

NBLTC - District H – 2022

The North Bay Legion Track Club competed at the Regional District H Legion Track and Field Meet at Laurentian University in Sudbury Saturday June 18th, 2022. A small contingent of athletes attended the meet. Congratulations to all the athletes for a great day of running, jumping, and throwing. All 15 athletes had excellent performances and landed on the podium for at least one medal each. The total Medal count for the 15 athletes was 21: 7 Gold, 11 Silver, and 3 Bronze.

A new District H Record was achieved by one (1) NBLTC athlete: Isabelle Popp (11U) in the 100m in a time of 14.50.

These are the Club's top 6 results in each age category:

11 yr. and under:

- Isabelle Popp – 1st 100m (set a meet record), 1st 300m, 1st Long Jump
- Alea Culin – 3rd 100m, 2nd 200m, 2nd Long Jump
- Rylee Olsen – 4th 100m, 4th 200m, 2nd 300m

15 yr. and under

- Emma Culin – 4th 300m, 4th Long Jump, 2nd Shot Put
- Carlie Popp – 5th 800m, 2nd Long Jump, 2nd Javelin
- Jesse Daniw – 1st 1200m, 3rd 800m
- Jackson Culin – 1st Shot Put, 1st Discus, 1st Javelin, 4th 800m

17 yr. and under:

- Michelle Pilon – 2nd 3000m, 4th 1500m
- Liam Carruthers – 1st 100m, 1st 200m, 2nd 400m
- Quinn Tooley – 2nd 100m, 2nd 200m
- Zakari Dufresne-Nappert – 2nd 3000m, 2nd 2000m Steeplechase, 6th 800m
- Scott Preston – 1st 1500m
- Bradley Grayson – 2nd Shot Put,
- Heath Grayson – 2nd Discus
- Scott Cockburn – 3rd Discus, 4th Shot Put



The next competition the club is attending is a Twilight Meet Tuesday July 6th at the Laurentian Track in Sudbury with a start time of 6 pm.

Attached photo – Left to right:

Liam Carruthers, Quinn Tooley, Isabelle Popp, Jesse Daniw, Michelle Pilon, and Jackson Culin