

SESSION ONE

WHO DEFINES TRUTH?

Jesus is truth and determines what is true about His creation.



KEY PASSAGE

John 1:1-18

KEY VERSE

John 14:6

DEFINE THE WORD

Find a friend and ask him or her to tell you the meaning of these words without looking at them. See if your friend's definitions match up with the correct words.

suíte / sweet

stair / stare

some / sum

son / sun

Homophones are words that sound the same but have one intended meaning. This session explores how all truth comes from God. He alone determines what is true.

SHARPEN & STRENGTHEN

Truth is found in the Person of Jesus Christ. By knowing Jesus and His Word, we can rightly discern what is true so that we may live a life that glorifies Him. As you go throughout your week, use the true words of God to see the world. Ask God to help you evaluate what is truth in your life and reveal any lies you may believe from culture or personal influences. God delights for us to walk in truth, and He will help us!

What does the Bible say about who defines truth?

- Read John 14:6.
- How does Jesus describe Himself?

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- Does Jesus merely say He speaks truth?

How can we identify cultural falsehoods?

- What are some beliefs or ideas our culture claims to be true but are really false?

How does this change how I evaluate what is true in my own life?

- Read John 17:17. Write any notes or thoughts you have about what this means for you.



Worldview
how we view the world—our basic beliefs about God, humanity, ethics and the world around us (Romans 12:2)

FIRE IT UP!

CHART THE WAY TO TRUTH

Using your Bible, look up the following verses. Fill in the missing words.

1. **Psalms 86:11 (CSB):** "Teach me your _____, LORD, and I will live by your _____. Give me an undivided mind to fear your name."
2. **Matthew 22:16 (CSB):** "Teacher," they said, "we know that you are _____ and teach truthfully the _____ of God. You don't care what anyone thinks nor do you show partiality."
3. **1 John 5:20 (CSB):** "And we know that the Son of God has come and has given us understanding so that we may know the _____ one. We are in the true one—that is, in his _____. He is the _____ God and eternal life."
4. **Psalms 26:3 (CSB):** "For your faithful love guides me, and I live by your _____."