



FEELS AND WHEELS

Get out of your head and back on the path

RIDE | RESET | COMMUNITY | SAFETY

VOLUNTEER SIGN-UP FORM

SHOW UP • SUPPORT THE RIDE • HELP SOMEONE FEEL FREE AGAIN

Thank you for helping Feels & Wheels create safe, positive, no-pressure spaces for movement, connection, and community. Please complete this volunteer information page and the waiver/release on page 2 before volunteering.

VOLUNTEER INFORMATION

Full Name:

Phone:

Email:

Age / DOB:

Address:

Emergency Contact:

Emergency Phone:

Best Contact Method:

☐

Call

☐

Text

☐

Email

I am 18 or older:

☐

Yes

AVAILABILITY + VOLUNTEER INTERESTS

Days Available:

☐

Mon

☐

Tue

☐

Wed

☐

Thu

☐

Fri

☐

Sat

☐

Sun

Preferred Times:

T-Shirt Size:

Areas I Can Help With:

☐

Check-in / registration

☐

Photography / video

☐

Set-up / clean-up

☐

Fundraising / sponsors

☐

Ride support / sweep

☐

Food / water station

☐

Safety / traffic assistant

☐

Bike maintenance / transport

Other skills, limits, or notes:

EMAIL COMPLETED FORMS OR QUESTIONS TO: rory@feelsandwheels.com

Page 1 of 2 - Volunteer sign-up information



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VOLUNTEER LIABILITY WAIVER

RELEASE OF LIABILITY • PHOTO / VIDEO RELEASE • ACKNOWLEDGMENT

RELEASE OF LIABILITY

By signing this form, I acknowledge and agree to the following:

- 1 I am voluntarily participating as a volunteer with Feels & Wheels and understand events may include outdoor activity, bicycles/e-bikes nearby, setup/clean-up, crowds, weather, equipment, traffic areas, and other risks.
- 2 I accept full responsibility for my own safety, actions, decisions, and personal property while volunteering or attending any Feels & Wheels activity.
- 3 To the fullest extent allowed by law, I release, waive, hold harmless, and agree not to sue Feels & Wheels, its founders, directors, officers, volunteers, sponsors, partners, affiliates, event hosts, and representatives from any and all liability, claims, injuries, damages, losses, costs, or expenses connected to my volunteer participation.
- 4 I agree to follow all safety rules, traffic laws, event instructions, and assigned volunteer duties. I will not act outside the role given to me or place participants, volunteers, or the public at unnecessary risk.
- 5 I understand Feels & Wheels is not a medical, mental health, or therapeutic service, and my volunteer role does not create any employee, contractor, or paid relationship unless agreed in writing.

PHOTO / VIDEO RELEASE + VOLUNTEER CONDUCT

I understand photos, videos, audio, and other media may be captured during Feels & Wheels rides, events, volunteer activities, fundraisers, and outreach. By signing below, I give Feels & Wheels permission to use my name, image, likeness, voice, statements, photos, and videos for social media, website, printed materials, fundraising, advertising, education, community outreach, and promotional purposes without payment, further approval, or future notice.

I also agree to treat all participants with respect, protect private or sensitive conversations, avoid harassment or discrimination, and represent Feels & Wheels in a safe, positive, and responsible manner.

ACKNOWLEDGMENT + SIGNATURE

- | | |
|---|--|
| ☐ I have read and understand this volunteer waiver. | ☐ I understand photos/videos may be used. |
| ☐ I release Feels & Wheels from all liability as stated above. | ☐ I agree to follow safety instructions. |

Printed Name:

Signature:

Date:

Parent/Guardian if under 18:

Date:

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