



SPIRITUAL PRACTICE. BELOVED CHARTER

"How can we come to know that we are God's beloved in a more personal way? One of the best ways is to spend some time regularly meditating on God's personal love in Scripture and to ask the Holy Spirit to make it more real for us. Throughout the Bible, there are many verses that underline the fact of

our belovedness. When we put together what I like to call our personal Beloved Charter, it helps us see ourselves through the eyes of our loving God and begin to feel about ourselves the way God feels." *See Handout for More*



SIT WITH THE WORD. PSALM 139:14

I praise you, for i am fearfully and wonderfully made. Your works are wonderful, I know that full well. *NIV*



COMMUNITY CONNECTIONS. OCTOBER

Garden Work Evenings Every Monday | 5-7:00 p.m. | Foxtail Community Garden

Faith on Film Men's Group October 10th | 6:00 p.m. | The Oasis

Church Wide Camping Trip

October 11-13th | Mogollon Rim

50s Plus October 19 | 12:00 p.m. | Auditorium

Young Adult Event October 19th | 6:00 p.m. | TBD **Fall Teen Event** October 20th | 6:00 p.m. | The Oasis

Nancy Burney Memorial Service October 26th | 2:00 p.m. | Auditorium



HARVEST FESTIVAL

Join us at our annual Harvest Festival, a fall celebration for all ages featuring carnival games, a chili cookoff, raffle, crafts, and more! 5:00 – 7:00 PM at Tempe Church.





spiritual practice beloved charter

REMEMBERING YOUR IDENTITY AS THE BELOVED

How can we come to know that we are loved by God in a more personal way? We can spend time regularly meditating on the expressions of God's love in Scripture and ask the Holy Spirit to help us sense God's love more fully.

Throughout the Bible, there are many verses that emphasize the reality of our belovedness. When we create a Beloved Charter, we gather these passages to help us see ourselves through the eyes of our loving God and understand how God feels about us. When we meditate on our Beloved Charter, we begin to understand with our hearts and minds that God is recklessly in love with us, is interested in everything we do, and has unique purposes for our lives.

Speaking about his Beloved Charter, Trevor Hudson said, "Allowing words and images like the ones in my own Beloved Charter to percolate within our hearts indicates our willingness to let God be God in our lives, changes the way we see ourselves, and helps us hear God telling us who we are." Below is Trevor's charter.

AN EXAMPLE

"Trevor, you are my beloved child in whom I delight. You did not choose me; I chose you. I want you to be my friend. I formed your inward parts and knitted you together in your mother's womb. You are fearfully and wonderfully made, made a little lower than the angels, and crowned with glory and honor. You have been created in Christ Jesus for good works, which I have already prepared to be your way of life. When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you; when you walk through fire you shall not be burned, and the flame shall not consume you. You are precious in my sight and honored, and I love you. I know all your longings; your sighing is not hidden from me. Nothing will ever be able to separate you from my love for you in Christ Jesus, your Lord. Abide in my love.

CREATING YOUR BELOVED CHARTER

Set aside space to be with God and craft your Beloved Charter. Ask God to reveal how He sees you. Write down passages of Scripture that describe God's image of you. Meditate on these passages and incorporate those that God is bringing to mind into your charter. Consider previous ways that God has spoken to you or sacred encounters you have shared with Him, and incorporate them into your charter. Set aside time daily to reflect on God's love for you as expressed through the charter.

Verses that Describe How God Views You

Genesis 1:27, Psalm 8:1-9, 139:13-16, Song of Solomon 2:4, Isaiah 41:10-24, 49:15-16, Zephaniah 3:17, Matthew 6:25-34, Luke 12:6-7, John 1:12, 3:16, 15:15, Romans 5:6-8, 8:28, 32, 2 Corinthians 12:9, Ephesians 2:4-10, 3:20, Hebrews 4:16