



Inspired by the  
Resurrection

*week two*

**Reading** Acts 2:1-41 Excerpts

**1** On the day of Pentecost all the believers were meeting together in one place. **2** Suddenly, there was a sound from heaven like the roaring of a mighty windstorm, and it filled the house where they were sitting. **3** Then, what looked like flames or tongues of fire appeared and settled on each of them. **4** And everyone present was filled with the Holy Spirit and began speaking in other languages, as the Holy Spirit gave them this ability.

**5** At that time there were devout Jews from every nation living in Jerusalem. **6** When they heard the loud noise, everyone came running, and they were bewildered to hear their own languages being spoken by the believers. **7** They were completely amazed. "How can this be?" they exclaimed. "These people are all from Galilee, **8** and yet we hear them speaking in our own native languages!

**13** But others in the crowd ridiculed them, saying, "They're just drunk, that's all!"

**14** Then Peter stepped forward with the eleven other apostles and shouted to the crowd, "Listen carefully, all of you, fellow Jews and residents of Jerusalem! Make no mistake about this. **15** These people are not drunk, as some of you are assuming. Nine o'clock in the morning is much too early for that. **16** No, what you see was predicted long ago by the prophet Joel: **17** 'In the last days,' God says, 'I will pour out my Spirit upon all people. Your sons and daughters will prophesy. Your young

men will see visions, and your old men will dream dreams. **18** In those days I will pour out my Spirit even on my servants - men and women alike - and they will prophesy. - **21** But everyone who calls on the name of the Lord will be saved.' **22** "People of Israel, listen! God publicly endorsed Jesus the Nazarene by doing powerful miracles, wonders, and signs through him, as you well know. **23** But God knew what would happen, and his prearranged plan was carried out when Jesus was betrayed. With the help of lawless Gentiles, you nailed him to a cross and killed him. **24** But God released him from the horrors of death and raised him back to life, for death could not keep him in its grip. - **32** "God raised Jesus from the dead, and we are all witnesses of this. **33** Now he is exalted to the place of highest honor in heaven, at God's right hand. And the Father, as he had promised, gave him the Holy Spirit to pour out upon us, just as you see and hear today. - **36** "So let everyone in Israel know for certain that God has made this Jesus, whom you crucified, to be both Lord and Messiah!"

**37** Peter's words pierced their hearts, and they said to him and to the other apostles, "Brothers, what should we do?" **38** Peter replied, "Each of you must repent of your sins and turn to God, and be baptized in the name of Jesus Christ for the forgiveness of your sins. Then you will receive the gift of the Holy Spirit. **39** This promise is to you, to your children, and to those far away - all who have been called by the Lord our God." - **41** Those who believed what Peter said were baptized and added to the church that day - about 3,000 in all. (NLT)

**Reflection**

Pentecost had always been a day to remember that God's abundant provision would satisfy the needs of everyone in the community. Every year, fifty days after Passover, Jewish families came back to Jerusalem with two huge fresh loaves of bread baked from the first fruits of their harvested wheat. It was a day to offer the first of the spring wheat harvest back to God in gratitude for his faithful provision and care. (The city must have smelled amazing!) Back home in the wheat fields, this day was an annual reminder not to harvest to the edge of the fields, but to leave crops behind for the poor and for those without access to food (See Leviticus 23:15-22).

**While Reading...**

**1 PICTURE THE SCENE**  
What are the sights, sounds, smells, textures that surround you when you envision yourself in this scene?

**2 READ THE PASSAGE AGAIN**  
Read the passage again while immersing yourself in the scene.

**3 ASK THE HOLY SPIRIT**  
Ask the Holy Spirit give you insight as you read this passage.



So on the Pentecost we read about today in Acts, the city would have been crowded with people and bread and animals for the required festival sacrifices. They would have had offerings for atonement, for acknowledgement and gratitude to God for his provision, and fellowship offerings to enjoy communion with God.

Ten days earlier, before he returned to heaven, Jesus had instructed his followers to wait in Jerusalem for the Holy Spirit. Were the waiting disciples preparing to go to the temple to offer their bread and lambs like they had every year since they could remember? Did they even want to participate in the festival without Jesus? They must have missed him a lot. Could the presence of the Holy Spirit really heal their longing for Jesus? Would they be able to tell when he arrived?

