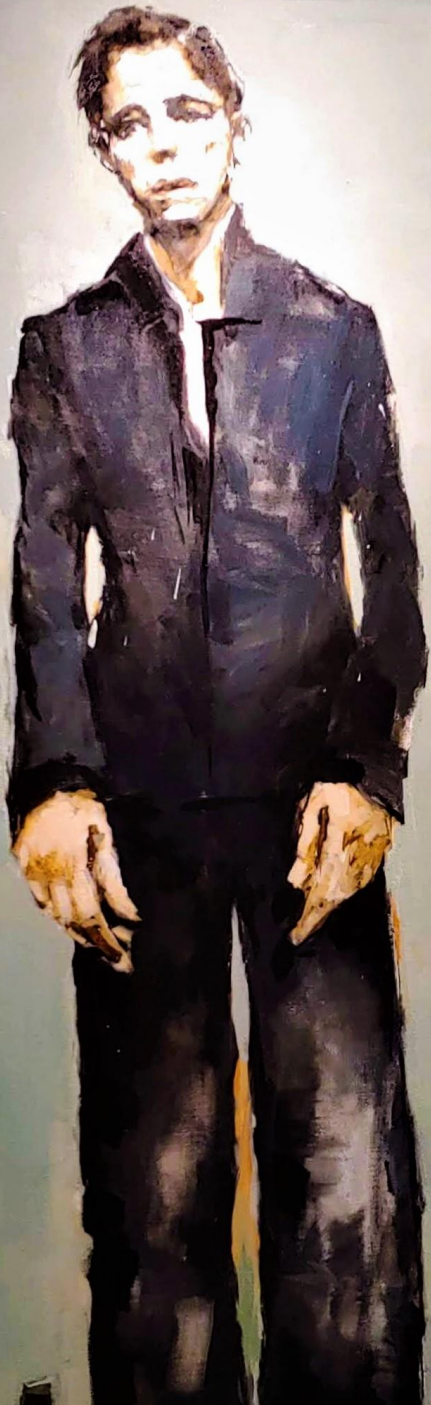


Marriott Resort Puerto Vallarta
Jalisco, México
October 6—10, 2022

Respite

“

Rise, Restart and Let's begin Again, Together!



“Be kind to
others,
but always be
compassionate
to yourself.”

“Why Dance?”
Art collaboration by
Rik Freeman and Gabriel Schnitz

*Reset! Relax! Refresh! and Rejuvenate!
Because tomorrow will be different!*

October 6 to 10, 2022 Marriott Resort Puerto Vallarta, Jalisco, MX

The planners will help attendees move beyond COVID-19 presenting four (4) days of EXHILARTING TRANSFORMATIVE EXPERIENCES for individuals and caregivers emphasizing self-care. October 2022 will take you on a journey to the city of Jalisco Puerto Vallarta, Mexico! The excursion will include hands-on activities to encourage rest, reflection and time to blossom into the person you desire to become. Join us as we walk toward a NEW YOU as we help soothe those stressful emotions due to the impact of caring for others, especially during 2022.

Along this life's journey, we will become givers of care on behalf of a loved one. Mothers and fathers for babies and children, siblings to aging parents, husbands to wives, wives to husbands, owners of beloved pets, or an extension of help for the marginalized. COVID-19 has widened the gap of offering care where all hands have been on deck serving and doing their best to help save precious lives.

Caregiving is a formidable responsibility and thousands in a myriad of industries have been commissioned to endure this task into 2022. Offering care is a huge undertaking as persons align with another life. Giving care is enervating – physically, financially, mentally, and emotionally. Missing the cues, an individual giving care must recognize that taking a break is essential to their wellbeing. Close your eyes – take a deep breath and immerse yourself into a place of peace of mind. Give a gift to yourself or sponsor a person who requires a healthy pathway of selfcare.

***"Respite: A Self-care Retreat" is made for and is possible
by those who choose to register and attend.***



Let your thoughts drift here . . .

