

Ferguson Fun and Fit Club - Fall 2024 Registration

COST: \$15 Registration Fee (Includes T-shirt).

GRADE: Open to 2nd-5th Graders (K-1st if Parent stays)

DATES: Tuesday, September 24th – Thursday, Nov 14, 2024

- **Parent Meeting September 24, 2024 7:15am**
- **Awards Celebration November 14, 2024 7am**



SCHEDULE: Tuesdays AND Thursdays (7:15 am – 7:45 am)

DEADLINE: You can join any time but to guarantee a T-shirt registration form must be turned in by **Friday, Sept 13, 2024**.

VOLUNTEERS: Yes, we need volunteers! Parents, Grandparents, etc. If you have the time, we need you.

COMMUNICATION: *****ALL** weather cancellations and reminders are done through remind. Please sign up at <https://www.remind.com/join/8dddfd> or text @8dddfd to 81010 to enroll*** Please limit to one person per household because Remind does have limit of participants.

The Ferguson Fun and Fit Club is a program that focuses on various healthy life habits in a fun and social way. Running will be a major component of the program. No previous running experience is necessary, and emphasis is placed on attendance, attitude and personal fitness progress. Proper clothing and running shoes should be worn to each class.

Please bring a water bottle. **All registration forms and payments must be received no later than Friday, September 13, 2024 in order to reserve a T-shirt. Cash and Checks are accepted. Checks should be made payable to FERGUSON PTA.** Please reference "Fun & Fit Club" in the Memo section of your check. During our first meeting (Tues, Sept 24, 2024), we will cover the rules of the program with the parents and child. If time permits that morning, we will allow the children to run. For questions, please contact our coaches at fergusonhealthylifestyles@gmail.com.

-----cut-----**Cut and Return Bottom Portion with Payment**-----cut-----

Ferguson Fun and Fit Club Registration Form

(Please print **CLEARLY**)

Name:	Teacher:	Grade:
Sex: (Circle One) Male / Female	Birth Date:	
Address:		
Allergies/ Medical Needs:		
T-Shirt Size (Circle One):	YS	YM YL AS AM AL AXL

CONTACT/EMERGENCY INFORMATION- MUST HAVE TWO CONTACTS

Name:	Name:
Relationship:	Relationship:
Home No:	Home No:
Cell No.:	Cell No.:
E-mail:	E-mail:

RELEASE: In consideration of acceptance of this entry, I waive and release any and all claims for myself and my heirs against Ferguson Elementary School, any sponsor and all officials of this event, for any injury or illness that may directly or indirectly result from my participation in the Ferguson Fun and Fit Program. I further state that I am in proper physical condition to participate in this event.

Signature (Parent or Guardian): _____

Date: _____

Deposit Date:	
Method:	
Amount:	