Most of the people in the city that day likely assumed that Pentecost would play out the way it always had. But the new and better way of Jesus was breaking through in unexpected ways this resurrection year.

It was still morning on the day of Pentecost when the waiting disciples were suddenly and powerfully filled with the Holy Spirit. If they had not been quite sure how they would recognize his coming, the wind and the sound and the tongues of fire completely assured them that it was happening. Foreigners heard disciples of Jesus speaking in their own languages. Some, who couldn't make out what they were saying, accused them of drunken babbling.

*It is the movement of God*, Peter explained. God is pouring out his Spirit. The Holy Spirit is not just for us, but for all of you who repent and are baptized in the name of Jesus.

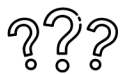
What was it like to look around and realize that followers of Jesus were experiencing communion and the movement of God before nine o'clock in the morning? Hadn't atoning sacrifices always been a prerequisite to fellowship with God? But seven weeks earlier, Jesus, the Lamb of God, had gone to the cross to become our forever atoning sacrifice. He finished the work of atonement, and death did not win this time. Life did.

I wonder if some of the three thousand people who said yes to the way of the resurrected Jesus skipped getting in line at the temple to sacrifice their animals, and instead got in line to be baptized and to be filled with the Holy Spirit.

Those new believers, the first fruits of the gospel, stepped into the community of believers and empowered by the Holy Spirit, joined the mission of God's redemptive work in the world. God's abundant provision to satisfy the needs of everyone in the community was becoming true in a whole new way.

## Questions to Consider with God

How does it make you feel to know that the same Spirit poured out in this story is available to us?  
How does the presence of the Holy Spirit in your life form the way you respond to others?



## Creative Reflection

Buy two loaves of bread from your favorite bakery (or make your own if you can!). Share a loaf of bread with friends or family and retell or read the story of Pentecost from Acts 2 together. Choose a few of these questions to talk about:

- What is your favorite part of this story?
- Do you think it is true that the availability of the Holy Spirit to indwell all believers widened the work of God in the world? How?
- What practices can help you be more aware of the Holy Spirit's presence and prompting in your life?
- Share the story of your baptism with each other.
- If you have not been baptized and would like to be, ask the people around your table or one of the leaders at church on Sunday about how you can do that.
- If you haven't eaten both loaves of bread, give one away and thank God for giving you enough to share.

**Reading** Acts 2:42-47

42 All the believers devoted themselves to the apostles' teaching, and to fellowship, and to sharing in meals (including the Lord's Supper), and to prayer. 43 A deep sense of awe came over them all, and the apostles performed many miraculous signs and wonders. 44 And all the believers met together in one place and shared everything they had. 45 They sold their property and possessions and shared the money with those in need. 46 They worshiped together at the Temple each day, met in homes for the Lord's Supper, and shared their meals with great joy and generosity-- 47 all the while praising God and enjoying the goodwill of all the people. And each day the Lord added to their fellowship those who were being saved. (NLT)

**Reflection**

It would have been so cool to be there, right? If only we could have been a fly on the wall to see the birth of the church in those days and weeks following Pentecost Sunday. Actually, instead of just watching from the corner, I think we would have loved a seat at one of those tables.

To be honest, we probably look back at the picture these five verses paint with rose-colored glasses. After all, first-century followers of Jesus were still living under the oppression of the Roman empire and persecution was just around the corner. But this Spirit-filled community knew the presence of God in such intimate and tangible ways. Their story draws us in. We want to know God's presence the way they did. They were in awe of the power of God in their community. They lived in this sweet spot in history when they could remember the actual presence of Jesus on earth, and learn to live in the presence of God through the indwelling of the Holy Spirit. If you want to live like Jesus, who better to learn from than the guys who had just spent three years of their lives living with him? They knew what his voice sounded like; they could hear his laugh in their heads. And more than that, they learned to know what he would say in every situation. They were in the room when lame men got up and walked home, and when little girls were raised from the dead. They saw how often Jesus got up early to pray. They grieved his death and had breakfast picnics on the beach with him after his resurrection. They saw how he loved. Jesus's life with God was a model for the early church and they learned to imitate it from his closest friends.

