

CSHCS SUMMER 2024 NEWSLETTER

Tick Bites and Disease Prevention

It's that time of year again! Ticks are very common in our area, and it is important to check yourself and your children for ticks when done playing outside, especially if in tall grass or wooded areas.

There are many tickborne diseases that can occur from getting bitten by certain ticks. One of the most known is Lyme disease from the deer tick. These diseases all have similar symptoms which can occur. The biggest symptoms are a fever with chills, severe headaches, muscle and joint pain, and rashes. These symptoms may vary depending on the person and resemble the flu. If not treated, they can progress to more serious health issues. The bullseye rash is associated with Lyme disease, however not all people contract the rash with Lyme so do not use this as your defining symptom to diagnose the disease. If you contract these diseases, they are treated with antibiotics.

Here are some helpful ways to avoid tick bites. When people are in wooded and brushy areas with high grass and leaf litter, have them wear a light-colored long-sleeve shirt, light colored long pants, and closed-toe shoes. Use insect repellent that contains DEET. Make sure to apply to your clothing and skin according to the label directions. After being outside, check your skin, groin, scalp, neck, under the arms, and behind the ears as these are places ticks seem to migrate to. *Avoiding tick bites and removing ticks within 24-36 hours of attachment can greatly reduce your risk for tick-borne disease*

For further information regarding ticks and Lyme disease, please visit [Lyme Disease \(michigan.gov\)](https://www.michigan.gov/lymedisease)



Hearing and Vision Screenings

The Dickinson-Iron District Health Department will be conducting hearing and vision screenings for pre-school and school age children at upcoming clinics. Those who may have missed previous screenings conducted within the school and home-schooled students are welcome at this FREE screening. Clinics will be held throughout the summer.

Michigan Law requires that children entering school be tested for hearing and vision problems prior to enrollment. In addition, health care professionals encourage young children to be screened to detect problems at an early age.

Here at DIDHD, we offer alternative screening methods tailored to meet the unique needs of each child to ensure your child is comfortable during the screening and is performing at their upmost capability.

Appointments are required, so please contact us at 906-265-9913 (Iron County) or 906-774-1868 (Dickinson County) to schedule.

Clinic Dates (**Appointment Required**)

Dickinson County:

- Friday, June 21, 2024
- Monday, June 24, 2024
- Monday, July 15, 2024
- Wednesday, July 31, 2024

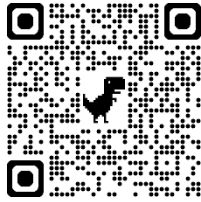
Iron County:

- Wednesday, June 12, 2024
- Friday, June 28, 2024
- Friday, July 12, 2024
- Monday, July 29, 2024

Back-To-School Vaccines

Vaccines are one of the most important ways to prevent children from getting dangerous diseases. By exposing your child to a germ in a controlled way, vaccines can teach the body to recognize and fight that disease.

State law requires Michigan students to have certain vaccines before they can enter daycare, school, or college. The needed vaccines, per the Public Health Code, can be found at [Public Vaccine Information – mcir.org](http://PublicVaccineInformation-mcir.org)



Vaccines not only protect your child but also everyone they come in contact with. The more children who get vaccinated, the harder it is for disease to spread throughout the schools and community.

If you are needing to schedule an appointment to get your child up-to-date on their vaccines, please call your child's primary care provider's office or the local Health Department. Also, if you have any questions regarding your child's immunization status, please call the local Health Department.

Summer Programs Are Back

Many schools and community businesses offer summer programs for your child. This could be summer daycare programs or camps throughout the summer. These are a great way to get your child involved and active this summer.

If interested, please contact your child's school to see what they might have to offer – many offer athletic or academic camps throughout the summer. Otherwise, check in with your local library or the Dickinson County YMCA, as they usually have some summer programs available.

When calling about these programs, be sure to inquire about accommodations for your child if necessary. Our local libraries (Dickinson and Iron County) provide certain accommodations when needed.

Join Our Team as a Parent Facilitator!

We are looking to fill a part-time position within CSHCS as our Parent Facilitator.

This position is for someone who has experience with loving and advocating for children – a parent of a child with special needs is preferred. This individual must also be motivated, organized, inspiring, and supportive.

The Parent Facilitator is expected to lead monthly educational and networking meetings for families, promote CSHCS and the Family Center, and maintain a Facebook page and Messenger group to encourage communication and fellowship among parents.

If you are interested in joining our dedicated team, please submit your resume or contact:

Angela Applekamp
Community Health Services Director
818 Pyle Dr, Kingsford, MI 49802
aapplekamp@didhd.org

Contact Your CSHCS Representative!

We are here to help YOU! Please feel free to reach out to your local CSHCS Representative at any time with any questions or concerns.

Dickinson County – Cassie Gill

(906) 779-7208

cgill@didhd.org

Iron County ——— Sue Jacobson

(906) 265-4173

sjacobson@didhd.org

Family Phone Line – 1-800-359-3722