

Michigan Friends of Jung

PSYCHOLOGICAL IDEAS OF CARL JUNG

Fall Event

OCT

27

Friday

7:00 PM - 9:00 PM

OCT

28

Saturday

9:30 AM - 11:30 AM



VISUAL LECTURE + WORKSHOP

Suggested Donation **\$25**

PayPal or Venmo gmahri@aol.com

or Check payable to

Michigan Friends of Jung

c/o Greg Mahr

18659 Innsbrook Drive#1

Northville, MI 48168

Dark Night of the Soul

C G Jung said that there was an artist hiding in everyone and that this artist must be drawn up from the unconscious to heal humanity from the psychoses of modern times. The art of *The Black* and *Red Books* represents Jung's opus and an individuation journey at the heart of his oeuvre. Through dreams, visions, and active imagination embodied in art, we will follow in Jung's footsteps as he traversed a painted path through the dark night of the soul that he later led his "advanced patients" upon. Like Jung, this workshop follows in the archetypal footsteps of the soul to guide participants as they begin their own opus or soul work to discover what he called the "secret" and "magical value" of art. Walking this creative path, participants are led by Jung, while honoring his insistence that everyone must find their own way. Beginning with a visual lecture on Friday, we will continue our creative individuation journey on Saturday morning as we explore dreams and visionary imagery through the path and process outlined the night before. Using active imagination embodied in ritual art, each participant will begin to create a soul or life work in their own symbolic

language, as they embark upon a path of healing Self-discovery. Applying Jung's "invaluable method," participants explore psychological art journaling to find themselves and their way as we journey together

through the dark night of the personal and collective unconscious into the light of a new dawn.

Schedule:

Friday: 7-9:00 pm, a visual lecture ending with Q and A and a final dream prompt.

Saturday: 9:30-11:30 am, dream image sharing and creating through a series of prompts.

Supply List (for Saturday workshop):

Remember that we are honoring your "way." This is art about transformation and self-expression not "perfection." All you have to do is follow your instincts and intuition. Regarding the supplies, please do whatever you feel called to do!

1. Paper (2 sheets) 8 1/2 x 11" to 24 x 30"
2. Colored pens, pencils, or oil pastel . . . really any dry material that you wish to use

Learning Objectives:

1. Learn and Apply active imagination
2. Understand underlying neuropsychology
3. Implement art therapy
4. Create visionary art
5. Demonstrate the intuitive function
6. Remember visual literacy
7. Articulate a symbolic language

Heather Taylor-Zimmerman is an artist, art historian, and depth psychologist whose work explores creativity from the perspective of ecopsychology, art therapy, imaginal arts-based research, and individuation. She has a doctoral degree in Jungian and Archetypal Psychology from Pacifica Graduate Institute where she completed her dissertation on C. G. Jung's art-based methodology embodied in his creative opus, *The Red Book*. Since graduating Heather has taught related workshops and coursework at The Evergreen State College, Pacifica Graduate Institute Jungian organizations, and a nature and creativity center that she founded. Most recently she has created an online curriculum to bring Jung's "invaluable method" of creative active imagination into the world to promote healing.

Heather enjoys speaking at conferences and serves on the board of the Jungian Society for Scholarly Studies for whom she is the journal art editor. She publishes and sells her art internationally, specializing in visionary art or art based on the power of symbols as exemplified by *The Red Book* and named by Jung. With a focus on healing art, Heather has created art hospitals, clinics, along with public, private, and government buildings. Diagnosed with cancer a year ago, Heather has spent the last year undergoing treatments which have extended her work as an art therapist in clinics and facilities to her own healing, exploring the psychosomatic benefits of art as that Jung called a "healing" and "teaching" in her art and life. Blending modern science and ancient wisdom in her offerings, she is excited to share the transformative and archetypal healing power of creativity.

Join Zoom Meeting

[https://us02web.zoom.us/j/89019408824?](https://us02web.zoom.us/j/89019408824?pwd=MXZBZnhzaThiWlZqZWhtNDBQOOGsrQT09)

[pwd=MXZBZnhzaThiWlZqZWhtNDBQOOGsrQT09](https://us02web.zoom.us/j/89019408824?pwd=MXZBZnhzaThiWlZqZWhtNDBQOOGsrQT09)

Meeting ID: **890 1940 8824**

Passcode: **JUNG**