From the very beginning, life has always been meant to be lived in the presence of God. Adam and Eve knew God's presence in Eden and lived within the sound of his voice. Since the day they had to leave the garden, God has been pursuing us and providing a way back to life with him. The cloud and the fire that stayed above the tabernacle and led Israel through the wilderness were tangible reminders of God's presence in their community. After Solomon built the temple in Jerusalem, the glory of God filled the temple, and the people knew that God was in their midst. Then Jesus came and showed us what it looks like to live with God. He told his disciples that if they had seen him, they had seen the Father. (John 14:9).

Now, the presence of the Holy Spirit in the life of every believer was making life with God possible and recognizable in a way no one had imagined. Paul called believers "temples of the Holy Spirit." Old gleaning laws written on tablets of stone became beautiful expressions of gracious living written by the Spirit on the hearts and minds of followers of Jesus. Grainfield kindness grew to kitchen table generosity and open-handed sharing so everyone had whatever they needed. Followers of the Way of Jesus were becoming new tangible reminders of God's presence in the world.

*"Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God?" (1 Co 6:19)*

**While Reading...****1 PAUSE AND READ AGAIN**

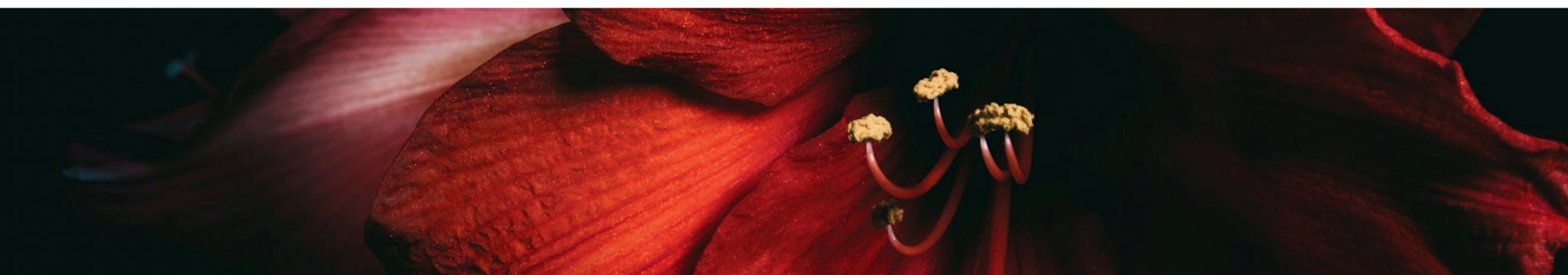
If you are able, read the passage out loud.

**CONSIDER**

**2** What are some words or phrases that stand out to you as you read this passage?

**3 PAUSE AND PRAY**

Ask the Holy Spirit to teach you as you read.



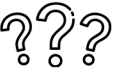
## Questions to Consider with God

We still get to learn to live like Jesus from his first followers. One of the requirements of the early church councils when deciding if written documents could become a part of the Bible was to see how they aligned with the apostles' teaching.

If it did not line up, it did not get in. What have you learned lately from New Testament writers about how to live like Jesus did?

It seems significant that the church began on a day that commemorated the abundant provision of God to meet the needs of everyone in the community. How does the presence of the Holy Spirit in the church make that statement even more true?

How do others see or sense the presence of God in you?



## Creative Reflection

It is helpful for us to remember that these early disciples continued to go to the temple every day. The temple in Jerusalem and the local synagogues were familiar places for meeting and seeking God. Eventually, house churches became their primary meeting places, but the church was not established because buildings changed. The church is not a building but rather the body of Christ, forgiven and empowered by the Spirit to know the daily presence of God and extend his love to the world.

Use the journaling space below (or make a list on your phone) of all of the places outside of the building where we meet on Sundays, where you are reminded of the presence of God in the life of his church.

**Reading** Acts 5:17-41

**17** Then the high priest and all his associates, who were members of the party of the Sadducees, were filled with jealousy. **18** They arrested the apostles and put them in the public jail. **19** But during the night an angel of the Lord opened the doors of the jail and brought them out. **20** "Go, stand in the temple courts," he said, "and tell the people all about this new life." **21** At daybreak they entered the temple courts, as they had been told, and began to teach the people.

