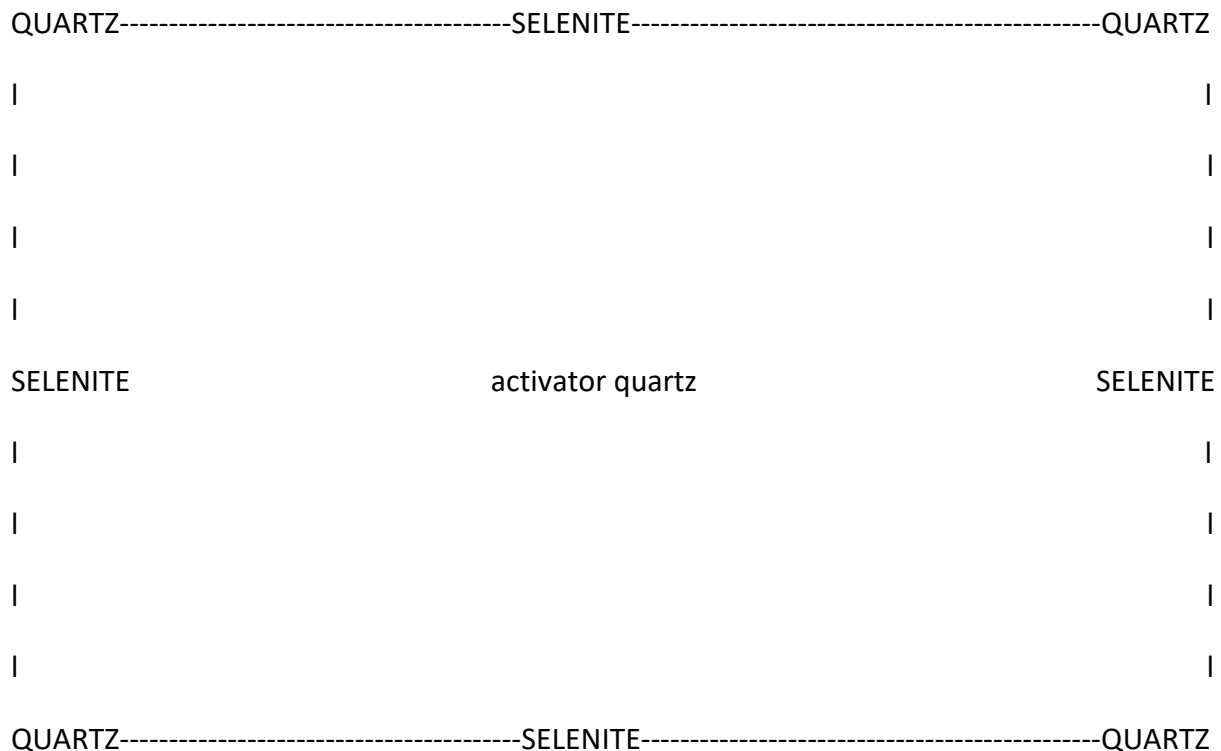


HOW TO CLEAR AND PROTECT A SPACE © Babette de Jongh

Shamansmarket.com is where you can get sage and incense, etc. Copal is also good for clearing. When you have a large area to clear, you may need to use an incense burner with a handle rather than a sage bundle. But either is fine. Intention is more important than the tools you use. I used to know a man who cleared /banished entities with cigar smoke. (It would make me clear out, too!) Before you begin, sage yourself and any other person who is there for the ceremony.

To clear a space, call in your helpers (angels, etc.) for protection and guidance, light your incense or sage and state your intention that the smoke will clear the space of any energies that aren't of the light and in the highest and best interest of the people and animals now living in the home (you may want to name them) and claim the space for their benefit, etc. Use your own words and intuition about what to say. Start at the center/top and work your way out/down, walking and swirling the smoke in concentric counter-clockwise circles. (Clockwise = creating/manifesting, counter-clockwise = clearing/banishing.) Open a window on each floor and clear to that opening, then close it and move down to the next level. In a two-story house with a basement, you would first clear the top floor, then the ground floor, then the basement. Spend extra time in any area that feels "dark" to you. Then, proceed outside and clear the rest of the property. After clearing, work clockwise to put down a protective barrier, such as a sprinkling of salt along the edges of the house and/or property.

To create a protective barrier with crystals that can be recharged, put a piece of quartz crystal at each corner of the property, then a piece of selenite along each property line, like this:



Then, I put my activator quartz (one that's a pyramid shape works well) in the center of the property. Standing wherever it feels right for you to be, and moving when you need to, use your wand (I have a pointy piece of quartz that fits well in my hand) to connect up all the selenite and quartz and inform it of its job (again, use the words your intuition tells you to use). It isn't necessary for you to physically see each piece of the quartz or selenite as you are working. You can visualize them. (The activator quartz and the wand are yours; the crystals you place on the edges of the property will stay there.)

To connect-up the quartz and selenite, point your wand to the activator quartz, then to the piece of quartz that is closest to the entrance of the property, then back to the activator quartz. Your intention while you do this (you can say it out loud but you don't have to) is to use the energy of your activator quartz to charge and inform each individual piece of its job of protecting the property from any sort of harm (as well as any other specific job you want them to do, such as helping an animal know its boundaries). In general, you would charge the quartz to block any negative energies, and the selenite to keep the quartz cleared of any energies it might have absorbed. Moving clockwise (creating/manifesting) you will connect the activator quartz to each individual piece of quartz and selenite you laid down.

When you have worked your way around to the first piece of quartz, continue working in a clockwise circle to connect each piece to every other piece. You may decide to connect-up all the quartz first, then all the selenite, then all of them together. Use your intuition about what you need to do for the specific situation.

When you have done that, continuing to move in a clockwise fashion, draw imaginary lines up from each piece to make energetic walls, then across the top to make a protective dome over the property, and across the bottom to make a protective floor beneath it.

Now, sage yourself and anyone who was present at the ceremony again. Sage or rinse your activator crystal and wand in water before you leave the house where you did the clearing, so you're not taking home any of the energies that may have been absorbed from the property.

When you have done all of this, thank and release your angelic helpers, and ask them to check in periodically to energize, clear, and recharge the protective grid you have created. You can also do this remotely by visualizing yourself standing where the activator crystal was placed; visualize that you are clearing the space by pushing the activator's clearing/recharging energy outward in all directions and sealing off the protective barrier. Even when you work remotely using the visualization of your activator crystal, you will want to call in helpers for protection and assistance, sage yourself before and after, then clear and recharge your activator and wand afterward.