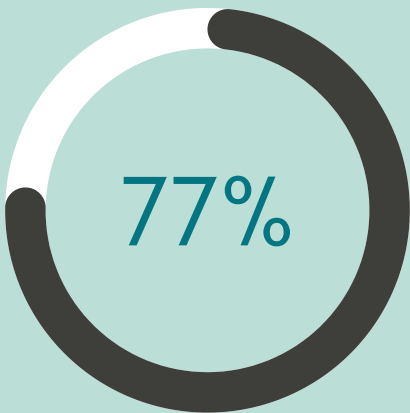
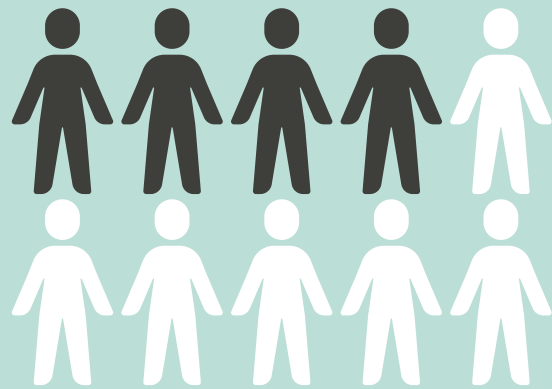


# JOELLE MONACO CONSULTING

## what about burnout



of individuals say they have experienced burnout at their current workplace



four in ten individuals feel that someone at their workplace cares about them as a person

## burnout is



a response to elevates and persistent stress that impacts our physical and emotional wellness

burnout costs roughly **125 to 190 billion dollars** in health care cost annually

**75%** of the workforce say their bosses are the most stressful part of their jobs

**70%** feel their employers are not doing enough to prevent or alleviate burnout

**engaged** employees are at high risk of burnout and turnover

when we don't take care of individuals it can impact



- workplaces
- teams
- clients
- families
- friends