When the high priest and his associates arrived, they called together the Sanhedrin - the full assembly of the elders of Israel - and sent to the jail for the apostles. **22** But on arriving at the jail, the officers did not find them there. So they went back and reported, **23** "We found the jail securely locked, with the guards standing at the doors; but when we opened them, we found no one inside." **24** On hearing this report, the captain of the temple guard and the chief priests were at a loss, wondering what this might lead to.

**25** Then someone came and said, "Look! The men you put in jail are standing in the temple courts teaching the people." **26** At that, the captain went with his officers and brought the apostles. They did not use force, because they feared that the people would stone them. **27** The apostles were brought in and made to appear before the Sanhedrin to be questioned by the high priest. **28** "We gave you strict orders not to teach in this name," he said. "Yet you have filled Jerusalem with your teaching and are determined to make us guilty of this man's blood." (NIV)

**29** Peter and the other apostles replied: "We must obey God rather than human beings! **30** The God of our ancestors raised Jesus from the dead - whom you killed by hanging him on a cross. **31** God exalted him to his own right hand as Prince and Savior that he might bring Israel to repentance and forgive their sins. **32** We are witnesses of these things, and so is the Holy Spirit, whom God has given to those who obey him."

**33** When they heard this, they were furious and wanted to put them to death. **34** But a Pharisee named Gamaliel, a teacher of the law, who was honored by all the people, stood up in the Sanhedrin and ordered that the men be put outside for a little while. **35** Then he addressed the Sanhedrin: "Men of Israel, consider carefully what you intend to do to these men. **36** Some time ago Theudas appeared, claiming to be somebody, and about four hundred men rallied to him. He was killed, all his followers were dispersed, and it all came to nothing. **37** After him, Judas the Galilean appeared in the days of the census and led a band of people in revolt. He too was killed, and all his followers were scattered. **38** Therefore, in the present case I advise you: Leave these men alone! Let them go! For if their purpose or activity is of human origin, it will fail. **39** But if it is from God, you will not be able to stop these men; you will only find yourselves fighting against God." **40** His speech persuaded them. They called the apostles in and had them flogged. Then they ordered them not to speak in the name of Jesus, and let them go.

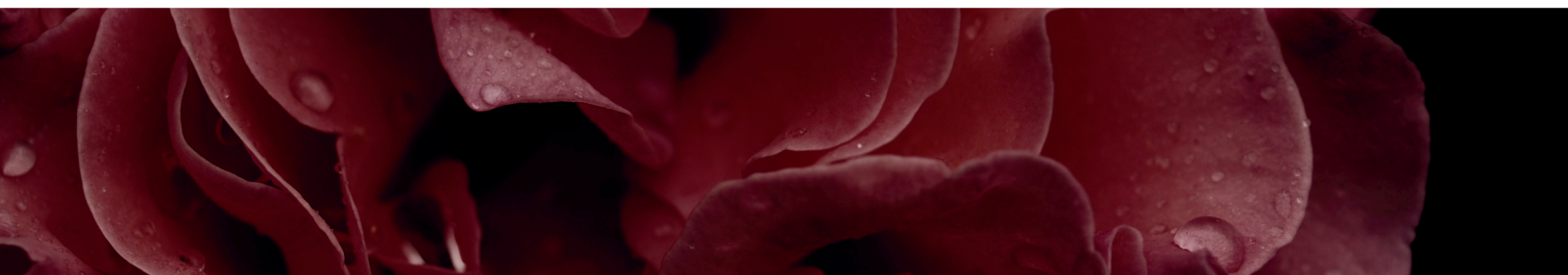
**41** The apostles left the Sanhedrin, rejoicing because they had been counted worthy of suffering disgrace for the Name

**While Reading...**

**1 PICTURE THE SCENE**  
What are the sights, sounds, smells, textures that surround you when you envision yourself in this scene?

**2 READ THE PASSAGE AGAIN**  
Read the passage again while immersing yourself in the scene.

**3 BECOME A DISCIPLES**  
Place yourself in the scene as one of the disciples.



## Reflection

The early church was no stranger to the same opposition that sent Jesus to die on the Cross. And in like manner, they were no stranger to Jesus' tenacity in holding strong to the message of the Gospel despite the jealousy and corruption of their own religious leaders. Fueled by the love of God and the power of the Holy Spirit, they spoke boldly and confidently about Jesus in the Temple and because so were imprisoned. The Apostles were not driven by fear of man, but by the motivation to spread the love of God. From this place, they gained the strength to face fierce oppression and were gifted with seeing God care for them in miraculous ways, even through the words of one of their oppressors.

