



Lunch Sample Menu

Entrée

stuffed spinach and artichoke chicken
herb crusted chicken two 3 oz pieces
stuffed chicken with asparagus mushrooms boursin cheese with roasted red pepper sauce
coconut chicken 2 3 oz pieces
pistachio cherry chicken two 3 oz pieces
marinated chicken kabobs with veggies

Sides

mac and cheese
quinoa with roasted veggies
mash potatoes
roasted red skins with herbs
pasta with red sauce
pasta with cream sauce
roasted veggies in parmesan cream sauce
spinach and artichoke pasta with stuffed mushroom topping

Salads

apple manchego Caesar with apple chips - gluten free
strawberry mozzarella salad with sunflower seeds basil mint dressing
greek salad with creamy cucumber dressing
southwest salad with corn, black beans, avocado, tomatoes, cheddar, with zesty ranch
berry salad with candied pecans orange balsamic dressing and goat cheese
apple salad with bacon cashew crumble with fennel cilantro dressing

Desserts

banana baileys dark rum parfait
chocolate mousse
strawberry lemon shortcake
citrus water and a choice of lime virgin mojito, iced tea or lemonade included