that will help them grow into healthy young men.**