In response to Peter's testimony of Jesus, and perhaps to quell the voice of their own guilt, the religious leaders wanted to kill them. However, a pharisee named Gamaliel who was well respected implored the leaders to wait. He said, " 38 Therefore, in the present case I advise you: Leave these men alone! Let them go! For if their purpose or activity is of human origin, it will fail. 39 But if it is from God, you will not be able to stop these men; you will only find yourselves fighting against God." In persecuting the apostles, the Sanhedrin were opposing the very God they claimed to serve. Their eyes had grown dim and the apostles who should have been seen as brothers were mistaken as enemies. The Sanhedrin who had already missed out on seeing the Messiah were now missing the awakening of the Holy Spirit. If they were to believe the apostles now, they'd have to admit that they had killed an innocent man; that they'd killed the Messiah. So instead they seek to crush opposition. In contrast, when the Apostles experience opposition and they lean deeper into God, to the point of expressing great joy that they get to mimic Jesus' suffering for the Gospel. Their lives have been changed and they have experienced new, expansive lives. They've experienced freedom from the fear of change that the Sanhedrin live in. And they can't shut up about it. They won't stop speaking about Jesus. They are motivated by the same love that motivated Jesus; a love that is willing to face opposition in order that others may know of this love.

## Creative Reflection

On this side of the Cross, we get the luxury of knowing that the Apostles spoke truth. But it's not always so black and white, nor do we always know we're speaking the truth. It can be easy to enter into the dichotomy of an us vs them relationship where we, the Christians, are always in the right. However, we learn from this story that our motivation can corrupt what we know to be true; the Sanhedrin believed they were acting on God's behalf by shutting down Apostles. But because their actions were motivated by jealousy, guilt, and fear, their eyes were blinded and they neither recognized truth nor love.

Our activity today is an Examen for Exploring Conflict of a past or current conflict. I invite you to consider with God what might be motivating your part in the conflict in order that we too don't miss out on the truth of the Gospel present in every moment. The final movement is to explore with God how you might respond in love towards the one you're in conflict with. Journaling this activity may help if you find your mind wandering.

## Examen for Exploring Conflict

**Begin with thanksgiving**, express gratitude for God's care for you today, taking note of particular moments you felt God's blessing.

**Invite the Spirit**, who knows all things, to come and help you to see the conflict with truth, love, and humility.

**Present the conflict before God**, honestly sharing the experience and the feelings that arise. Ask God for his awareness to see the conflict through his eyes.

**Ask for God's awareness** in understanding your role in the conflict and what motivations you may have reacted out of. Repent and ask forgiveness for motivations or reactions that caused harm.

**Ask for God to show you** how you might respond out of love towards the person or people you're in conflict with.

**Resolve for tomorrow** how you might live in light of the revelations, knowing that the Spirit willingly assists and walks with us into every situation.

*\*Note: It can be difficult to examine conflict, particularly the hurtful ones. If you find yourself wandering into feelings or thoughts of despair, take a deep breath and allow your mind to settle again.*

*Remind yourself that God's voice is full of love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness and self-control (Gal. 5:22-23). This may be an activity that you choose to come back to, or to do with a trusted friend if it is too difficult to enter into alone.*

**Reading** Acts 3:1-10

**1** One day Peter and John were going up to the temple at the time of prayer – at three in the afternoon. **2** Now a man who was lame from birth was being carried to the temple gate called Beautiful, where he was put every day to beg from those going into the temple courts. **3** When he saw Peter and John about to enter, he asked them for money. **4** Peter looked straight at him, as did John. Then Peter said, “Look at us!” **5** So the man gave them his attention, expecting to get something from them.

