



PRE-SEASON ASSESSMENT FOR ATHLETES

IN THE PAST THREE MONTHS HAVE ANY OF YOUR COACHES TALKED TO YOU ABOUT:

1.1 Being respectful toward other people?

___ I wasn't on a team in the past 3 months

___ Yes, my coach talked to us.

___ No, my coach didn't talk to us.

1.2 Stopping kids from doing harmful or violent things towards someone?

___ I wasn't on a team in the past 3 months

___ Yes, my coach talked to us.

___ No, my coach didn't talk to us.

1 NOT
ABUSIVE

2 A LITTLE
ABUSIVE

3 SOMEWHAT
ABUSIVE

4 VERY
ABUSIVE

5 EXTREMELY
ABUSIVE

2. THIS IS A LIST OF THINGS SOME PEOPLE DO OR SAY TO SOMEONE THEY DATE.
PLEASE RATE EACH OF THE FOLLOWING ACTIONS.

- | 1 | 2 | 3 | 4 | 5 | |
|---|---|---|---|---|---|
| 1 | 2 | 3 | 4 | 5 | 1. Name calling or insulting them. |
| 1 | 2 | 3 | 4 | 5 | 2. Telling them they're ugly or stupid. |
| 1 | 2 | 3 | 4 | 5 | 3. Making fun of them in front of other people |
| 1 | 2 | 3 | 4 | 5 | 4. Telling them what to do all the time. |
| 1 | 2 | 3 | 4 | 5 | 5. Telling them which friends they can and cannot talk to or see. |
| 1 | 2 | 3 | 4 | 5 | 6. Pressuring them not to break up. |
| 1 | 2 | 3 | 4 | 5 | 7. Not listening to what they have to say. |
| 1 | 2 | 3 | 4 | 5 | 8. Trying to convince them to have sex. |
| 1 | 2 | 3 | 4 | 5 | 9. Preventing them from leaving a room. |
| 1 | 2 | 3 | 4 | 5 | 10. Keeping tabs on them or spying on them. |
| 1 | 2 | 3 | 4 | 5 | 11. Being physically/sexually intimate with someone without asking. |
| 1 | 2 | 3 | 4 | 5 | 12. Constantly contacting them via phone, text or social media to find out who they are with , where they are and what they're doing. |
| 1 | 2 | 3 | 4 | 5 | 13. Threatening to hit them. |
| 1 | 2 | 3 | 4 | 5 | 14. Forcing them to have sex. |

1VERY
UNLIKELY**2**SOMEWHAT
UNLIKELY**3**UNCERTAIN
LIKELY**4**SOMEWHAT
LIKELY**5**VERY
LIKELY

3. HOW LIKELY ARE YOU TO DO SOMETHING TO TRY AND STOP WHAT'S HAPPENING IF A TEAMMATE OR FRIEND OF YOURS IS:

1**2****3****4****5**

1. Making rude or disrespectful comments about a someone's body, clothing or make-up?

1**2****3****4****5**

2. Spreading rumors about someone's sexual reputation.

1**2****3****4****5**

3. Fighting with someone to the point where they are starting to cuss or threaten the person?

1**2****3****4****5**

4. Doing unwelcome or uninvited things such as invading someone's personal space, touching them or making sexual gestures?

1**2****3****4****5**

5. Shoving, grabbing or physically hurting someone?

1**2****3****4****5**

6. Showing other people sexual messages or naked/sexual pictures on a cell phone or the Internet?

1**2****3****4****5**

7. Telling jokes that are disrespectful towards others?

1**2****3****4****5**

8. Being verbally or physically by a partner.

1**2****3****4****5**

9. Being pressured to be physically or sexually intimate without asking whether she wants to?

4.1 WHAT GRADE ARE YOU IN?

- ☐ 9th Grade
☐ 10th Grade
☐ 11th Grade
☐ 12th Grade
☐ Other: Please specify

4.3 HOW DO YOU DESCRIBE YOURSELF?

- ☐ Male
☐ Female
☐ Other: Please specify

4.2 HOW DO YOU IDENTIFY YOUR RACE/ETHNICITY?

- ☐ American Indian/Alaska Native
☐ Asian
☐ Black or African American
☐ Hispanic or Latino
☐ White or Caucasian
☐ Multi-racial (More than one race)
☐ I don't know
☐ Other: Please specify
