



Break these rules and your stay will be terminated

You have 3 warnings ONLY

(RED TYPE = IMMEDIATE REMOVAL FROM HOME)

Any problems or concerns call **619-400-9056**

1) SAFETY:

- a) No loitering or hanging out in the front yard for any reason. The back deck is used for this.
- b) Keep entry and exit doors closed and locked at all times
- c) No weapons, drugs, or paraphernalia of any kind
- d) Do not leave items on the floor that may cause a slipping or trip hazard
- e) If you spill anything on the floor immediately wipe it up and place a wet floor sign

2) GENERAL:

- a) Do not steal or use another person's items without permission.
- b) Do not open or enter any cabinets or closets with locks
- c) Turn lights off when not in use
- d) You may **NOT** enter another resident's room at any time w/o their permission
- e) Clothes must be worn outside of your room.
- f) If you are diabetic or need to give yourself shots using a syringe, you will need to have a medical grade bin to dispose of used needles properly.

3) SMOKING, VAPING, ALCOHOL, AND DRUGS:

- a) Smoking or Vaping on backyard deck ONLY, NEVER in the house (including bathroom or garage)
- b) No Smoking, Vaping, or Alcohol consumption in front of home
- c) Do not share medication
- d) No storage or use of illegal drugs or unprescribed medication allowed

4) CLEANLINESS:

- a) Put trash in the trash can, put dirty dishes in the sink, clean up after you use the bathroom
- b) Your room shall be kept in an **orderly and sanitary** condition **at ALL times**
- c) Food is only to be consumed in the **kitchen, at Dining room table** or out **on the Deck**.
- d) Food is **NOT ALLOWED** in bedrooms at any time.
- e) If you spill anything or make a mess anywhere in the house including your room you will be responsible for cleaning it up.

5) YOUR ROOM:

- a) **You may NOT enter another resident's room at any time unless they invite you in.**
- b) Mattress covers must NEVER be removed
- c) Keep personal items inside of your room (Valuable Items should be secured)

6) PERSONAL HYGIENE

- a) Diapers, bed pads, or any personal hygiene items must be disposed of properly.
- b) You shall keep up with your personal hygiene by bathing and brushing your teeth frequently.
- c) You shall have no complaints that you or your personal space has offensive odors.

7) BEHAVIOR:

- a) **No aggressive or violent behavior EVER!**
- b) **No profanity or offensive language directed at any residents, neighbors, or ABANA staff or helpers.**
- c) **No lending or borrowing money, cars or other property from neighbors.**
- d) **No romantic advances on ABANA House staff.**

8) LAUNDRY:

- a) Coordinate use of Laundry with others in the home.
- b) Laundry area must be kept clean.
- c) **You may not put feces soiled items into any washer or dryer in the home.**

My signature signifies, I have read and understand what I can and cannot do while living in ABANA House. I understand and agree that if I break any rules within this document in red type, my stay will be terminated immediately, and I will be banned from living in other homes that ABANA Co-Living Spaces manages.

X_____ Date: _____,