

## MATCH DAY PREPARATION AND ACTIONS TO BE COMPLETED

### AGE GROUP - U7 & U8

### MUST: HAVE / DO / USE

### NOTES:

PITCH SIZE

40 X 30 YARDS

if you are using a larger pitch move the goals closer together and use cones to reduce the width  
do NOT use more players to 'fill it'

GOAL SIZE

6' X 12'

### Law 1 Playing Area

The recommended pitch sizes are;

SIZE OF BALL

3

Mini-Soccer U7/U8 (5 v 5) 40 x 30 yards  
Mini-Soccer U9/U10 (7 v 7) 60 x 40 yards

NUMBER OF PLAYERS

5 + MAX 5 SUBS

The FA rules stipulate Maximum 5 v 5

DTA (Designated Technical Area) YES

Manager and Coach/Subs area only. All must remain in the DTA during the game

RESPECT BARRIER

YES

All spectators must remain behind the 'barrier' (cones or a line can be used). No one is allowed behind the goals

MATCH TIME

40 MINS

2 X 20 Mins or to further aid development opportunities, or 4 x 10 mins if both team agree

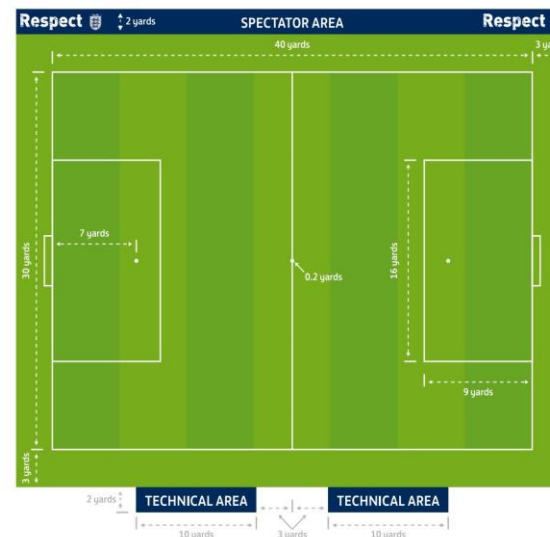
ID CARD CHECK

MUST BE COMPLETED. SEE NOTES BELOW

1. Download your squad list from WGS(Whole Game System)

2. Before Kick Off, each team should line up and managers check that team in front of them appear on the squad list.

- a league match can ONLY take place with league registered players



### Mini Soccer U7 and U8 (5v5)

Recommended  
pitch size:  
40 x 30 yards

Recommended  
goalpost size:  
6 x 12 feet

Note: The halfway  
line is also used  
as the retreat line  
when restarting  
play with a  
goal kick

## MATCH DAY PREPARATION AND ACTIONS TO BE COMPLETED

### AGE GROUP - U9 & U10

### MUST: HAVE / DO / USE

### NOTES:

PITCH SIZE

60 X 40 YARDS

GOAL SIZE

6' X 12'

SIZE OF BALL

3

NUMBER OF PLAYERS

7 + MAX 7 SUBS

### Law 1 Playing Area

The recommended pitch sizes are;

Mini-Soccer U7/U8 (5 v 5) 40 x 30 yards  
Mini-Soccer U9/U10 (7 v 7) 60 x 40 yards

The FA rules stipulate Maximum 7 v 7

DTA (Designated Technical Area) YES

Manager and Coach/Subs area only. All must remain in the DTA during the game

RESPECT BARRIER

YES

All spectators must remain behind the 'barrier' (cones or a line can be used). No one is allowed behind the goals