Marriott Resort Puerto Vallarta - Infinity Pool



. . . And allow peace to transform your mind.



Registration Details

"Respite: A Self-care Retreat" is made for and is possible by those who choose to register and attend.

The retreat deposit and registration forms submitted by U.S. mail must be ***postmarked on or before Wednesday, April 30, 2022***, to qualify for the Advance registration fee. Full payment for registrations submitted electronically must be date and time received before and no later than 11:59 p.m. (EST) June 6, 2022. *Advance registrations are defined as any payment made prior to on-site registration.

*****For your convenience, date and timed payment plans are available. Please inquire.*****

Please make checks payable to Artisan's Affinity Alliance or charge your registration using: VISA, Mastercard. Registrations without the deposit or full payment will not be processed. Payments made with a personal or business checks returned for insufficient funds will be charged a \$45 fee and a cashier's checks will only be acceptable. No refunds will be granted. Refunds are not granted for no-shows. Registrations are non-transferable and substitutions are not allowed. No exceptions.

Please select only one form of registration, i.e., online registration portal or mail. By mail, send to: Rev. Phyllicia M. Hatton, Artisan's Affinity Alliance, P.O. Box 442428, Fort Washington, Maryland 20749-2428, Attention: "Respite: A Self-care Retreat"

REGISTRATION FORM & FEES

Complete and print this page only -- return the signed form with payment(s)

Full Name _____

Business/Organization _____

Address _____

Email _____

Telephone _____ Mobile _____

In Case of Emergency: Name _____

Mobile _____ Relationship _____

Liability Waiver – Must be signed in order to process your registration. I agree and acknowledge that I am undertaking participation in Artisan's Affinity Alliance events and activities as my own free and intentional act, and I am fully aware that possible physical injury might occur to me or others as result of my participation in these events. I hereby agree to hold Artisan's Affinity Alliance and Joy Majied and/or their employees, agents, and/or directors harmless for any injury that I may suffer or damage that I may cause. I give this acknowledgement freely and knowingly and that I am, as a result, able to participate in Artisan's Affinity Alliance's events and programs and I do hereby assume responsibility for my own well-being. I also agree not to allow any other individual to participate in my place.

Signature: _____ Date: _____

If the feeling of being overwhelmed are reflections of your life, take the time to register, and open a doorway to a healthier pathway to selfcare.

RESERVE YOUR SPACE TODAY!

**Mailing Address: "RESPITE" Attention: Phyllicia M. Hatton, Artisan's Affinity Alliance,
P.O. Box 442428, Fort Washington, Maryland 20749-2428**

\$150.00 Deposit Required (per person) due with completed form.
NOTE: Deposit is non-refundable. Circle selection below.

	Advanced	Rec'd After (811)	On-Site
Full Registration(*)	\$625.00	\$825.00	\$1,075.00
Meal/Social Only(**)	\$500.00	\$575.00	\$ 825.00

Registration Link → copy and paste

<https://poynt.godaddy.com/checkout/6af80ba8-152e-4c9c-8122-88013bfdfcdf/RespiteDepositOctober2022>

Thursday	Welcome Reception La Casitas Garden
Friday	Daily Exercise/Yoga/Hands-on Activities/ Lunch/Speakers/Dine Around on the Town!
Saturday	Day on Your Own, Dinner
Sunday	Breakfast/Speaker/Closing Reception



PAYMENT – (*) A payment plan is available. Please inquire.

