

**Breastfeeding Support Group sponsored
by WIC Peer Counseling Program**

The Lactation Cafe With Amber Grassinger

*WIC Breastfeeding Peer Counselor
(906) 282-8491*

Dickinson County Library

401 Iron Mountain St
Iron Mountain, MI 49801

2026 Schedule:

Tuesday Mornings | 10:00-11:00 AM

Jan. 27 | Feb. 24 | March 24 | April 28
May 26 | June 23 | July 28 | Aug. 25
Sept. 22 | Oct. 27 | Nov. 24 | Dec. 22

Thursday Afternoons | 1:00-2:00 PM

Jan. 8 | Feb. 12 | March 12 | April 9
May 14 | June 11 | July 9 | Aug. 13
Sept. 10 | Oct. 8 | Nov. 12 | Dec. 10

*Pregnant, nursing, and past-nursing moms come and join us!
This group is open to the community. It is designed to offer
moms the opportunity to learn more about breastfeeding and
other topics of interest, to meet other moms in the
community, and to support one another!*