**6** Then Peter said, “Silver or gold I do not have, but what I do have I give you. In the name of Jesus Christ of Nazareth, walk.” **7** Taking him by the right hand, he helped him up, and instantly the man’s feet and ankles became strong. **8** He jumped to his feet and began to walk. Then he went with them into the temple courts, walking and jumping, and praising God. **9** When all the people saw him walking and praising God, **10** they recognized him as the same man who used to sit begging at the temple gate called Beautiful, and they were filled with wonder and amazement at what had happened to him. (NIV)

**While Reading...**

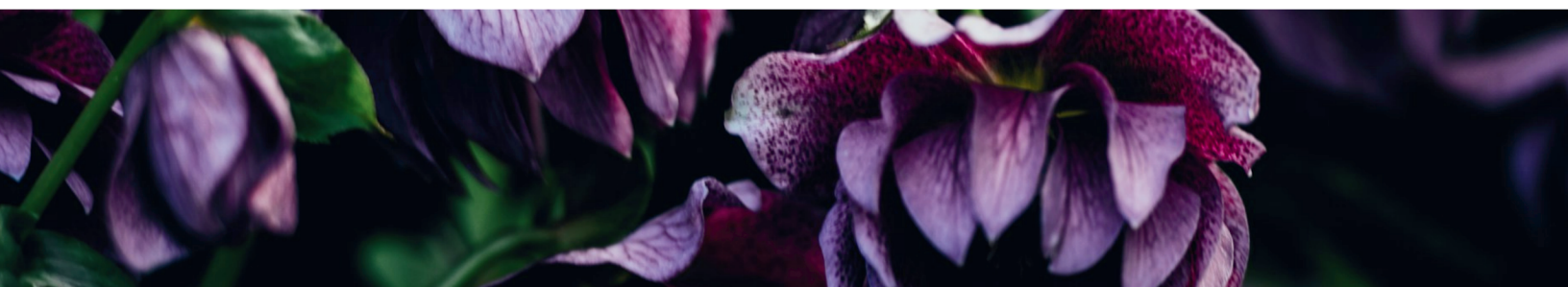
- 1 PICTURE THE SCENE**  
What are the sights, sounds, smells, textures that surround you when you envision yourself in this scene?
- 2 READ THE PASSAGE AGAIN**  
Read the passage again while immersing yourself in the scene.
- 3 BECOME PETER**  
Place yourself in the scene as if you were Peter. What do you notice?

**Reflection**

Raise your hand if you’re a “fixer.” I think most people would say that they are. Especially in our efficiency and productivity-minded culture, it is much easier for us to focus on fixing problems than sitting in the discomfort of bigger issues. How many of us would rather hand a few dollars to someone than look them in the eye and see what they might really need – a smile or a friend? How many of us would rather make a casserole and try to help our friend be optimistic when they have lost a loved one? How many of us would rather brush over conflict with a friend or a co-worker rather than getting to the heart of the issue, hoping that it will just resolve itself?

In this passage from Acts we see Peter and John embody the way that Jesus walked in the world – engaging those in need, looking them in the eye, and genuinely caring for their whole being. How bold of Peter to tell this beggar – someone so used to being passed over every day – to look at him. How healing would that be for him, to have someone really look at him, to want his gaze in return?

Instead of the money the man is hoping for, Peter continues following the example of Jesus – touching this rarely touched stranger and lifting him up with healing hands. While most of us are not practiced in performing miraculous healings, we all have the gift of ourselves to offer to others.

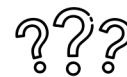




## Questions to Consider with God

Do you think of yourself as a fixer/problem-solver? Why do you think it is easier to focus on solving people's problems than being a healing presence in the midst of them?

Who in your life needs a friendly gaze, a comforting touch, a healing presence in the midst of their suffering? Who might God be looking to bless through you at no cost?



## Creative Reflection

Pause for a moment and ask God to bring someone to mind that he would like to love through you. Label the person below with their name.

Ask God how you can be a healing presence to this person. How might you offer God's warmth and love to them? Add yourself and/or God to the image below, comforting the person.



**Reading** Acts 4:23-31

**23** On their release, Peter and John went back to their own people and reported all that the chief priests and the elders had said to them. **24** When they heard this, they raised their voices together in prayer to God. "Sovereign Lord," they said, "you made the heavens and the earth and the sea, and everything in them. **25** You spoke by the Holy Spirit through the mouth of your servant, our father David:

"Why do the nations rage and the peoples plot in vain? **26** The kings of the earth rise up and the rulers band together against the Lord and against his anointed one."

