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### SPIRITUAL PRACTICE. GRATITUDE

We are excited to start our new Community Rhythms centered around cultivating a practice of gratitude and thanksgiving as individuals and as a community. Richard Foster notes that "We have a whole cultural mind set that is in opposition to the spirit of gratitude. Our longing for position, power, and

prestige mitigate against thanksgiving...Simple words of gratitude can be so healing. Little deeds of appreciation mean so much." Each day this month, we will practice noticing the blessings that surround us and the gifts of our daily encounters with the hope that God can use this practice to transform our lives and spheres of influence.



## SIT WITH THE WORD . PSALM 103:1-5

"Let my whole being bless the Lord! Let everything inside me bless his holy name! Let my whole being bless the Lord and never forget all his good deeds: how God forgives all your sins, heals all your sickness, saves your life from the pit, crowns you with faithful love and compassion, and satisfies you

with plenty of good things so that your youth is made fresh like an eagle's." CEB



## COMMUNITY CONNECTIONS . SEPTEMBER

EMAIL US AT office@tempechurch.org

#### Join a Small Group | Learn More at www.tempechurch.org/small-groups

Our vision to "pursue life with God together" is only possible when we are intimately connected to and intentionally investing in one another. Being a part of a small group is the perfect way to invest in the care of one another's souls and commit ourselves to our own spiritual growth.



#### New Bible Class Starting September 10 | After Worship

Starting September 10 | After Worship Church Auditorium



**50s Plus** September 16 | 12:00 PM Church Auditorium



**Community Meal** September 24 | After Worship Bring a Dish to Share Church Auditorium VIEW ALL OUR EVENTS AT TEMPECHURCH.ORG HAVE QUESTIONS?