

Mindfulness Practice

Life Trauma Transformation

Meditation

Centering Prayer

Integral Psychotherapy

Life Visioning

Life Coaching 4 Teens

Marriage and Family

Immigrant Children

Bicultural Adaptability

Communication

Psychological Flexibility

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INTEGRAL
COMMUNITY
SOLUTIONS
INSTITUTE

*Strengthening the inner-self in order to
create loving families, relationships,
individuals, and communities.*

Integral Community Solutions Institute



Integral Community Solutions Institute was founded in 2012 to provide high quality, culturally competent, language appropriate counseling services to residents in our community. ICSI founders and facilitators come from diverse multiracial, cultural, and language groups, and use evidence-based and promising culturally relevant practices to enhance interpersonal, individual, and family relationships to build healthier communities.

Therapeutic Services

What We Offer

- Family
- Individual
- Couples
- Parenting Skills
- Communication Skills
- Conflict Resolution
- Mediation

Therapy Groups

- Men's Empowerment
- Women's Life Recovery
- We R.I.S.E Women's Group
- Adolescents
- Transformational

Professional Services

- Facilitation
- Consultation
- Transformation Seminars
- Trainings (CEU's Available)
- Team Building
- Leadership Development

Should our fees impose a hardship, a sliding fee scale is available. Please discuss the possibility of alternate arrangements with the office manager.

The Gathering Ongoing Seminars

One Relationship

The Truth about relationships and the practice of self-love

Dream Again

Personal development believing in yourself and redesigning your life.

Totally Free

Healing the inner self and having the courage to transform your life.

Incarceration of the Mind

Free your mind and your life will change. Managing thoughts, feelings, and emotions.

Mindfulness Practices

*The Love Meditation.
Centering Prayer Contemplative.*

***The Gathering is a healing space
for ongoing transformational work
and personal development.***