Complete your registration form in its entirety. Your signature below authorizes Artisan's Affinity Alliance to accept your payment via check or via on-line payment registration portal the total amount and acknowledges there are no refunds. Artisan's Affinity Alliance reserves the right to charge the correct amount if different from the total and date due listed above. Check Payable to Artisan's Affinity Alliance – ("Respite: A Self-care Retreat" Check/money order/cashier's check order payments must be drawn in U.S. dollars. Artisan's Affinity Alliance EIN I.D. 81-4327902 Payment method: (CHECK ✓ ONE BELOW)

On-line Portal ☐ Personal/Corporate credit card ☐ Personal/Cashier's Check ☐

****Meal/Social Gatherings** – To assist us in providing accurate food and space seating guarantees, please check the functions you plan to attend. All fees are Non-refundable. No cancellations, registrations are not transferable. Cancellations are not granted for no-shows. To qualify for the VAT, a tax discount, will be applied to individual reserved rooms under the group room block. Upon check-in, a copy of your passport will be required at the Marriott Resort Puerto Vallarta. (VAT – is a Value Added Tax incentive for educational purposes) Review the Privacy Policy.

Artisan's Affinity Alliance

**Inaugural "Respite: A Self-
care Retreat"**

\$150.00



Scan to Pay



QR Code to submit
your \$150.00 non-refundable
deposit for "Respite" or . . .

Link -- Retreat Deposit Registration → copy and paste

<https://poynt.godaddy.com/checkout/6af80ba8-152e-4c9c-8122-88013bdfcdf/RespiteDepositOctober2022>



Inaugural “Respite: A Self-care Retreat” Puerto Vallarta, Jalisco, Mexico

(Itinerary Subject to Change)

DATE	DAY	TIME	FUNCTION TYPE	Function Area
10/6/2022	Thursday	5:30 – 9:00 p.m.	Welcome Reception/Heavy Hors d’oeuvres	Vallarta Ballroom Foyer and Las Casitas Garden
10/7/2022	Friday	6:00 a.m. – 7:00 a.m.	Yoga with Denise or Traditional Exercise with Kelvin	Beach and Las Casitas Garden
		10:00 a.m. – 4:00 p.m.	Workshop #1 & #4 “How Music Affects the Mind,” Carl Anthony, Notorious Jazz	Salons VI-VIII
		10:00 a.m. – 4:00 p.m.	Workshop #2 & #5 “Tequila and Ceviche Tastings”	Acapulco Room
		10:00 a.m. – 4:00 p.m.	Workshop #3 & #6 “Let it Flow: Water and the Body”	Mexico-Cozumel
		1:30 p.m. – 2:30 p.m.	Lunch with Speakers – Fireside Chat, “Music to My Ears!” with Carl Anthony and Benjamin Gates	La Estancia Restaurant
		Afternoon	On Your Own in PVR!	Rest, Relax, Explore!
		7:30 p.m. – 9:30 p.m.	Reception Dinner at the Westin	Westin
10/8/2022	Saturday	6:00 a.m. – 7:00 a.m.	Yoga with Denise or Traditional Exercise with Kelvin	Beach and Las Casitas Garden
		ALL DAY	On Your Own in PVR!	Tours! Excursions! Fun!
10/9/2022	Sunday	6:00 a.m. – 7:00 a.m.	Yoga with Denise or Traditional Exercise with Kelvin	Beach and Las Casitas Garden
		8:00 a.m. – 10:00 a.m.	Morning Worship Breakfast (Available to all)	
		1:30 p.m. 2:30 p.m.	Lunch with Speaker: Denise Burris, TED Talk, “Why Exercise and Improved Health Matters”	Salons VI-VIII
		3:00 p.m.	On Your Own	
		6:00 p.m. – 8:00 p.m.	Closing Reception/Dinner	Beach Patio back
10/10/2022	Monday	Departures	Enjoy your Journey back home!	Thank you! See you Next Time!