**27** Indeed Herod and Pontius Pilate met together with the Gentiles and the people of Israel in this city to conspire against your holy servant Jesus, whom you anointed. **28** They did what your power and will had decided beforehand should happen. **29** Now, Lord, consider their threats and enable your servants to speak your word with great boldness. **30** Stretch out your hand to heal and perform signs and wonders through the name of your holy servant Jesus." **31** After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly.

**Reflection**

Why do we pray out loud as a community? Why do we listen to one another speak to God?

I grew up in a spiritual community where we rarely prayed together in the way we have described in the fourth chapter of Acts. In this scene, the gathered "raised their voices together in prayer to God." In my community, it would almost exclusively be one voice that was raised to God in a group. There were rarely popcorn style prayers where anyone could add their voice aloud to the conversation. There were limited opportunities to pray in a circle where you could squeeze your neighbor's hand to signify they could pray next. It was understood that we were all "technically" praying together even while one person's voice was outwardly leading us in the conversation. But this example from the early church reflects the whole assembly raising their voices together.

Why does it matter if one of us prays out loud or if many voices are heard guiding us in conversation with God? I am not suggesting that it is wrong for one person to lead a group in prayer, but what I am suggesting is that there is more reason than simply tradition or convenience behind why we pray out loud and why multiple voices are shown doing so in the early church.

If we look closely at the content of this assembly's prayer, we discover multiple reasons why the church prays together.

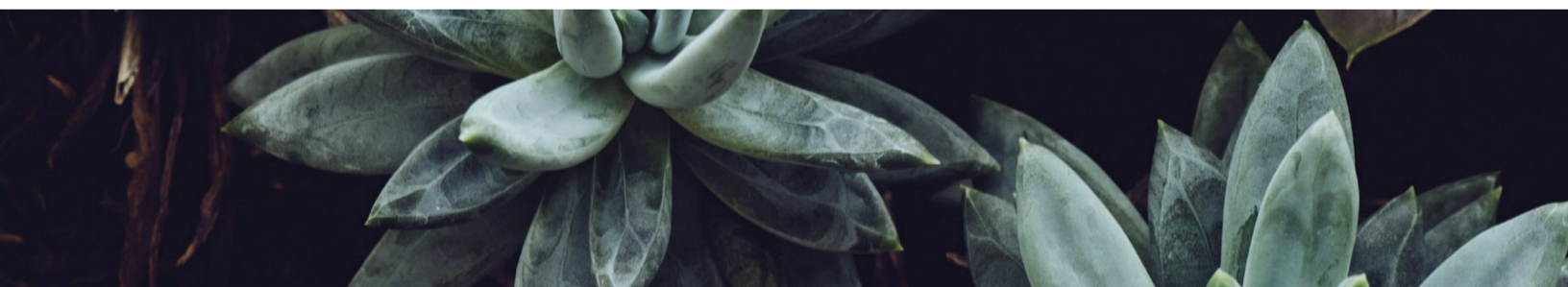
**Prayer is an opportunity to teach one another.** This prayer is a capsule of multiple references to the church's history. David is mentioned and his declaration of God's power is quoted in the prayer. Jesus' time before Pilate and God's movement in the midst of Jesus' own suffering are both referenced by the community. Their prayer carries the religious history of this community and speaks it over what those who were new to life with Jesus. This prayer provides instruction on God's character.

**While Reading...**

**1 PAUSE AND READ AGAIN**  
If you are able, read the passage out loud.

**2 CONSIDER**  
What are some words or phrases that stand out to you as you read this passage?

**3 PAUSE AND PRAY**  
Ask the Holy Spirit to teach you as you read.



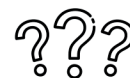
**Prayer affirms reality.** The church is in the midst of a very turbulent period. Their leaders are actively being harassed by the powerful. It was not long ago that Jesus was crucified and his tormentors are still active in Jerusalem. Jesus departed and those who knew him are still grieving his absence. For many, they are embarking on a brand new journey with Jesus and with this group of followers. The church is surrounded by uncertainty and opposition. When they pray together, they affirm that God is present with them. They affirm that God is powerful and active. They pray that God will “stretch out your hand to heal and perform signs and wonders through the name of your holy servant Jesus.” They speak over one another the truth that in the there is no circumstance outside of God’s every present help and care.

