

2026 Fall Workshop Schedule

Becoming an Outdoors-Woman® Nova Scotia

2026 Fall BOW cost is \$350 - includes shared accommodation

Meals, snacks, and your choice of 4 workshops

Zeffy registration will go live on August 12th at 9:00 am

<https://www.zeffy.com/en-CA/ticketing/2026-fall-workshop>

Friday, September 25

Morning

8:00 am – 12:00 noon **Registration**

8:30 am – 12:00 noon

► Firearm Safety, Handling & Storage

The pre-requisite for courses marked ►:

- ☐ A firearms license **OR**
- ☐ Proof of successfully completing the Canadian Firearms Safety Course (non-restricted) **OR**
- ☐ Attendance at the Firearms Safety, Handling & Storage class Friday AM

Please do not bring your own firearms.

Afternoon

12:00 noon **Lunch & Welcome**

Session 1

1:30 pm – 5:00 pm

- Archery/Bowhunting
- Day Hikes
- Fly Tying
- Introduction to Home Canning
- ► Shooting Rifles *offsite
- Trout Fishing *offsite

Evening

5:30 pm **Dinner & Announcements**

7:00 pm – 9:00 pm **Evening Program**

- Kitchen Party
- Campfire Social

Saturday, September 26

Morning

7:00 am **Breakfast & Announcements**

Session 2

8:30 am – 12:00 noon

- Archery/Bowhunting
- Mi'kmaw Medicine Bags
- ► Shooting Rifles *offsite
- Trail Building 101
- Trout Fishing *offsite
- Wild Edible Plants

Afternoon

12:00 noon **Lunch & Announcements**

Session 3

1:30 pm – 5:00 pm

- Camping **≡**overnight
- Fly Fishing *offsite
- Introduction to Home Canning
- Mi'kmaw Medicine Bags
- Nature Photography
- Trail Building 201

Evening

5:30 pm **Dinner & Announcements**

6:30 – 7:00 pm Group Photo

7:00 pm – 9:00 pm **Evening Program**

- When Nature Calls
- Star Talk
- Live Auction
- Campfire Social

Sunday, September 27

Morning

7:00 am **Breakfast & Announcements**

Session 4

8:30 am – 12:00 noon

- Art in Nature
- Fly Fishing *offsite
- Nature I.D.
- Nature Photography
- Wilderness Survival
- Woodworking

Lunch

12:00 noon **Wrap up & Farewells**

LEGEND

► **CLASS HAS A PRE-REQUISITE TO ATTEND**
 ➤ See Friday's Firearm Safety, Handling & Storage

*** OFF-SITE CLASS – Transportation will be provided**

≡ OVERNIGHT CLASS – You will be sleeping outside

All classes are introductory, for people who have little or no experience. All equipment is provided, unless otherwise indicated in class descriptions.