REGISTRATION FORM CON'T

Circle/fill-in the appropriate spaces, print this page and return with signed form with payment(s)

Waiver, ADA and Other Precautions -- For your safety and accommodation. Pursuant to the American with Disabilities Act, please select any food allergies or dietary restrictions or preferences. (circle/fill-in)

- Vegetarian/Vegan Gluten Free Shellfish/Seafood Allergies
- Nuts (all) Lactose Intolerant No red/pork meats
- Pescatarian Other health concerns: _____
- I have a disability and may require accommodations to fully participate:

Audio Mobile Visual Other: _____

For Demographic Purposes Only (circle one)

Corporation Independent Business
Healthcare Industry Non-Profit Service
Naturopathic None of the above

Other: _____

Gender: Female Male Other

Age Range: 20-25 25-35 35-40 40-45 45-55 55 and up

PRINT FULL NAME _____

Please review the Privacy Policy

Privacy Policy -Your data privacy and security are important to us. When you register for this event, Artisans Affinity Alliance and/or our representatives, staffing consultants will process your data in accordance with our legitimate interests for hosting a retreat event. Your information will be useful for future self-care retreats as we work to improve and offer excellent resources on behalf of individuals.



Host hotel

Group room rate \$119.00 per room/per night (double/king)

All hotel reservations must be accompanied by a first night room deposit or guaranteed with a major credit card. Hotel will NOT hold any reservation unless secured by one of the above methods. Accommodations will be available at 4:00 p.m. on arrival and reserved until 12 p.m. on departure day. Special consideration inquiries should be addressed at the front desk when reserving or departing. **Lodging Reservations Call: (800) 223-6388 (Group: "Respite")**

GROUP ROOM BLOCK CUT OFF DATE – AUGUST 21, 2022 (45 days prior to retreat)
RESERVE YOUR LODGING BEFORE THIS DATE. Click the link below.

<https://www.marriott.com/events/start.mi?id=1649197047405&key=GRP>

Marriott Resort Puerto Vallarta, Paseo La Marina Norte 435, Marina Vallarta, 48335 Puerto Vallarta, Jal., Mexico **Phone:** [+52 322 226 0000](tel:+523222260000) Website: [Puerto Vallarta Hotels and Resorts](#) | [Marriott Puerto Vallarta Resort & Spa](#)

Please note, complimentary COVID testing is offered for guests staying three (3) consecutive nights or longer at the Marriott Puerto Vallarta Resort & Spa. This offer is valid for up to 2 registered guests per room, per stay. Additional fees include:

- Bellmen \$5.00 USD per person round trip. Housekeeping \$4.00 USD per room, per day.
- Group rate extended (3) days prior (October 3-5) and (3) days after (October 10-12) departure date, based on availability.
- Welcome drink upon arrival (Fruit Punch or Margarita).
- Complimentary access to fitness center, including an indoor lap pool. Entrance fee to wellness areas \$15.00 USD per person per day (spa services Additional).
- Daily \$30.00 OHTLI spa credit per person for the use of treatments only. (Daily credit is not cumulative or combinable).

Essentials ~ Lodging Benefits and Discounts



ESSENTIALS Lodging & Transportation

Marriott's Commitment to Clean (www.clean.marriott.com)

As we welcome you back to our hotels around the world, we are committed to providing you with a safe environment that aligns with expert protocols for working to defeat COVID-19. Consisting of in-house and outside experts in food and water safety, hygiene and infection prevention, and hotel operations, our Marriott Cleanliness Council is redefining our cleaning and safety standards. The staff will actively monitor and evolve solutions to ensure a continued focus on the health and safety of guests and associates.

TRANSPORTATION

- **Airfare Travel Services** -- Too many balls in the air? Consider connecting with Darlene Jones, travel agent, "***Just Say When Travel***" at (773) 445-1640, jswtravel@gmail.com. Please note: \$25.00 fee will be charged to book your airfare.
- (Puerto Vallarta International Airport -- **Address:** Blvd. Francisco Medina Ascencio 7930, Área Militar de Vallarta, 48335 Puerto Vallarta, Jal., Mexico)
- **Ground Transportation**
- Local Taxi, Uber, Private Cars, Shuttle Service – costs vary from inside the airport terminal vs. curbside. (*please choose carefully*)
- **Rental Car Rates** Contact Meeting Incentive Experts



“ Self love is not selfish; You cannot truly love another until you know how to love yourself.”