MATCH TIME

50 MINS

2 X 25 Mins or to further aid development opportunities, or 4 x 12 mins 30 Secs if both teams agree

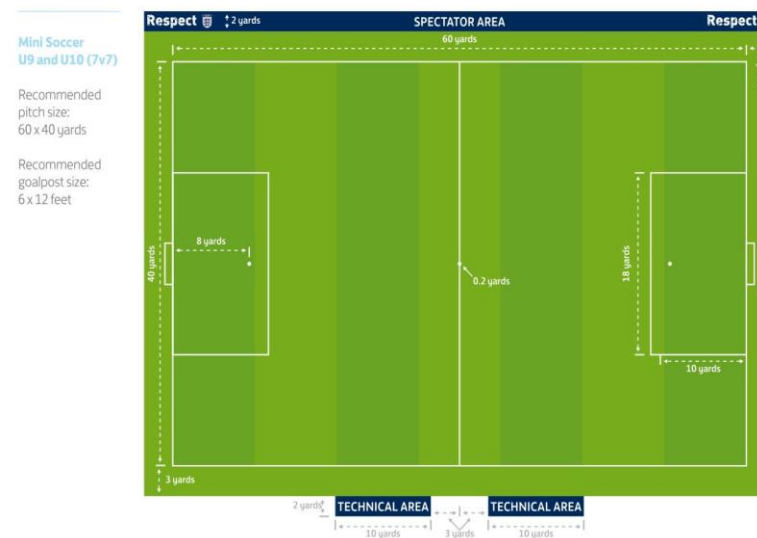
ID CARD CHECK

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## MATCH DAY PREPARATION AND ACTIONS TO BE COMPLETED

### AGE GROUP - U11

### MUST: HAVE / DO / USE

### NOTES:

PITCH SIZE

80 X 50 YARDS

GOAL SIZE

7' X 16'

SIZE OF BALL

4

NUMBER OF PLAYERS

9 + MAX 9 SUBS

The FA Recommended Pitch Sizes							
Age grouping	Type	Recommended size <b>without</b> runoff (safety area around pitch)		Recommended size <b>including</b> runoff (safety area around pitch)		Recommended size of goal posts	
		Length x width (yards)		Length x width (yards)		Height x width (ft)	
Mini-Soccer U7/U8	5v5	40	30	46	36	6	12
Mini-Soccer U9/U10	7v7	60	40	66	46	6	12
Youth U11/U12	9v9	80	50	86	56	7	16

The FA rules stipulate Maximum 9 v 9

DTA (Designated Technical Area) YES

Manager and Coach/Subs area only. All must remain in the DTA during the game

RESPECT BARRIER

YES

All spectators must remain behind the 'barrier' (cones or a line can be used). No one is allowed behind the goals

MATCH TIME

60 MINS

2 x 30 Mins or to further aid development opportunities, or 4 x 15 mins if both teams agree

ID CARD CHECK

MUST BE COMPLETED. SEE NOTES BELOW

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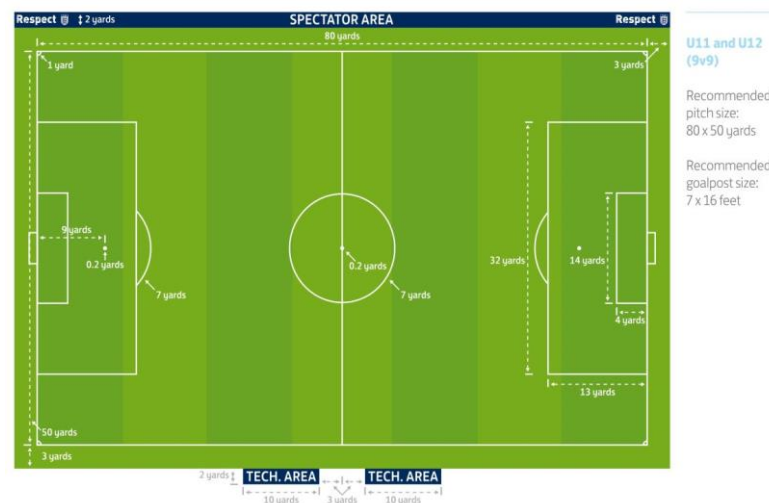
2. Before Kick Off, each team should line up and managers check that team in front of them appear on the squad list.

- a league match can **ONLY** take place with league registered players

If either team fails to show their ID cards then the match points are awarded to the NON-DEFAULTING team

Action: Complete a non fulfilment form and record 'NO ID CHECK'

- The League Sec will review and award points



Position	Minimum Requirement
Team managers in under 18 teams. (Each team must have at least one lead coach with these qualifications). Also applies to assistant coaches if they will have sole charge of team.	<ol style="list-style-type: none"> <li>1. Online Introduction to Coaching Football</li> <li>2. In-date DBS</li> <li>3. In-date online Safeguarding Children Course</li> <li>4. In-date online Introducing First Aid in Football (IFAIF)</li> </ol>
Assistant coaches <b>who do not have sole charge of team at any point</b> , and parents who help out with teams.	<ol style="list-style-type: none"> <li>1. Playmaker</li> <li>2. In-date DBS</li> </ol>