

Title: Licensed Mental Health Therapist

FTE: Full-time, Exempt Report to: Program Director

Location: The Fresno Center – Fresno County

#### **POSITION SUMMARY:**

The Fresno Center (TFC) is a non-profit organization that was established in the past 30+ years serving the community of Fresno County. TFC has more than 20 different programs serving individuals and families. Six of our 20+ programs focus on mental health services (Horticultural Therapeutic Community Centers Program, Living Well Center, Holistic Cultural and Educational Wellness Center, and Neighborhood Resource Center, California Reducing Disparity Project, Central Valley Regional Center Latino and Southeast Asian Navigator Program, and Kaiser Community Benefits Program).

Licensed Mental Health Therapists will provide individual supervision to assigned unlicensed clinicians, case managers, and/or peer specialists. Licensed Mental Health Therapists will review assessments, progress notes, along with other relevant documents pertaining to his/her supervisees. Licensed Mental Health Therapists will provide services to remove barriers to employment for families who are recipients of the California Work Opportunity and Responsibility to Kids (CalWORKs) Welfare-to-Work (WTW) benefits with mild to moderate mental health symptoms. This service ensures that families can receive ongoing, non-employment related mental health (MH) treatment, non-employment MH services, and/or case management services to ensure the client is linked to appropriate services. In turn, families and individuals will receive a meaningful transition from employment-related MH services to non-employment MH services, and/or resulting in clients engaging in their educational goals, employment opportunities, or other approved Welfare-to-Work activities; thus, resulting in clients' transitioning from welfare to work.

Licensed Mental Health Therapists report directly to the Program Director; conducts and/or assists in conducting assessments, individual, group, marital family therapy, counseling sessions, case management, and performs other related work as needed.

### MAJOR DUTIES AND RESPONSIBILITIES:

- 1. Supervises caseload of unlicensed clinicians, case managers, and/or peer specialists.
- 2. Oversees the work of supervisees including but not limited to assessments, plan of care, progress notes, etc.
- 3. Conducts weekly individual and group supervisions to review cases of each supervisee and help supervisee grow clinically, professionally, and interpersonally.
- 4. Conducts assessments, functional evaluations of consumers, and formulating culturally and/or linguistically appropriate behavioral health wellness and recovery treatment plan for Welfare-to-Work consumers.
- 5. Licensed staff may have a caseload depending on the need of the program and may conduct therapy, rehabilitation, and/or case management services as needed for Welfare-to-Work consumers. Licensed staff will teach and use a client-centered approach to treat each client.
- 6. Completes all required documentation in a reasonable amount of time.
- 7. Provides or assists in the provision of culturally and linguistically appropriate behavioral health consultative services to professional personnel of other agencies to help them better serve their consumers and families.
- 8. Speaks to community and professional groups to promote behavioral health, wellness and recovery, and anti-stigma practices.
- 9. Participates in staff development programs and in staff conferences regarding consumers' wellness and recovery and professional behavioral health approaches.
- 10. May provide basic mental health training to the Department of Social Services.
- 11. Attends mandatory regularly scheduled department/agency meetings.
- 12. Willingness to drive to rural areas (e.g., Kerman and/or Selma) to work with clients.
- 13. Understanding of and ability to provide culturally appropriate and sensitive services.
- 14. Serves on committees, task forces, and special assignments as directed.
- 15. Maintains confidentiality accordingly to the law.

- 16. Prepares correspondence, records, and reports.
- 17. Rotating with clinical staff for 24/7 emergency calls.
- 18. Other relevant job duties.

# KNOWLEDGE, SKILLS & ABILITIES:

#### Knowledge of:

- Principles, theories, techniques, and practices used in counseling psychology, clinical social work, and/or marriage and family therapy including techniques used for the diagnosis of and behavioral health services for chronically mentally ill and emotionally disturbed consumers in a wellness and recovery evidence-based practices framework;
- Principles and practices of behavioral health education, community organizations and allied behavioral health services and resources;
- Laws, regulations and ethical standards governing behavioral health treatment, and medical records;
- > Behavioral health interviewing techniques and behavioral health treatment methods;
- Intensive and long-term case management services in a wellness and recovery evidence-based framework;
- ➤ Cultural competency theory, practice, and its application.

### Skills/Abilities to:

- Identifies and evaluates normal and abnormal behavior tendencies, prioritize, rank and group these behaviors leading to an appropriate diagnostic label(s) within the consumer's cultural and linguistic perspective;
- > Communicates effectively in both oral and written forms to other behavioral health staff, consumers, their family members and other interested community members about wellness and recovery mental health philosophy, terminology and concepts in an understandable, non-threatening manner;
- Establishes and maintains effective work relationships with team members, other behavioral health services staff, clerical staff, and other professions;
- ➤ Keep current with new developments, trends of thoughts, and literature in the fields of psychology, social work, and/or other mental health services especially evidence-based practices and wellness and recovery models and any other areas that the program determines as a priority;

### ESSENTIAL JOB REQUIREMENTS FOR BILINGUAL SKILL

- ✓ Ability to speak Spanish and/or Hmong preferred.
- ✓ Provides limited transportation to clients to appropriate supportive services.
- ✓ Required ability to assist with phone calls for clients.
- ✓ Required ability to provide translations and interpretation on a periodic basis.
- ✓ Other translation tasks as required.

#### MINIMUM QUALIFICATIONS:

Education: Doctoral Degree in Clinical/Counseling Psychology, Master's Degree in Social Work with an emphasis in clinical

social work, Master's Degree in Counseling Psychology with emphasis in clinical work, or Master's Degree in Marriage and Family Therapy, or other course of study acceptable to the State of California Board of Behavioral

Sciences (BBS).

Registration: Must be licensed as a Psychologist, Licensed Clinical Social Worker, Licensed Marriage and Family Therapist,

or Licensed Professional Clinical Counselor in the State of California with license in good standing. Must have a minimum of 2 years practicing and completed all requirements to provide supervision to registered/waiver

psychologists and/or associates registered under BBS.

*License*: Possession of a valid Class "C" Driver's License required.

## **CLOSING DATE: TBA** - *Position is contingent upon funding.*

To apply, please submit a cover letter, resume, and three references **via email** to Dr. Cheng Vang at <a href="mailto:cheng.vang@fresnocenter.org">cheng.vang@fresnocenter.org</a>, with Licensed Mental Health Therapist Position in the subject line, or you can pick up an application at The Fresno Center, 4879 E. Kings Canyon Road, Fresno, CA 93727. The Fresno Center values diversity and is an affirmative action employer. All interested individuals, including women, people of color, people over forty, and persons with disabilities are encouraged to apply.