**Prayer is a form of encouragement.** With a shared voice, the church expresses a desire to speak God’s word “with great boldness.” They echo one another’s resolves to continue to share the gospel despite persecution. Over the fears or anxieties of each individual, the community expresses their intention. We cannot underestimate the power of a community rallying around a common purpose.

Prayer is a conversation between an individual and God but we cannot neglect it’s communal purposes. After being transformed by the resurrection, the early church responded to intense challenge by praying together and God responded to their expression of faith.

## Questions to Consider with God

Have you ever been a part of a communal prayer where multiple voices are heard? What struck you about this experience? If you have not participated in this kind of gathering, what draws you to it or what resistance do you have to communal prayer?



How could communal prayer help strengthen the church today? How could we engage in this practice more?

## Creative Reflection

Plan a gathering for communal prayer with other members of your community. I encourage you to plan an intimate gathering and reflect on the following considerations:

Who will you invite? I encourage you to invite people who are comfortable sharing more personal information and willing to be challenged to pray out loud as a group.

Where will you meet? Consider meeting in a place that is conducive to meaningful conversation and free from distractions.

What will you pray for together? Do you want to have a specific area of focus or invite the group to offer prayer requests.?

How long will you pray? I suggest limiting the amount of time you are together if this is a new practice to members of the group. Have a clear end time.

Will you meet again? Follow up with the group to see if they are interested in meeting more regularly for prayer.

Examine your week with God. Use the following prompts to reflect on the previous week with God.

### **Reveal**

Ask God to open your eyes to where God was present throughout the week.

Ask God to deepen your awareness of yourself: your actions, your attitudes, your emotions.



### **Relish**

What gifts did you receive this week? What are you thankful for from the past week?



## Replay

Replay the events of the week with God.

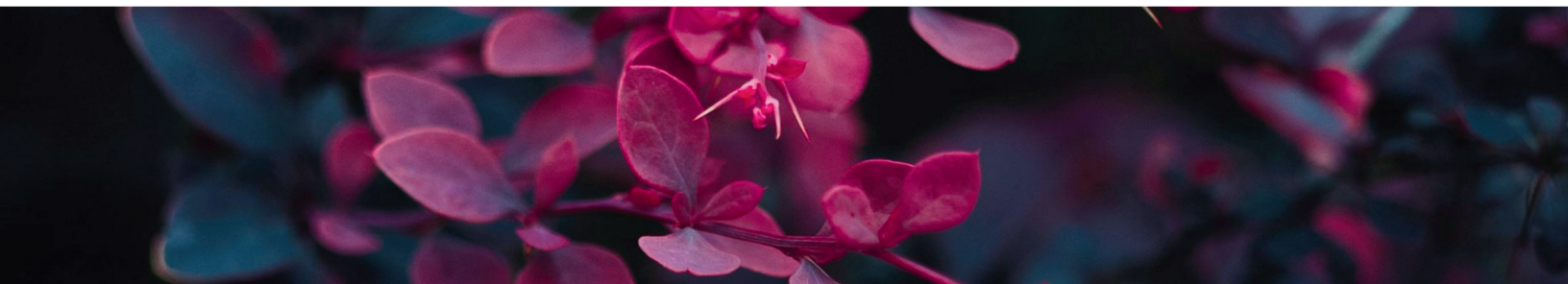
Pay attention to the moments when you experienced strong emotions. Notice where God was present.



## Remorse

With grace and compassion, reflect with God over the difficulties of the week.

What actions or attitudes did not allow you to be a light in the world?



## Resurrection

Ask God to give you direction on how to walk in resurrected life In the week ahead.



*“All the believers were one in heart and mind. No one claimed that any of their possessions was their own, but they shared everything they had. With great power the apostles continued to testify to the resurrection of the Lord Jesus. And God’s grace was so powerfully at work in them all that there were no needy persons among them. For from time to time those who owned land or houses sold them, brought the money from the sales and put it at the apostles’ feet, and it was distributed to anyone who had need.*”

*Joseph, a Levite from Cyprus, whom the apostles called Barnabas (which means “son of encouragement”), sold a field he owned and brought the money and put it at the apostles’ feet.”*

Acts 4:32-37

How are you  
inspired by the  
resurrection?